

Ages **2** and Up

KUMON

**MORE**

Let's Fold!



Your child will develop fine motor control skills while having fun with paper folding and basic origami activities.

# Kumon First Steps Workbooks help children develop fine motor skills as preparation for writing letters and numbers.

## Special features of this book

1. This book's simple design can help children as young as two learn important basic skills while having fun.
2. This book allows parents and children to share meaningful playtime together.
3. This book is structured so that your child will develop fine motor control skills while acquiring new vocabulary.

## The aims and purpose of this book

This book is designed for children that have completed "Let's Fold!" The activities within this book were designed to be slightly harder than those in the first book.

### ■ Develop fine motor skills

Your child will improve his or her finger strength and dexterity, which in turn will help your child hold and use a pencil correctly.

### ■ Develop the ability to concentrate and focus

Once your child can fold paper at will, or fold small parts and corners accurately, then he or she has mastered basic folding skills. Learning to fold along designated lines

allows your child to improve his or her ability to concentrate and focus.

### ■ Develop spatial awareness and the ability to work with shapes

Your child will gain a greater awareness of shapes and how they can be created and combined through these paper folding and origami activities. These activities start by emphasizing the ability to repeatedly fold paper along a single designated line. Then children learn how folding along multiple lines can create different shapes and even fun paper toys.

## How to use this book

1. To make the exercises easier for your child, please cut out the illustrated portion of each page for him or her.
2. This book aims to teach children how to fold paper. At first, you can make creases along the folding lines to make folding easier for your child. Please encourage him or her to experience the joy of folding, and to enjoy the change in illustrations created by folding.
3. When your child has completed each page, please offer him or her lots of praise.
4. Please refer to the "To parents" notes in this book, which provide more comments and advice on how to help your child enjoy learning from this book.
5. Try to limit the number of pages your child will complete in a day. It is best to end the day's practice when your child still wants to do more.

# How to use this book



## Relax and enjoy!

Kumon's First Steps Workbooks are designed so that children and parents can learn and have fun together. Children learn best from active and participatory parents, so please help your child with the activities in this book. By helping, you are encouraging your child to develop a desire to learn, as well as laying the foundation for him or her to become a self-motivated learner.

## How to fold paper 1

When you fold paper, you either fold downwards or upwards as shown in the top two photographs on the right.

“Folding downwards” means folding paper so that the downward folding line will show on the outside of the paper. The downward folding line is indicated as — — — in this workbook.

“Folding upwards” means folding paper so that the upward folding line will be hidden inside the paper. The upward folding line is indicated as — — — in this workbook.

If your child confuses the folding lines, he or she will not be able to create the right shapes. Please read the directions carefully to see whether your child needs to fold downwards or upwards.

When folding upwards, the folding line will be hidden inside. In that case, your child can use the downward folding line printed on the back as a guide.

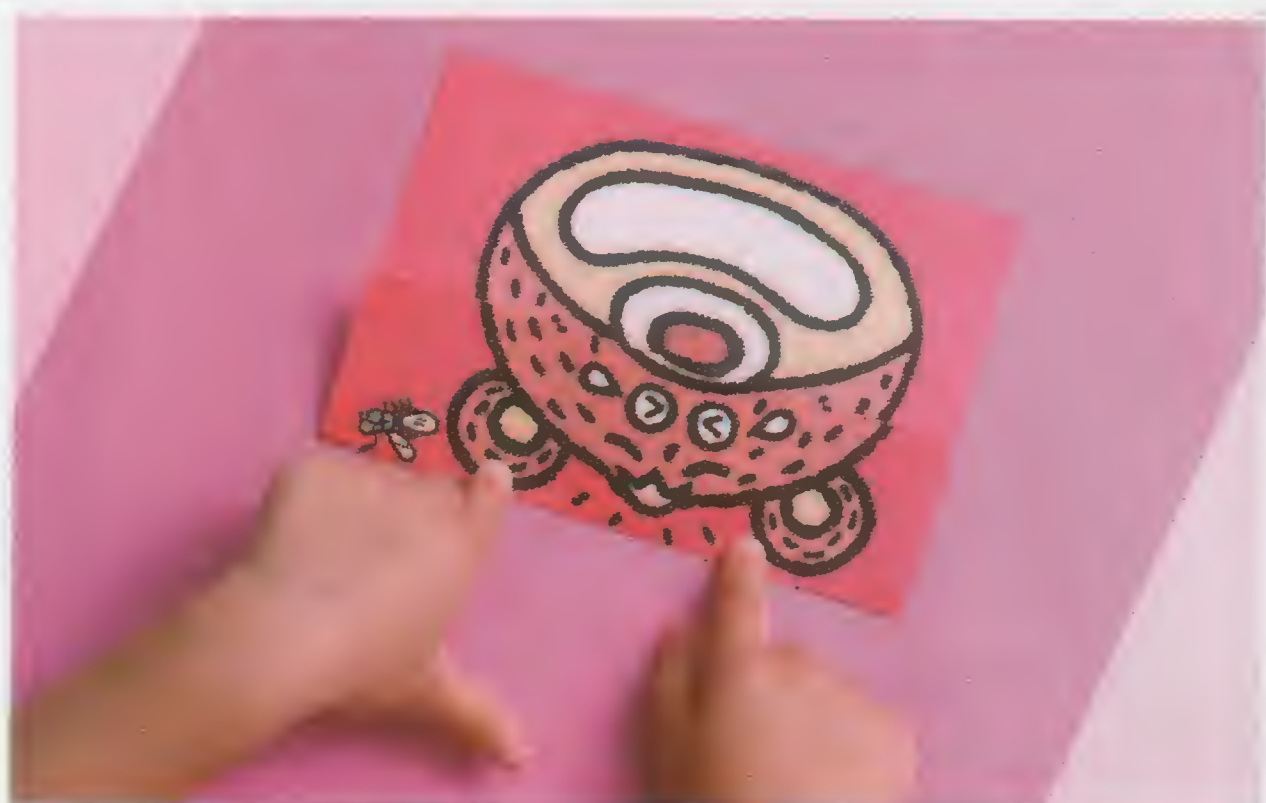
At the beginning, these basic skills may be very difficult for a young child. Try making creases first for your child to make the activities easier.



▲ Folding downwards



▲ Folding upwards



▲ When folding upwards, the folding line will be hidden inside. Please use the downward folding line on the back as a guide.

# How to use this book

2



## How to fold paper 2

It is important for your child to learn how to hold the paper steady with one hand while folding along a designated line with the other hand. It does not matter if your child's folding is slightly off the designated line. You and your child can still have fun playing with the finished activities.

Some pages contain directions asking parents to cut out the illustration along the solid gray lines in order to create a perfect square. Please cut out the designated part as neatly as possible.



▲ The lines are a little askew, but well folded.

### Tips for folding four corners of a square piece of paper

First, locate the center of the square as shown below.

This technique, which is often used in origami, will be useful in exercises **13** through **20**.



① Fold paper horizontally in half.



② Fold it again in half.



③ Unfold the paper and then fold the four corners to the center by using the creases as guides.



# Chicken and the Egg

**To parents**

In this exercise, your child will practice folding paper from the bottom up. Use the downward fold line on the back of the page as a guide. If your child has never tried to fold paper before, try folding and unfolding along the designated line in order to create a crease for your child to use as a guide.



*Cheep! Cheep!*  
egg

Fold upwards along — . — .

✂ Parents, please cut along — for your child.



✂ Parents, please cut along — for your child. Fold downwards along ---.

egg





# Bee Bites Bear

## To parents

Encourage your child to enjoy folding by saying something fun such as, "Ouch! The bear was bit by the bee!"



Ouch!

Fold upwards along — . — .

✂ Parents, please cut along — for your child.

bear



✂ Parents, please cut along — for your child. Fold downwards along ----.



bear

3

# Bath Time

To parents

On this page, your child will practice folding paper vertically along the designated line. While your child folds, you could talk about how elephants use their long trunks.



Splash!

Fold upwards along — . — .

✂ Parents, please cut along — for your child.

elephant



✂ Parents, please cut along — for your child. Fold downwards along ---.

elephant



4

# Gorilla Noise

To parents

From this page forward, your child will practice folding along two designated lines. Here, your child will make the gorilla thump his chest.



Thump! Thump!

Fold upwards along — . — .

✂ Parents, please cut along — for your child.

gorilla



✂ Parents, please cut along ——— for your child. Fold downwards along ----.



gorilla





# Drumming Dog

**To parents**

Folding along a straight line is not easy for a child, so be sure to give your child plenty of positive encouragement.



*Rat-a-tat-tat!*

Fold upwards along — . —.

✂ Parents, please cut along — for your child.

dog



✂ Parents, please cut along — for your child. Fold downwards along ---.



dog





# Happy Robot

**To parents**

Encourage your child to play with the finished activity by pretending to be the robot and saying, “Watch out! I’m stretching!”

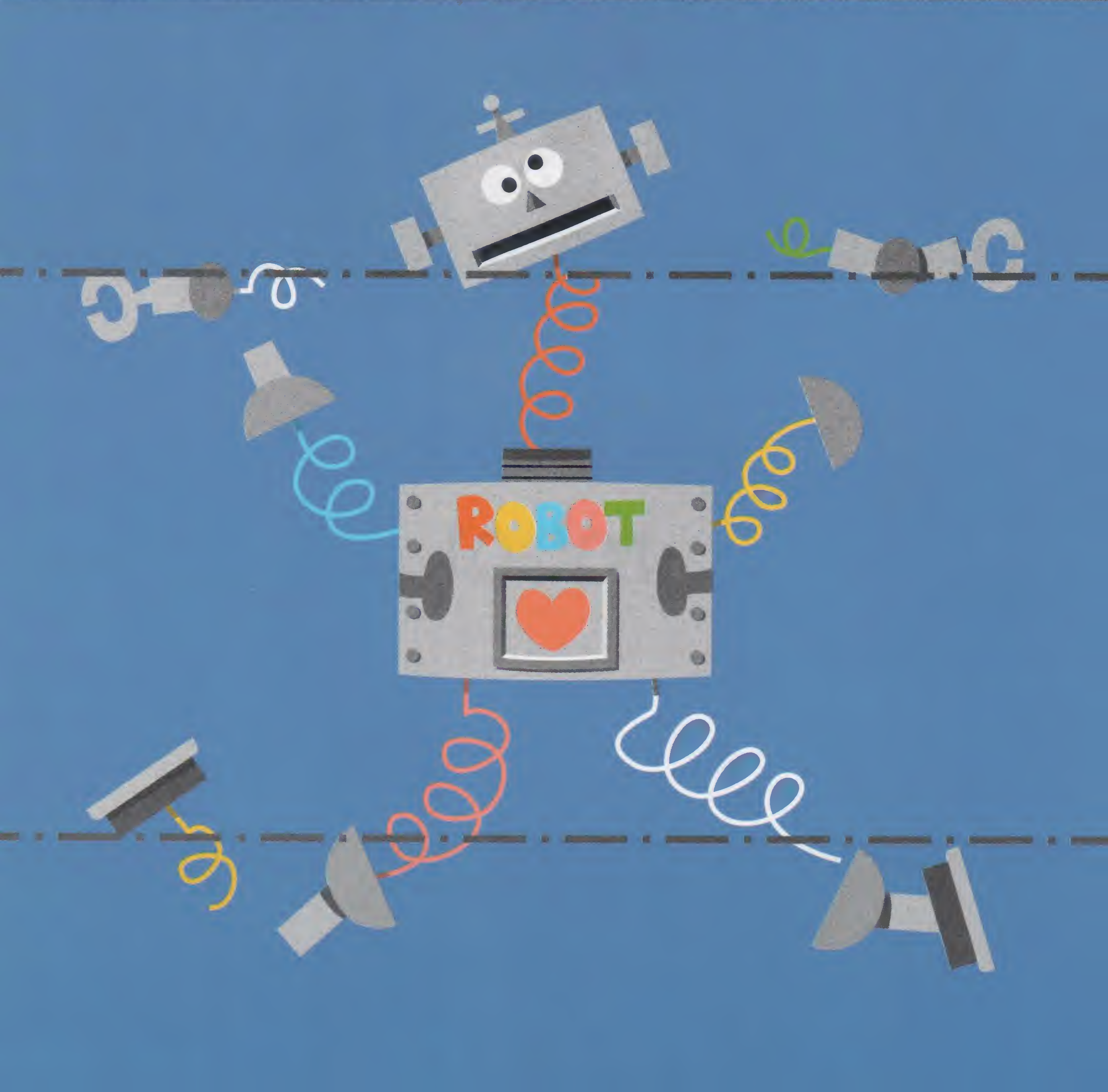
Fold upwards along — . — .

✂ Parents, please cut along — for your child.



Wow!

robot



✂ Parents, please cut along — for your child. Fold downwards along ----.



robot

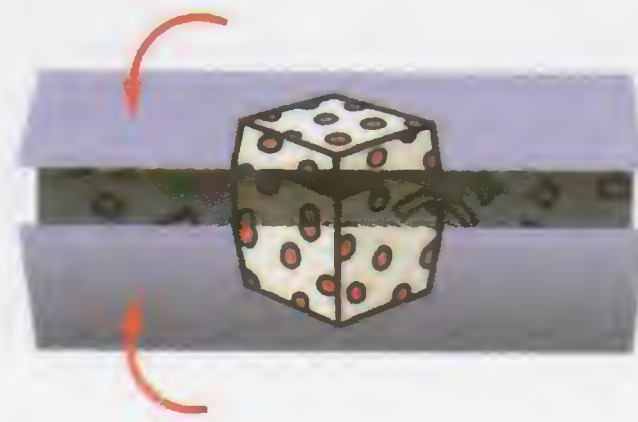




# What is in the Box?

## To parents

Encourage your child to play with the finished activity by asking, "What will come out of the box?"



Yeow!

Fold upwards along — . — .

✂ Parents, please cut along — for your child.

## jack-in-the-box



✂ Parents, please cut along — for your child. Fold downwards along ----.



jack-in-the-box





# Have a Blast

**To parents**

Encourage your child to play with the finished activity by asking, “What will happen?”



*How beautiful!*

Fold upwards along ——— . ——— .

✂ Parents, please cut along ——— for your child.

fireworks



✂ Parents, please cut along ——— for your child. Fold downwards along - - - -.

fireworks



# A is for Apple

## To parents

Please try to cut carefully along the designated line so that the flap will form a neat image when folded. Ask your child something fun like, "Aren't apples delicious?"



Yum-yum!

Fold upwards along — . —.

✂ Parents, please cut along — for your child.

apple



✂ Parents, please cut along — for your child. Fold downwards along ---.

apple



# Chomp into Chocolate

## To parents

Try to cut carefully along the designated line so that the flap will form a neat image when folded. Ask your child for his or her opinion - "Is chocolate your favorite treat?"



*Yum-yum!*

Fold upwards along — • —.

✂ Parents, please cut along — for your child.

# chocolate



chocolate

11

# Ketchup and Mustard?

**To parents**

Try to cut carefully along the designated line so that the flaps will form a neat image when folded. Ask something fun like, "What do you want on your hot dog?"

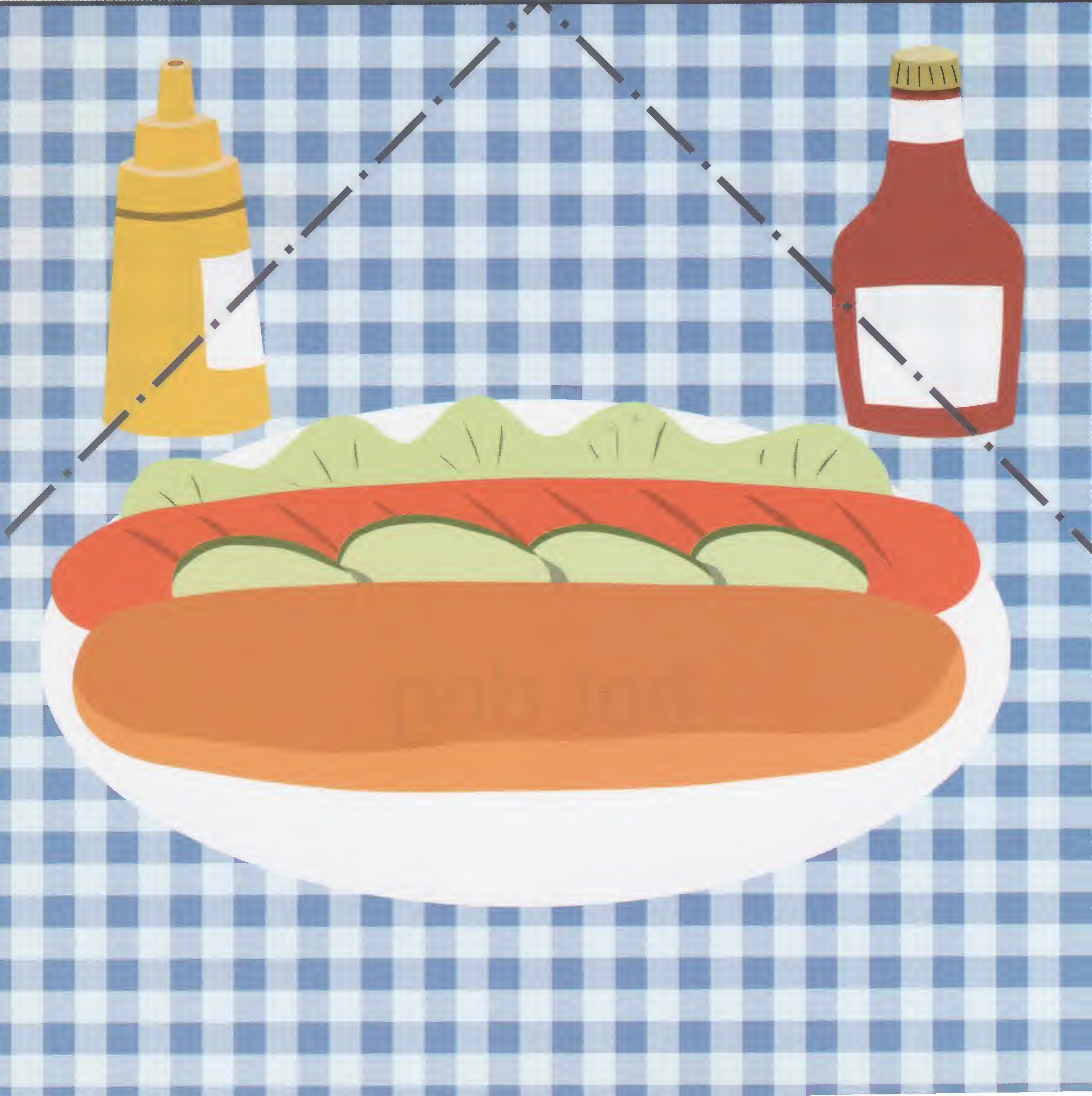


Yum-yum!

Fold upwards along — . — .

✂ Parents, please cut along — for your child.

hot dog



✂ Parents, please cut along — for your child. Fold downwards along ----.



hot dog

12

# Breakfast Time

## To parents

Try to cut carefully along the designated line so that the flaps will form a neat image when folded. Say something fun like, "Did you eat your pancakes?"

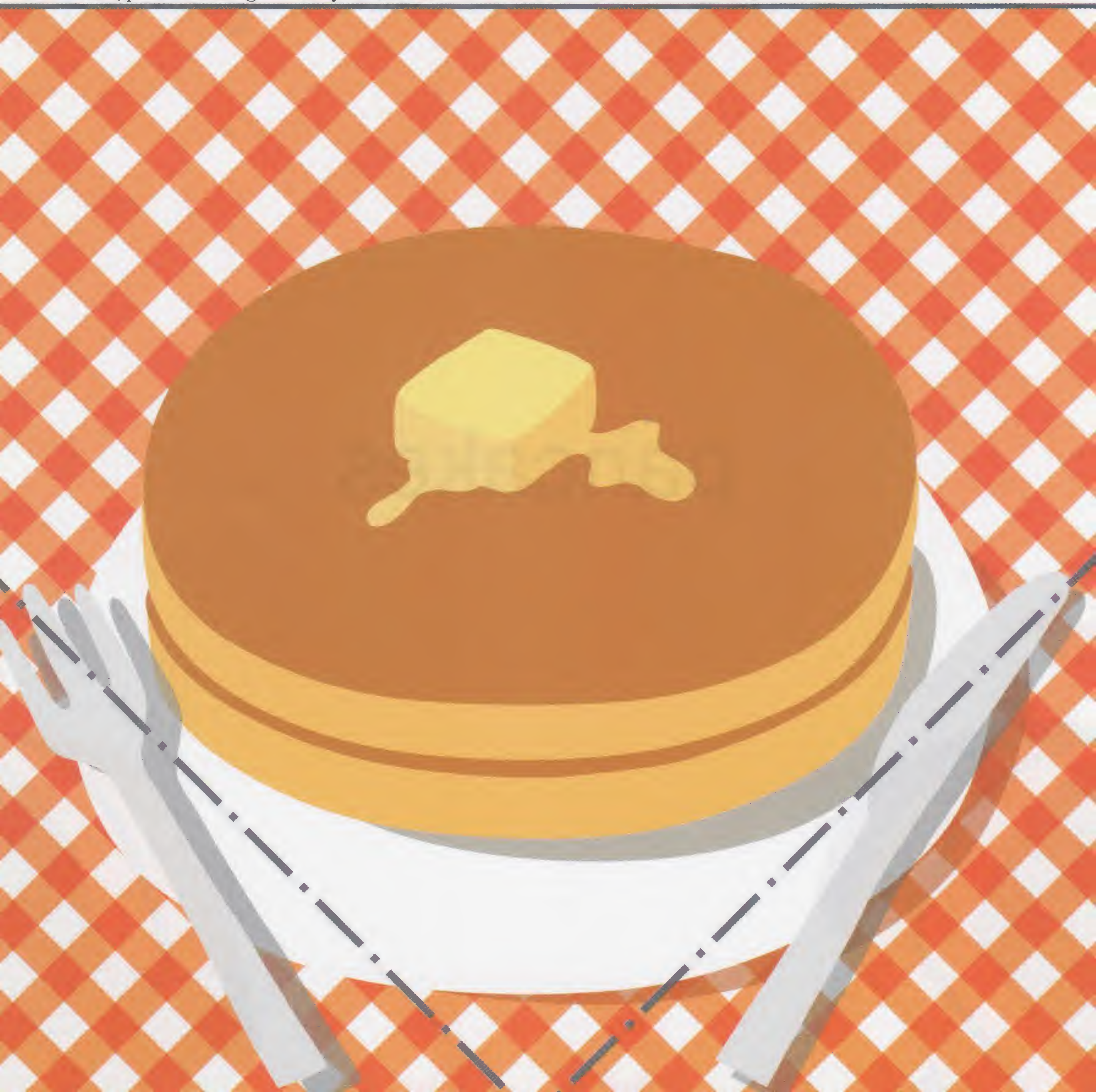


Yum-yum!

Fold upwards along — — . — — .

✂ Parents, please cut along — — for your child.

# pancakes



✂ Parents, please cut along — for your child. Fold downwards along ----.

pancakes

# 13

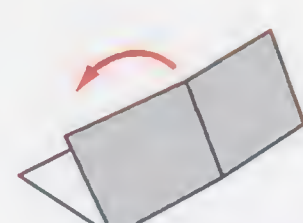
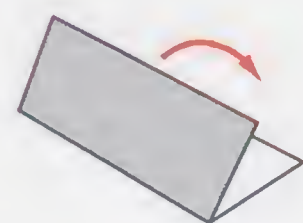
## Whose Footprints are These?

### To parents

From this page forward, your child will practice folding diagonally from each corner. Before you start, mark the center by folding the paper into four squares as shown on the right. Then your child can use those creases as guides.



Done!



Fold upwards along — . — .

✂ Parents, please cut along — for your child.

chicken



✂ Parents, please cut along — for your child. Fold downwards along ----.

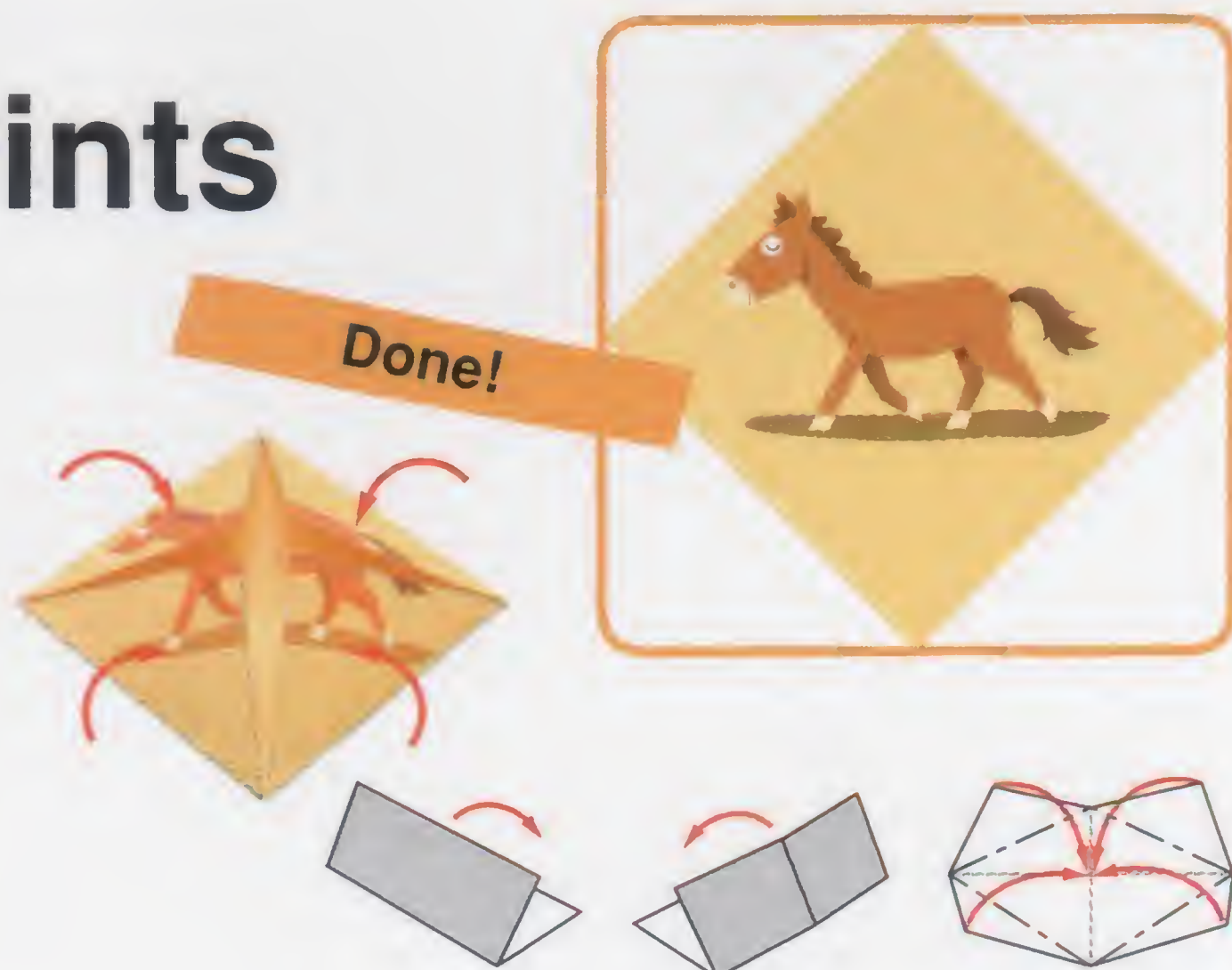
chicken



## Whose Footprints are These?

### To parents

When your child has finished folding, try asking, "Whose footprints are these?" Turn the paper over and say "horse" aloud while pointing to the word.



Fold upwards along — . —.

✂ Parents, please cut along — for your child.

horse



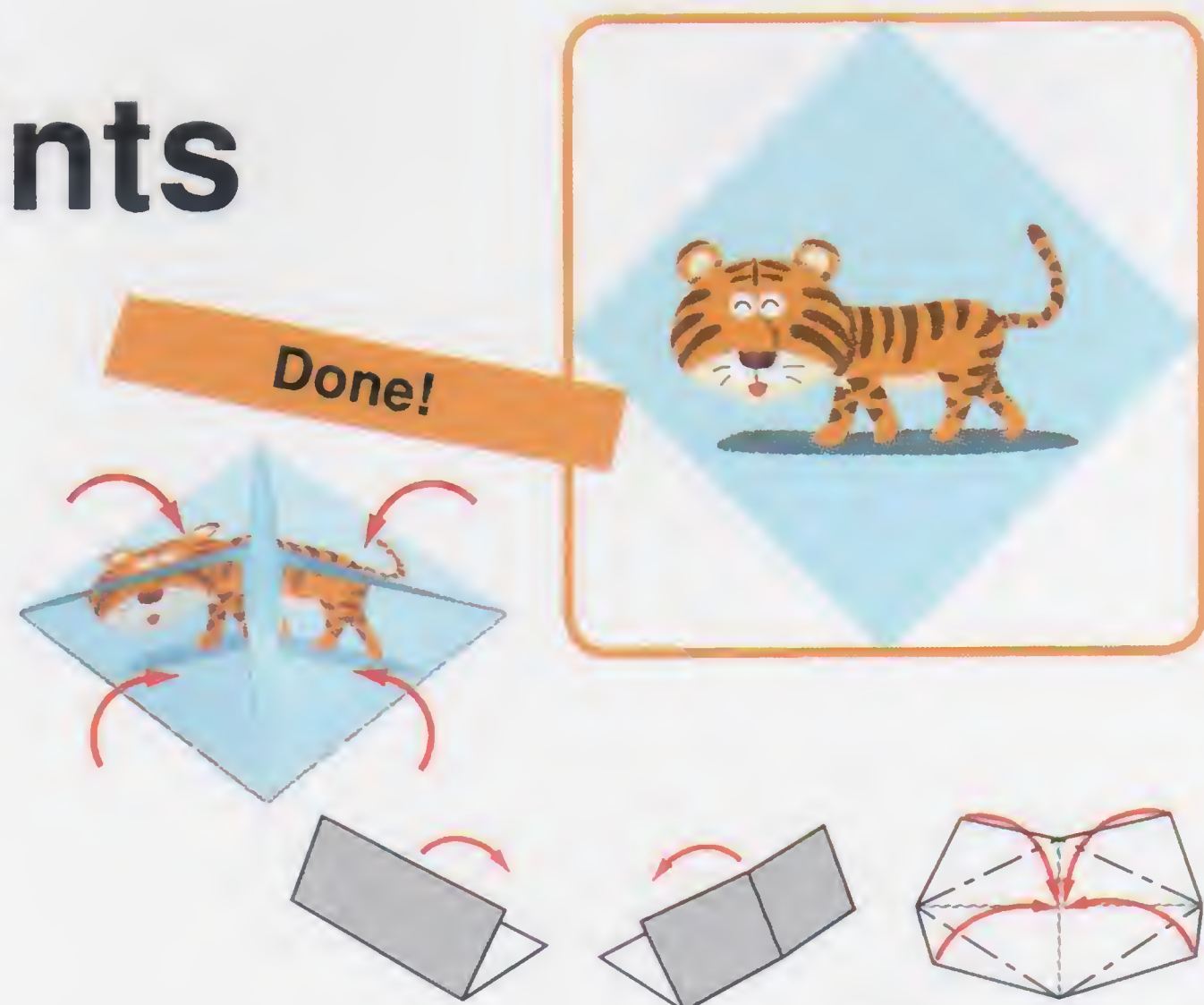
✂ Parents, please cut along — for your child. Fold downwards along ----.

horse

# Whose Footprints are These?

## To parents

Enjoy a guessing game with your child by saying something like, "What animal do you think this is? Let's fold it and see."



Fold upwards along — . —.

✂ Parents, please cut along — for your child.

tiger



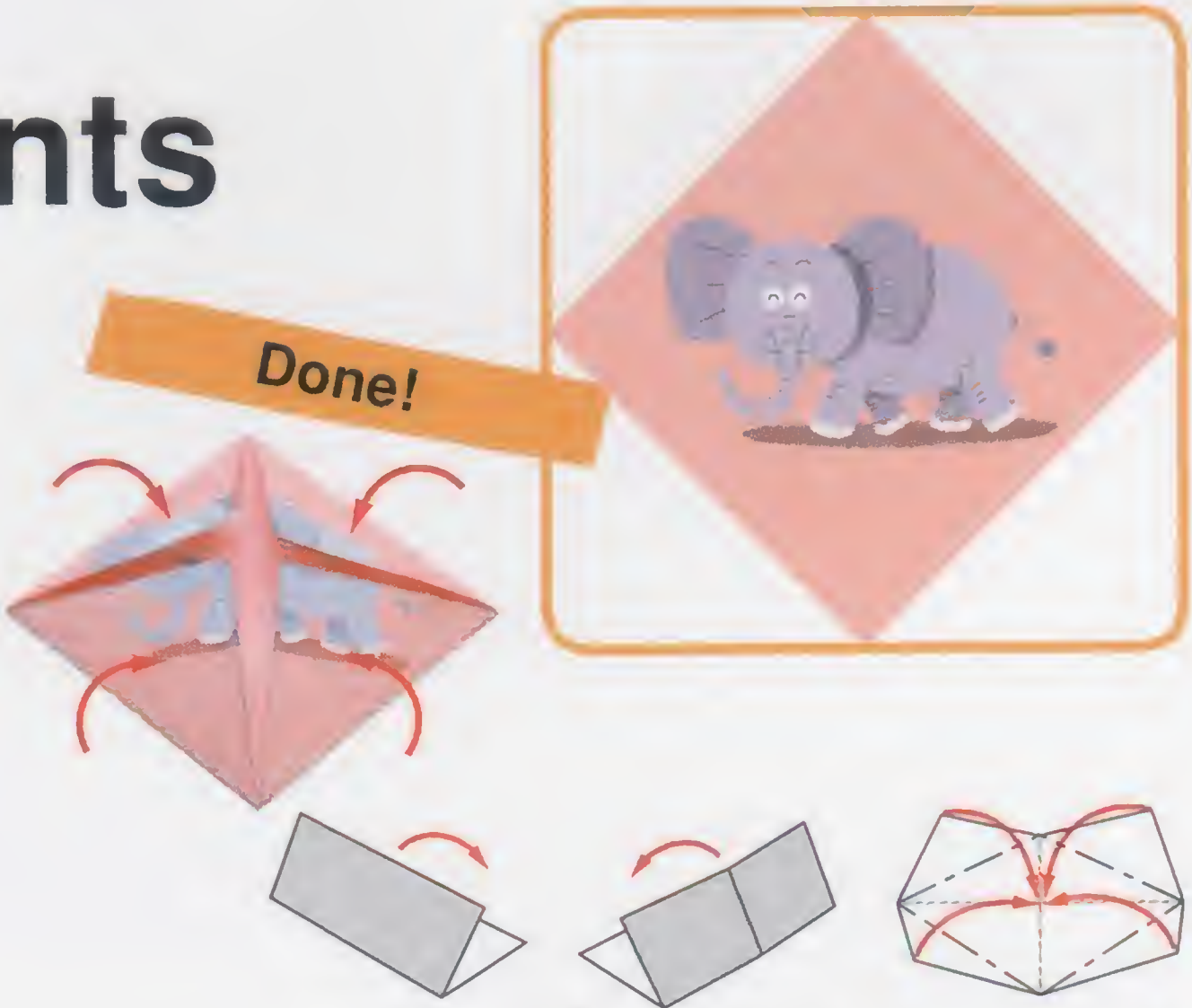
✂ Parents, please cut along — for your child. Fold downwards along ----.

tiger

## Whose Footprints are These?

### To parents

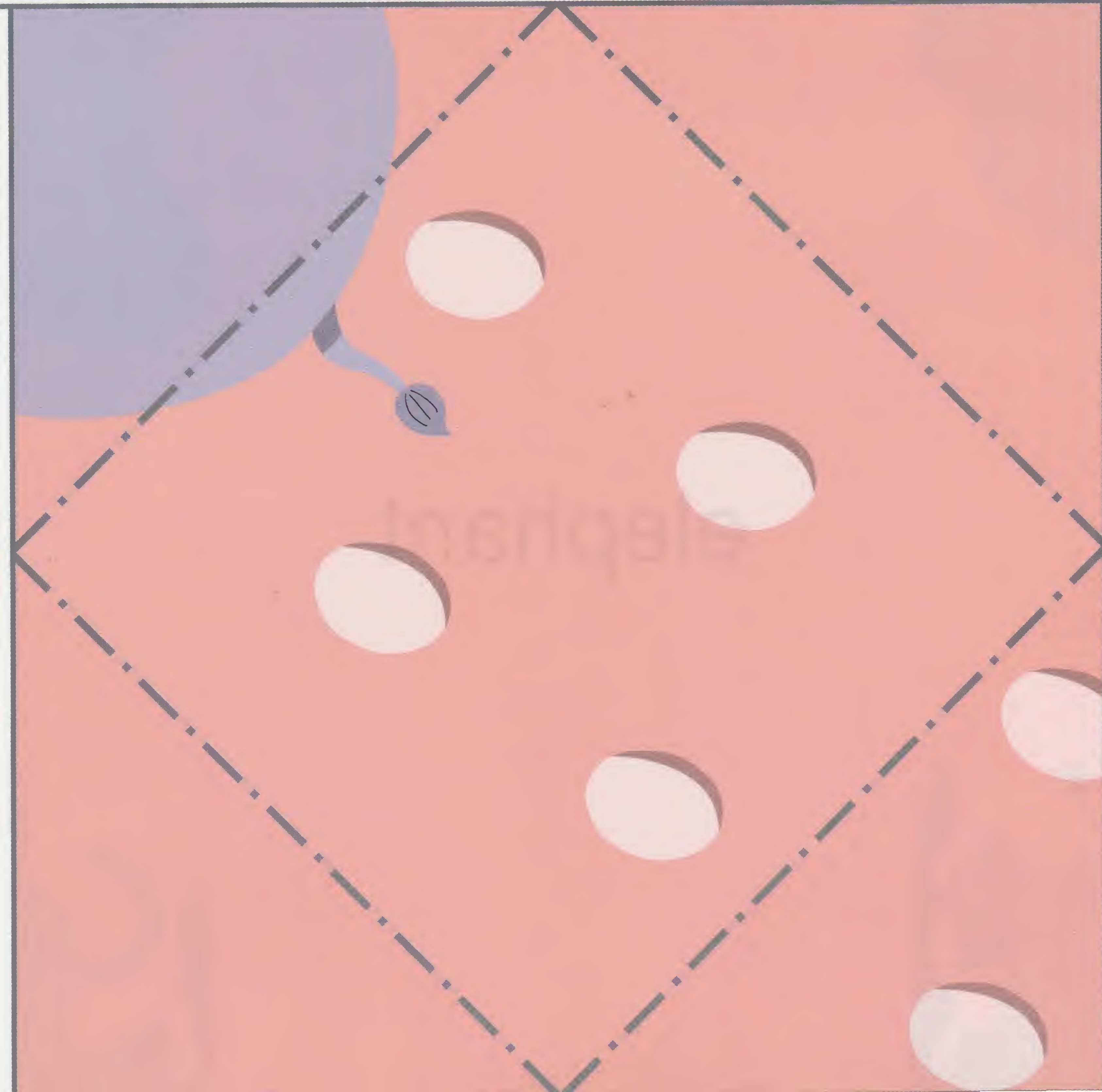
When your child has completed the activity, try saying, "Whose footprints are these?" Turn the paper over and say "elephant" aloud while pointing to the word.



Fold upwards along — . —.

✂ Parents, please cut along — for your child.

elephant



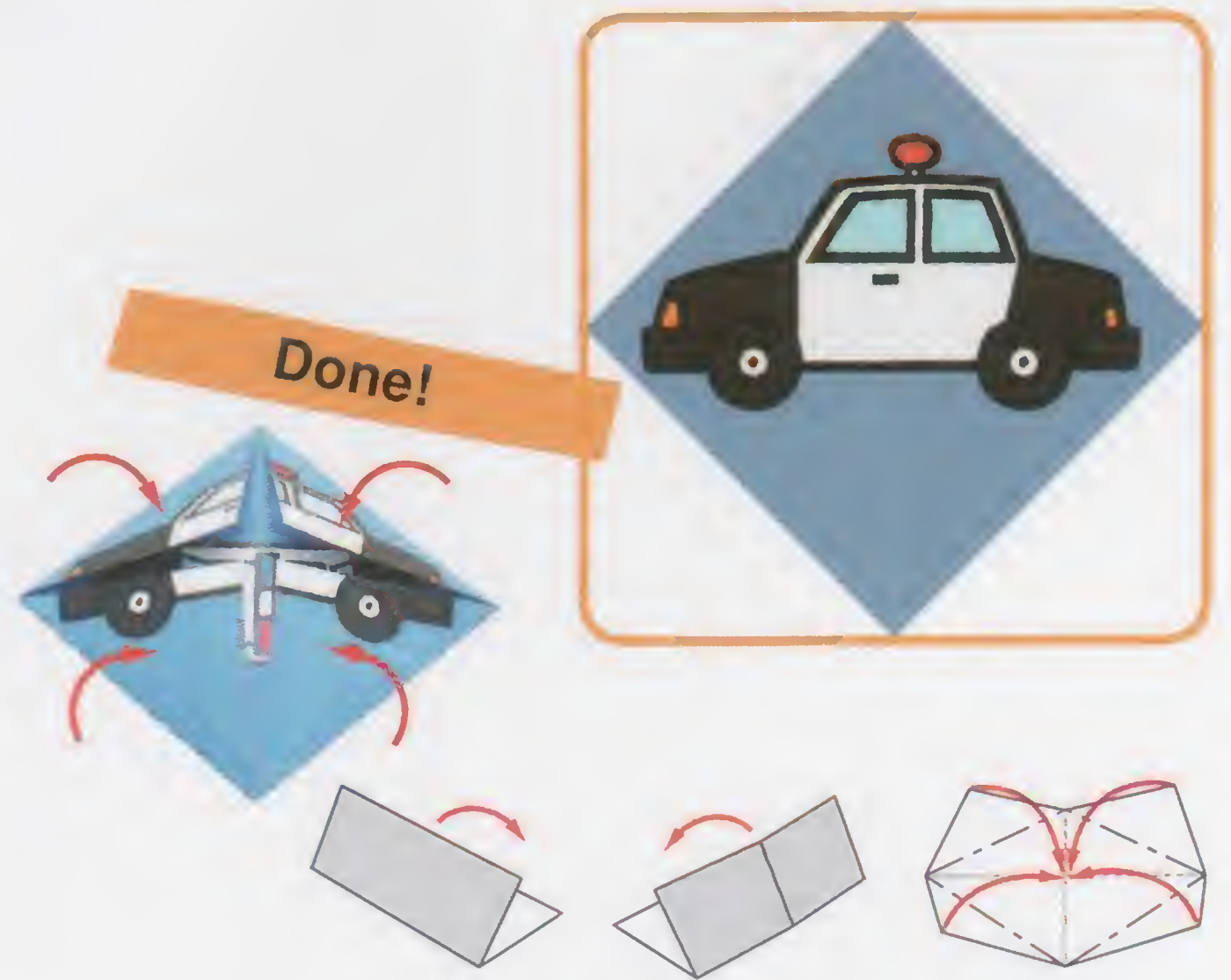
✂ Parents, please cut along — for your child. Fold downwards along ----.

elephant

## What is This?

### To parents

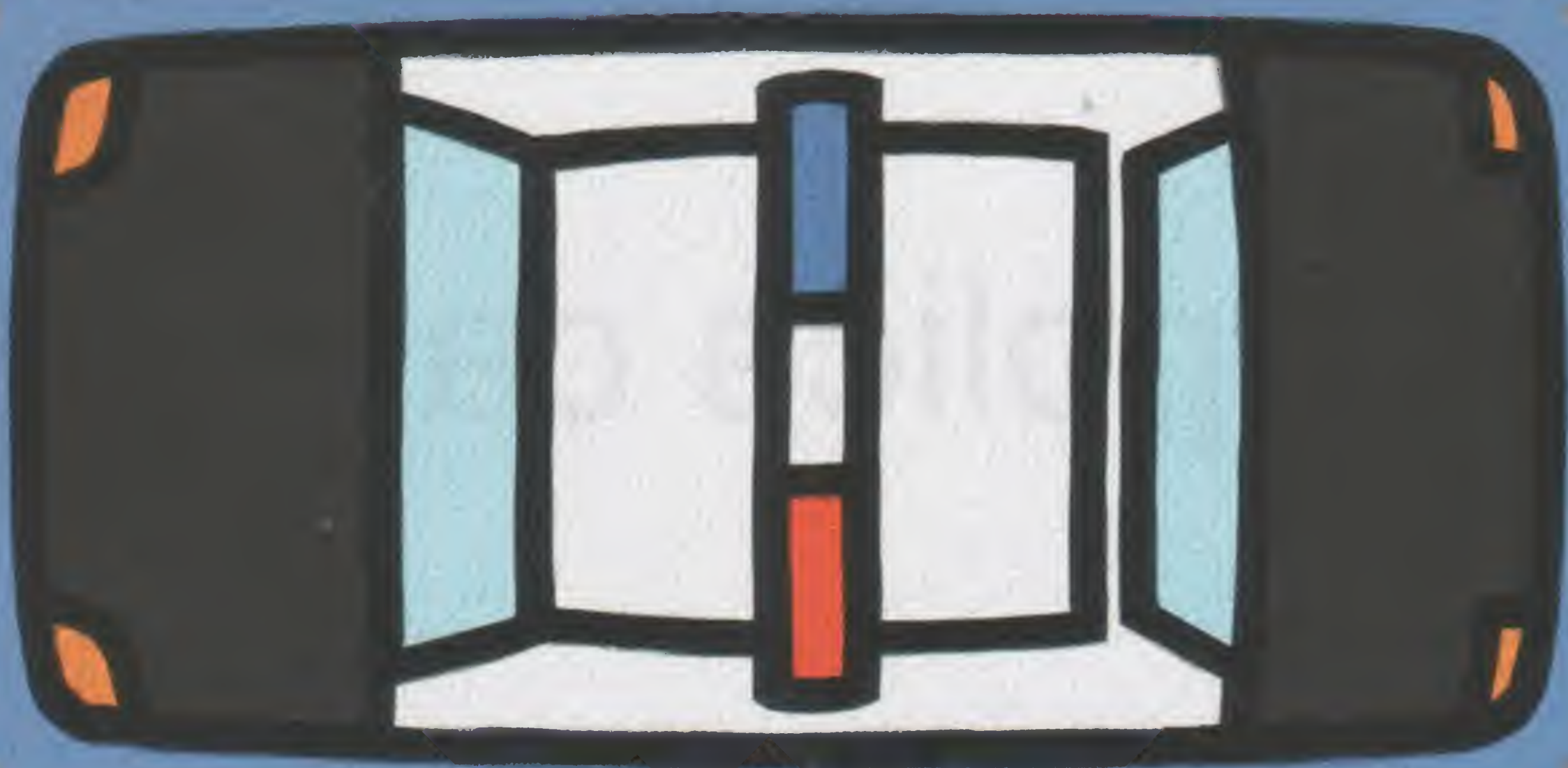
The next four activities feature an image as seen from above. Once your child folds each corner to the middle, he or she will see that same object as seen from the side. Encourage your child to enjoy the activity by asking, "What do you think this is?"



Fold upwards along — — . — — .

✂ Parents, please cut along — — for your child.

police car



✂ Parents, please cut along — for your child. Fold downwards along ---.

police car

# What is This?

## To parents

When your child has finished folding, say something like, "What is this?" Turn the paper over and say "ambulance" aloud while pointing to the word.



Fold upwards along — . —.

✂ Parents, please cut along — for your child.

ambulance



✂ Parents, please cut along — for your child. Fold downwards along ----.

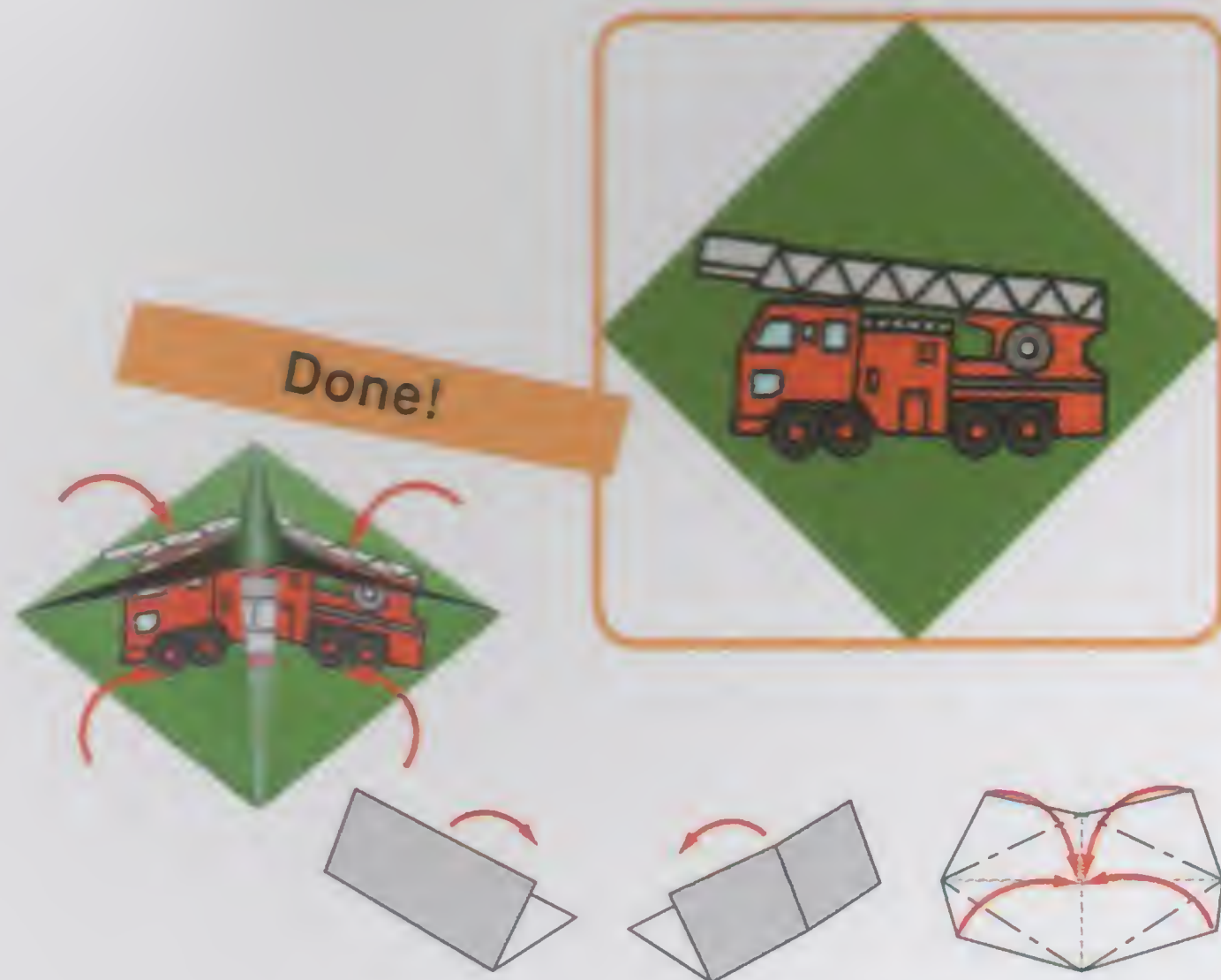
ambulance



## What is This?

### To parents

Enjoy a guessing game with your child by saying something like, "What do you think this is? Let's fold it and see."



Fold upwards along ——— • ———.

✂ Parents, please cut along ——— for your child.

fire engine



✂ Parents, please cut along — for your child. Fold downwards along - - -.

fire engine



## What is This?

### To parents

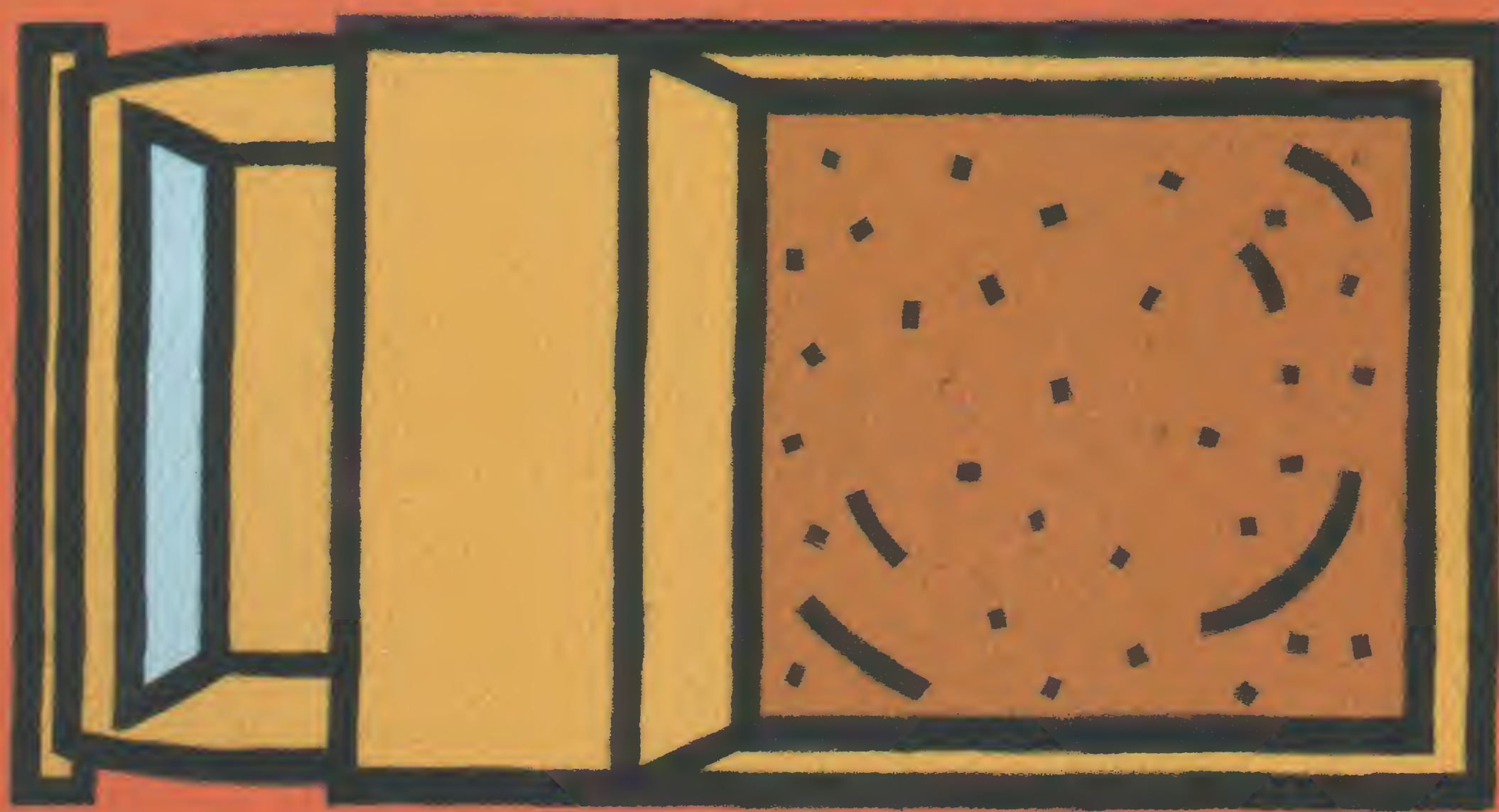
When your child has completed the activity, turn the paper over and say "dump truck" aloud while pointing to the word.



Fold upwards along ——— . . . ———.

✂ Parents, please cut along ——— for your child.

dump truck



✂ Parents, please cut along — for your child. Fold downwards along ----.

dump truck



# Aren't You a Skier?

To parents

From this page forward, your child will continue folding upwards and downwards on the same page. However, now the activities are more difficult because the illustration is hidden by the back of the page when your child folds upwards. If your child seems to be wondering where to fold next, give him or her a hint.

Fold upwards along ——— and downwards along ———.

✂ Parents, please cut along ——— for your child.

Done!



house



skier



✂ Parents, please cut along — for your child. Fold downwards along --- and upwards along ----.

2

1

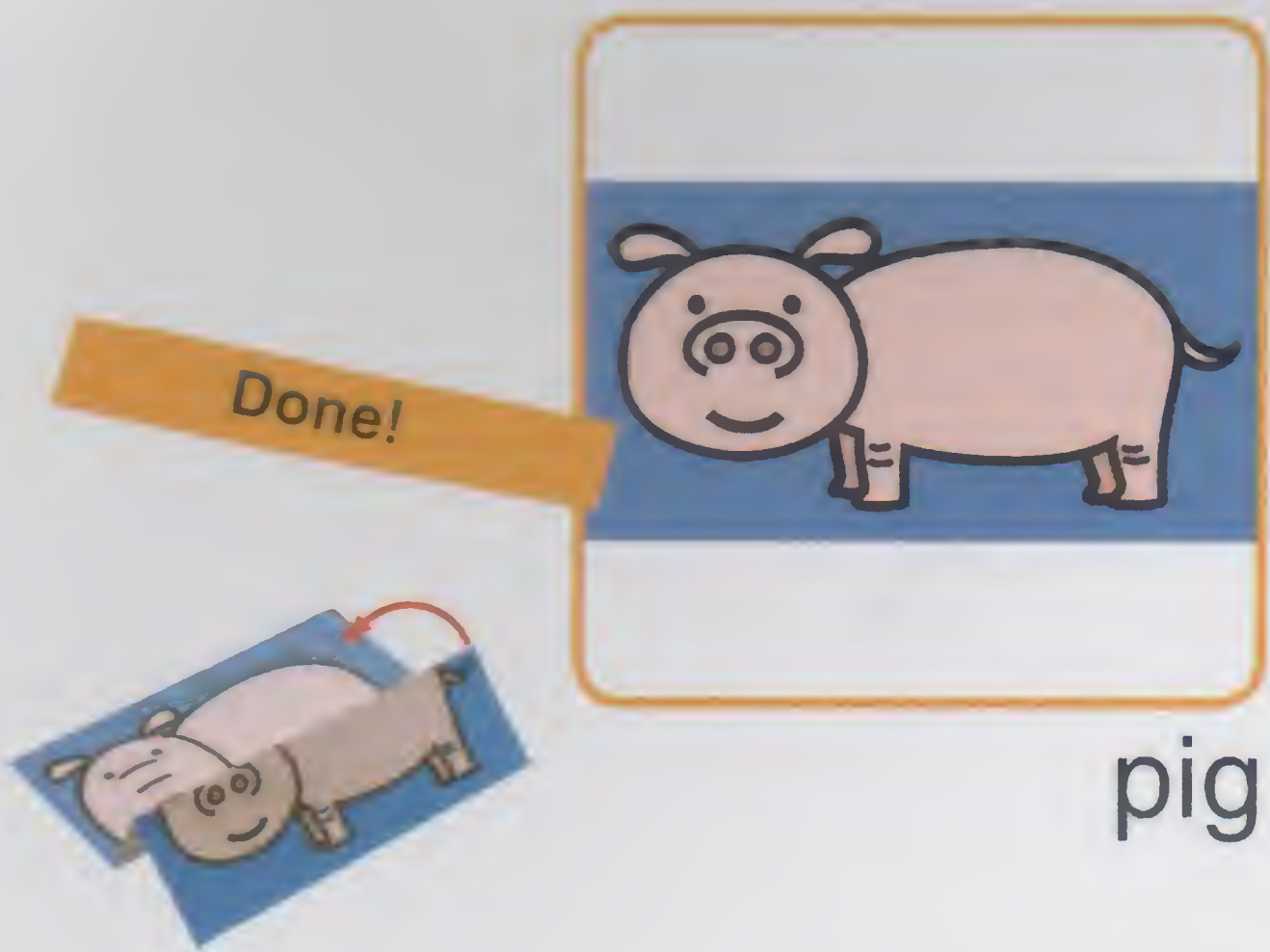
# Aren't You a Hippo?

**To parents**

Encourage your child to have fun with this activity by saying something like, "The hippo turned into a pig!" Say "hippo" and "pig" aloud while pointing to the words.

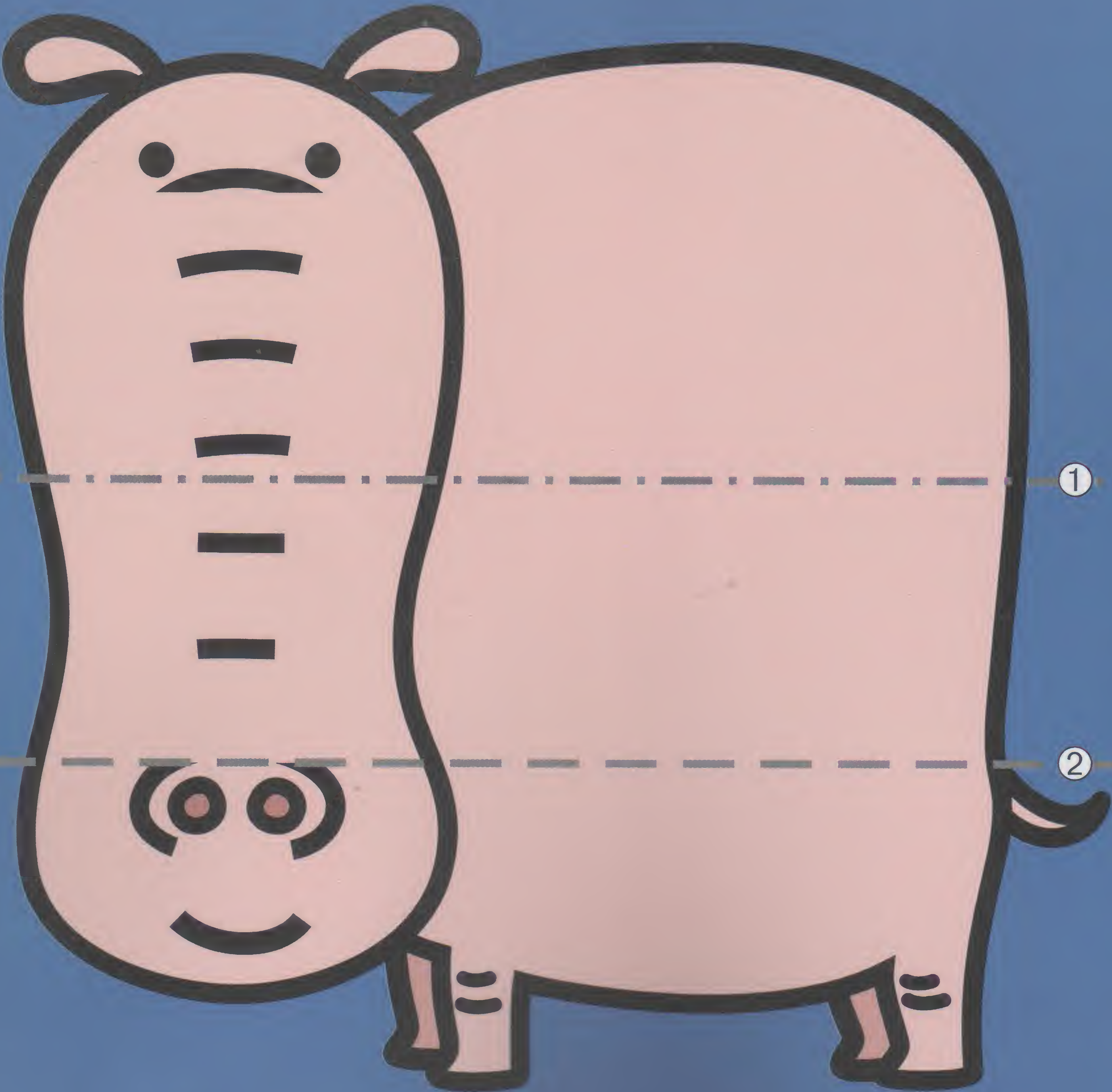
Fold upwards along ----- and downwards along -----.

✂ Parents, please cut along ----- for your child.



pig

hippo



✂ Parents, please cut along ——— for your child. Fold downwards along — — — and upwards along — . . . .

1

2

# 23

## How Many Penguins?

### To parents

When your child is finished folding, say something like, "I think there's somebody missing here. Do you want to count the penguins?"

Fold upwards along ——— and downwards along ———.

✂ Parents, please cut along ——— for your child.

Done!



penguin



✂ Parents, please cut along ——— for your child. Fold downwards along - - - - and upwards along - . - . - .

2

1

24

# Isn't This a Gondola?

## To parents

If your child seems to be having difficulty deciding which way to fold, give him or her a hint by saying something like, "First fold up, and then down."

Fold upwards along — . — and downwards along — — — .

✂ Parents, please cut along — for your child.



Done!



candle

gondola



✂ Parents, please cut along — for your child. Fold downwards along - - - and upwards along - . - .

2

1

25

# Happy or Sad?

## To parents

After your child has finished folding, show him or her that if you look at the pig from below, you can see him laugh. If you look at the pig from above, the pig looks sad.

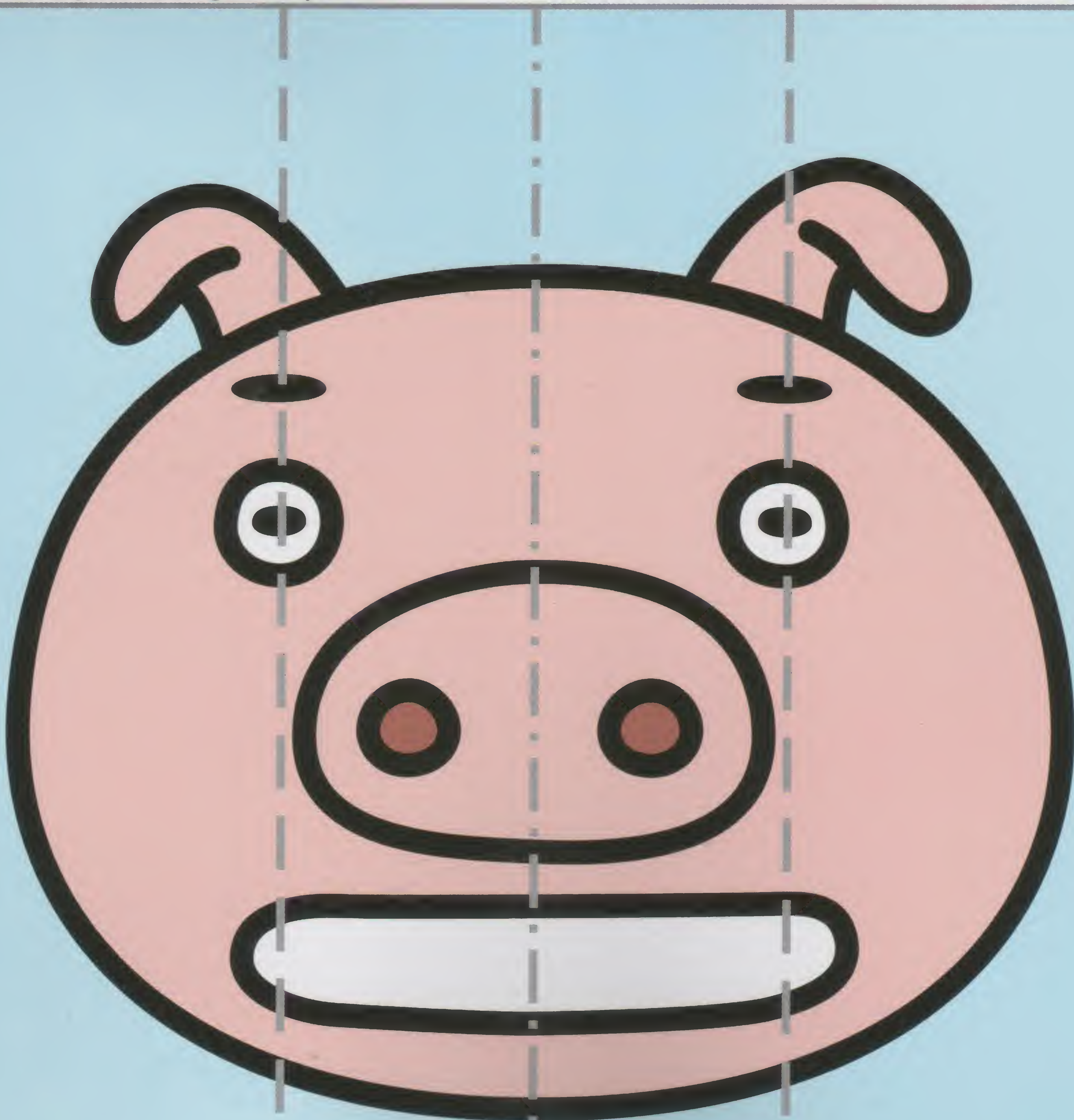
Fold upwards along — . — and downwards along — — — .

✂ Parents, please cut along — for your child.

Done!



pig



3

1

2

✂ Parents, please cut along — for your child. Fold downwards along - - - and upwards along - . - .

2

1

3

## Happy or Sad?

**To parents**

If your child seems to be having difficulty deciding which way to fold, give him or her a hint by saying something like, "First fold up, and then down twice."

Fold upwards along — . — and downwards along — — —.

✂ Parents, please cut along — for your child.



rabbit



✂ Parents, please cut along ——— for your child. Fold downwards along - - - - and upwards along - . . . . .

2

1

3

## Grow Tall

### To parents

From this page forward, your child will practice folding the paper several times to create a story. If your child seems confused about which way to fold, please offer some guidance. When your child has finished folding, say something like, "What happened to the flower?"

Fold downwards along — — — and upwards along — — —.

✂ Parents, please cut along — — — for your child.

"Here comes the sun!"



flower



✂ Parents, please cut along — for your child. Fold downwards along - - - and upwards along - . - .

1

2

3

4

**To parents**

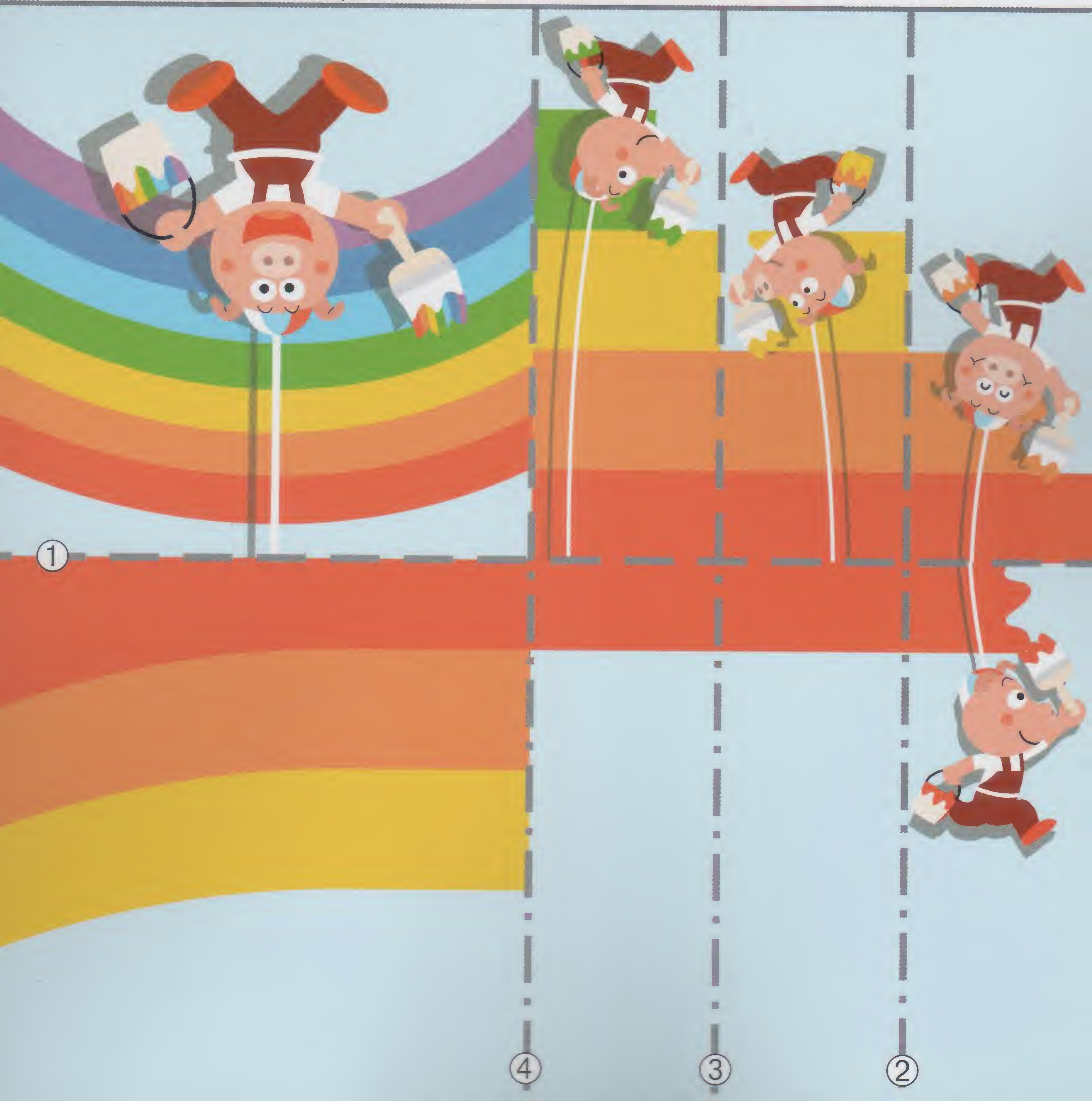
With each fold, the number of colors in the rainbow increases. You could try making up a fantastic story about painting a rainbow in the sky.

Fold downwards along — — — and upwards along — — —.

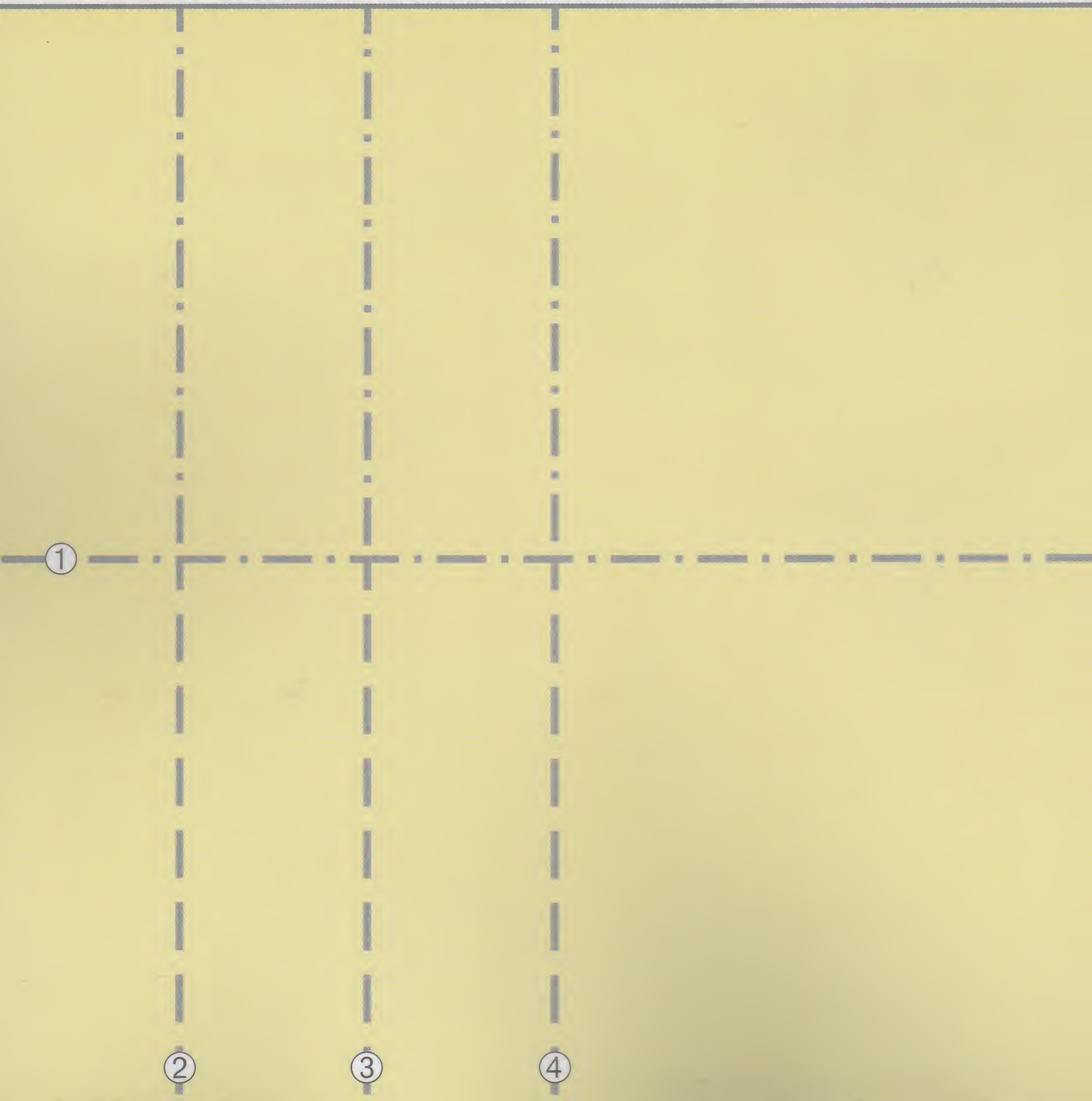
✂ Parents, please cut along — for your child.

*Nice job!*

rainbow



✂ Parents, please cut along — for your child. Fold downwards along --- and upwards along - - -.



# Night and Day

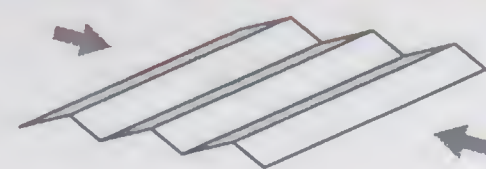
## To parents

Your child will practice accordion-folding, which means alternately folding downwards and upwards. When your child has successfully completed this activity, he or she will see a nighttime scene when looking from one side of the page, and a daytime scene when looking from the other side of the page.

Fold downwards along — — — — and upwards along — — — —.

✂ Parents, please cut along — — — — for your child.

Done!



\*You can see two different images from opposite angles.

## night / day



✂ Parents, please cut along — for your child. Fold downwards along --- and upwards along -.-.-.

# 30

## Rain or Shine

### To parents

Accordion-folding is a difficult technique. Offer lots of praise when your child has successfully completed the exercise without any help.



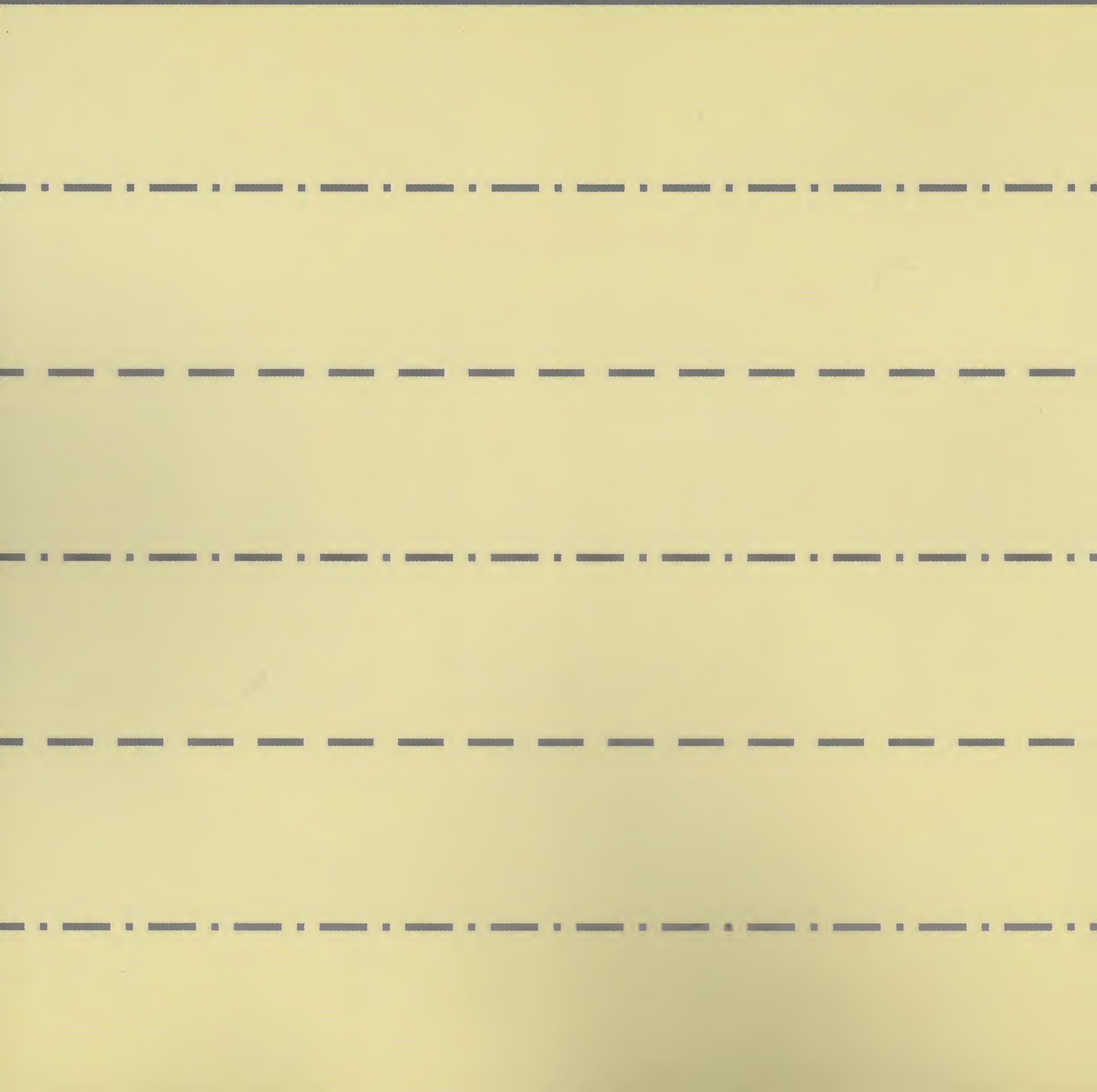
Fold downwards along — — — — and upwards along — — — —.

✂ Parents, please cut along — — — — for your child.

rain / shine



✂ Parents, please cut along — for your child. Fold downwards along --- and upwards along ---.



# 31

## Cinderella Story

### To parents

Encourage your child to enjoy this exercise by telling Cinderella's story as he or she folds.



\*You can see two different images from opposite angles.

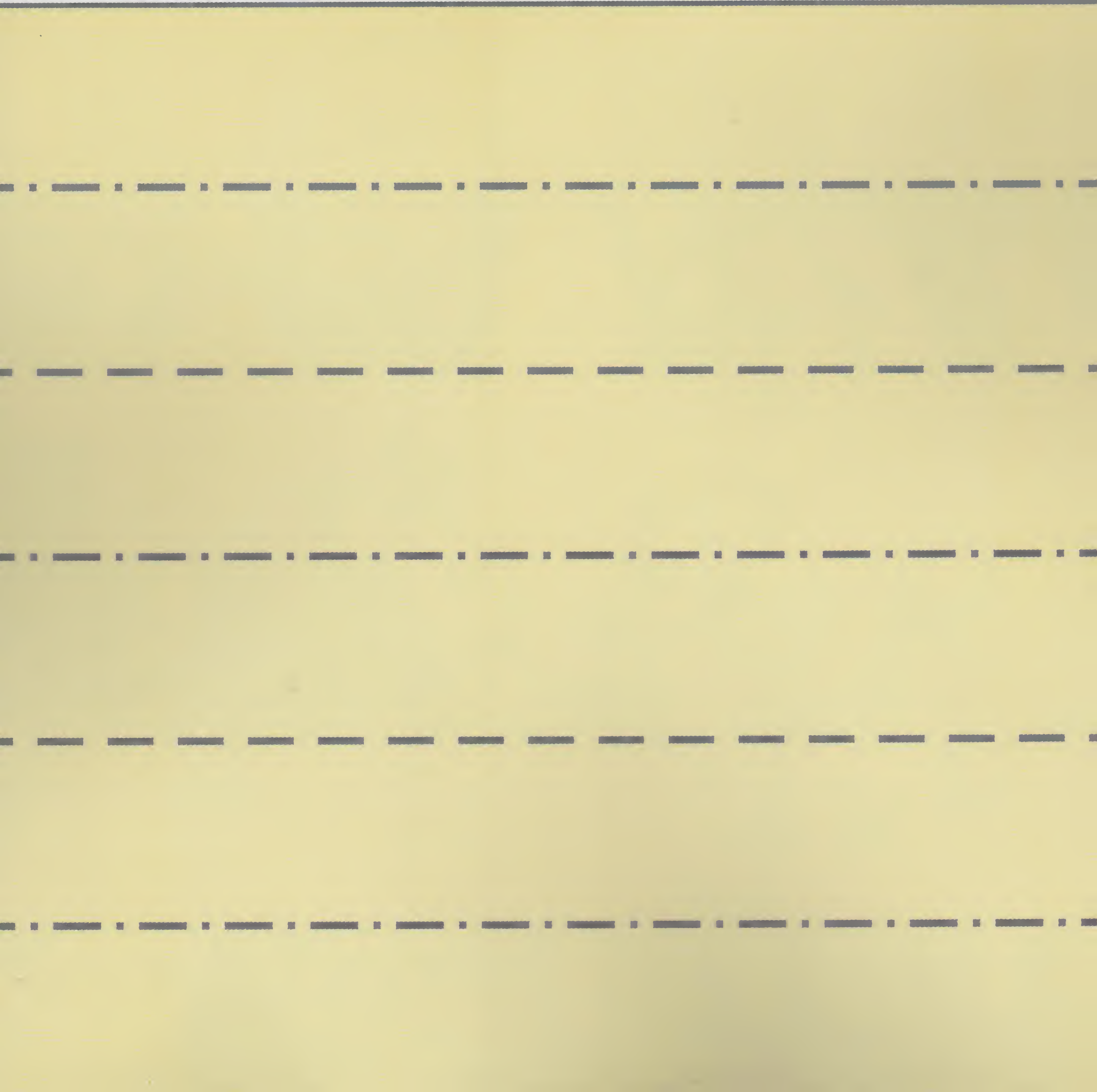
Fold downwards along — — — and upwards along — — —.

✂ Parents, please cut along — for your child.

# Cinderella



✂ Parents, please cut along ----- for your child. Fold downwards along ---- and upwards along - - - - -.



**To parents**

Please try to cut carefully along the designated line so that the patterns will match properly. If this is your child's first origami exercise, offer praise for developing a new skill.



Done!



Fold upwards along ——— • ———.

✂ Parents, please cut along ——— for your child.

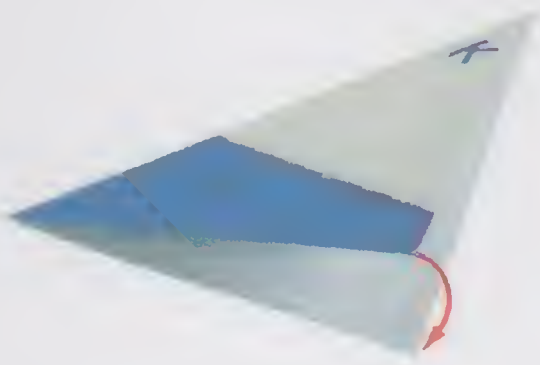
ice cream





**To parents**

Help your child make the folds in the correct order by following the numbers on the folding lines. When your child has finished folding, say “sailboat” aloud while pointing to the word.



Done!



Fold downwards along — — — and upwards along — . — .

✂ Parents, please cut along — for your child.

sailboat



1

2



**To parents**

When your child has completed the exercise, say “bed” aloud while pointing to the word.

Fold upwards along — . — and downwards along — — —.

✂ Parents, please cut along — for your child.

Done!



bed



✂ Parents, please cut along — for your child. Fold downwards along --- and upwards along ----.

bed

1

2

3

**To parents**

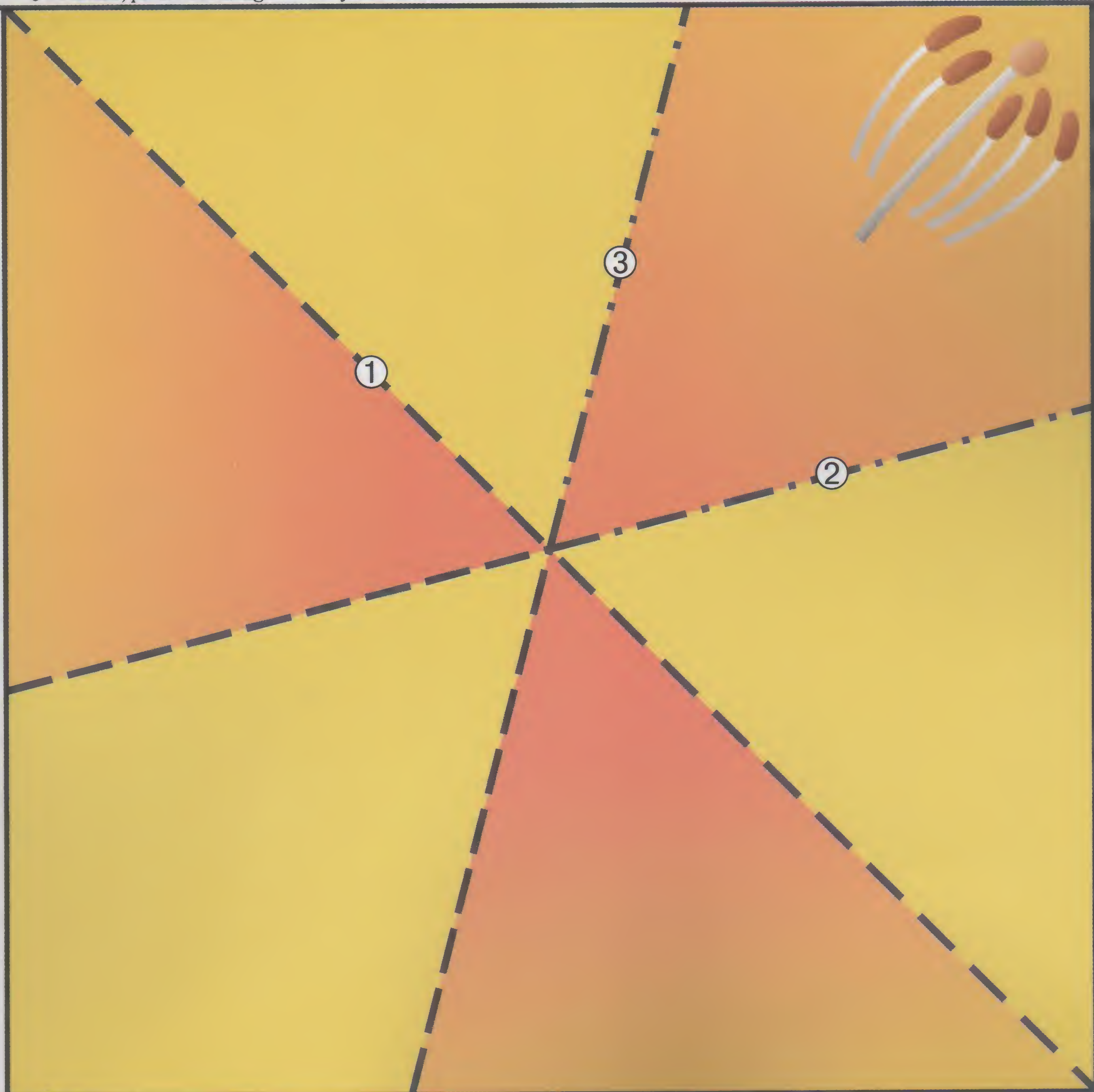
When your child has completed the exercise, offer praise, and say “flower” aloud while pointing to the word.

Fold downwards along — — — and upwards along — — —.

✂ Parents, please cut along — — — for your child.



flower



**To parents**

To help your child finish this exercise, please point out the correct order in which to fold. When your child has finished folding, say “fish” aloud while pointing to the word.

Fold downwards along — — — and upwards along — . — .

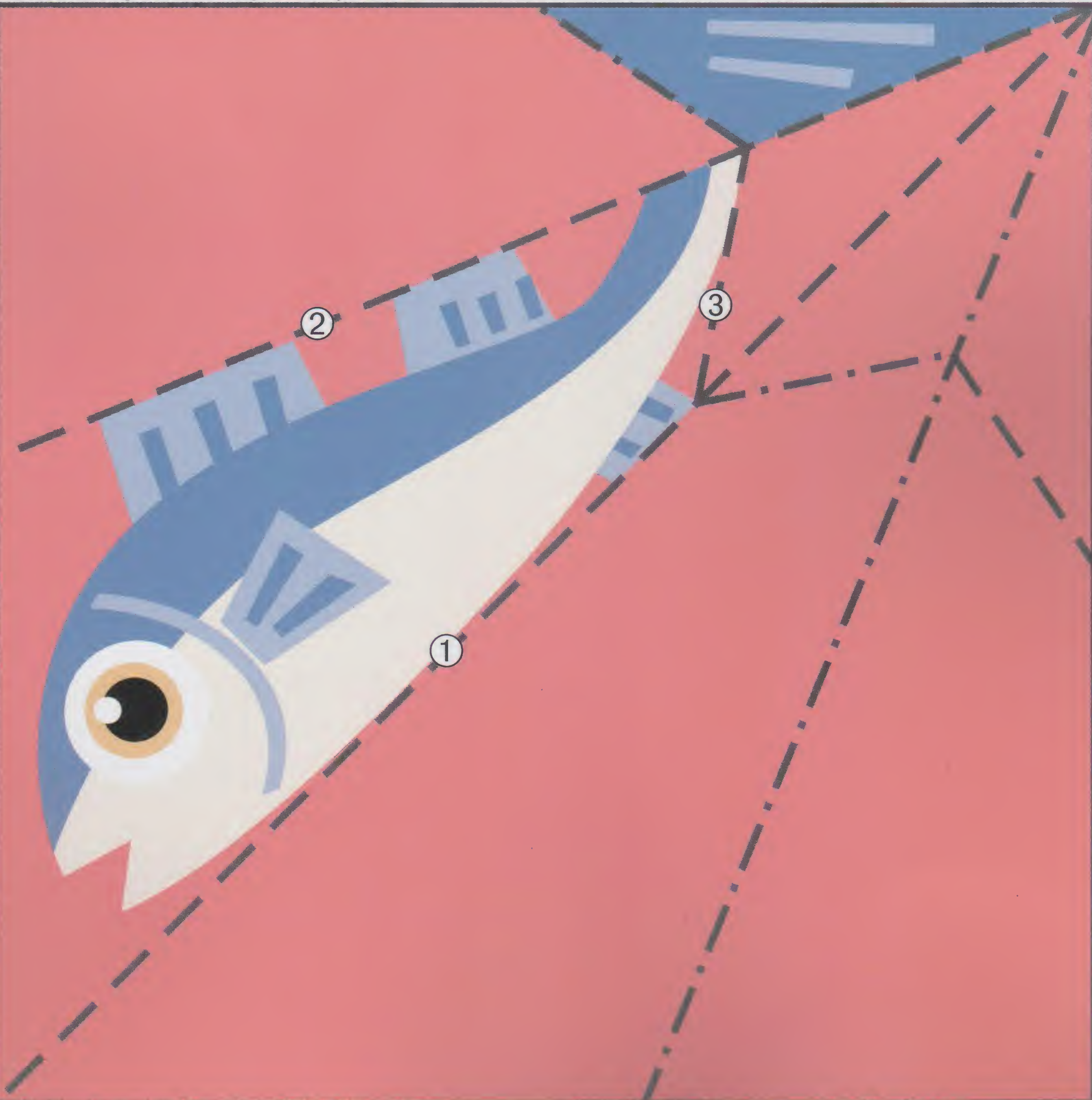
✂ Parents, please cut along — for your child.



Done!



fish



## To parents

To help your child finish this exercise, please point out the correct order in which to fold. When your child has finished folding, say “cat” aloud while pointing to the word.



Fold downwards along — — — and upwards along — . — .

✂ Parents, please cut along — for your child.

cat



**To parents**

When your child has completed the exercise, say “snail” aloud while pointing to the word.

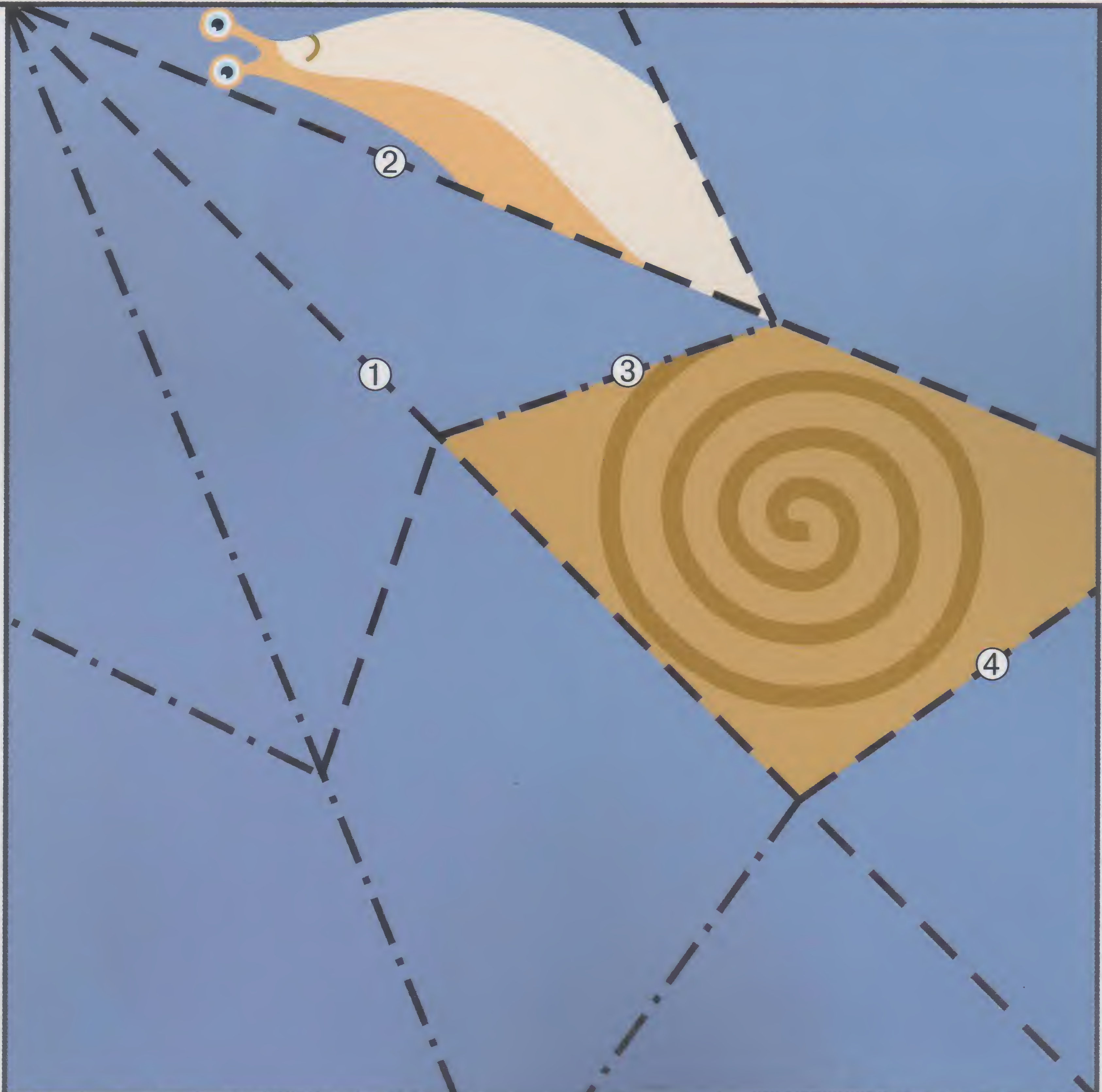
Fold downwards along — — — and upwards along — . — .

✂ Parents, please cut along — for your child.

Done!



snail



## To parents

This is the last page of this workbook. Look back to the beginning of the workbook and you will see how much progress your child has made. Please offer lots of praise for your child's effort and achievement!

Fold downwards along — — — and upwards along — . — .

✂ Parents, please cut along — for your child.



swan



KUMON

# Certificate of Achievement

\_\_\_\_\_ is hereby congratulated on completing

**More** Let's Fold!

Presented on \_\_\_\_\_, 20\_\_\_\_

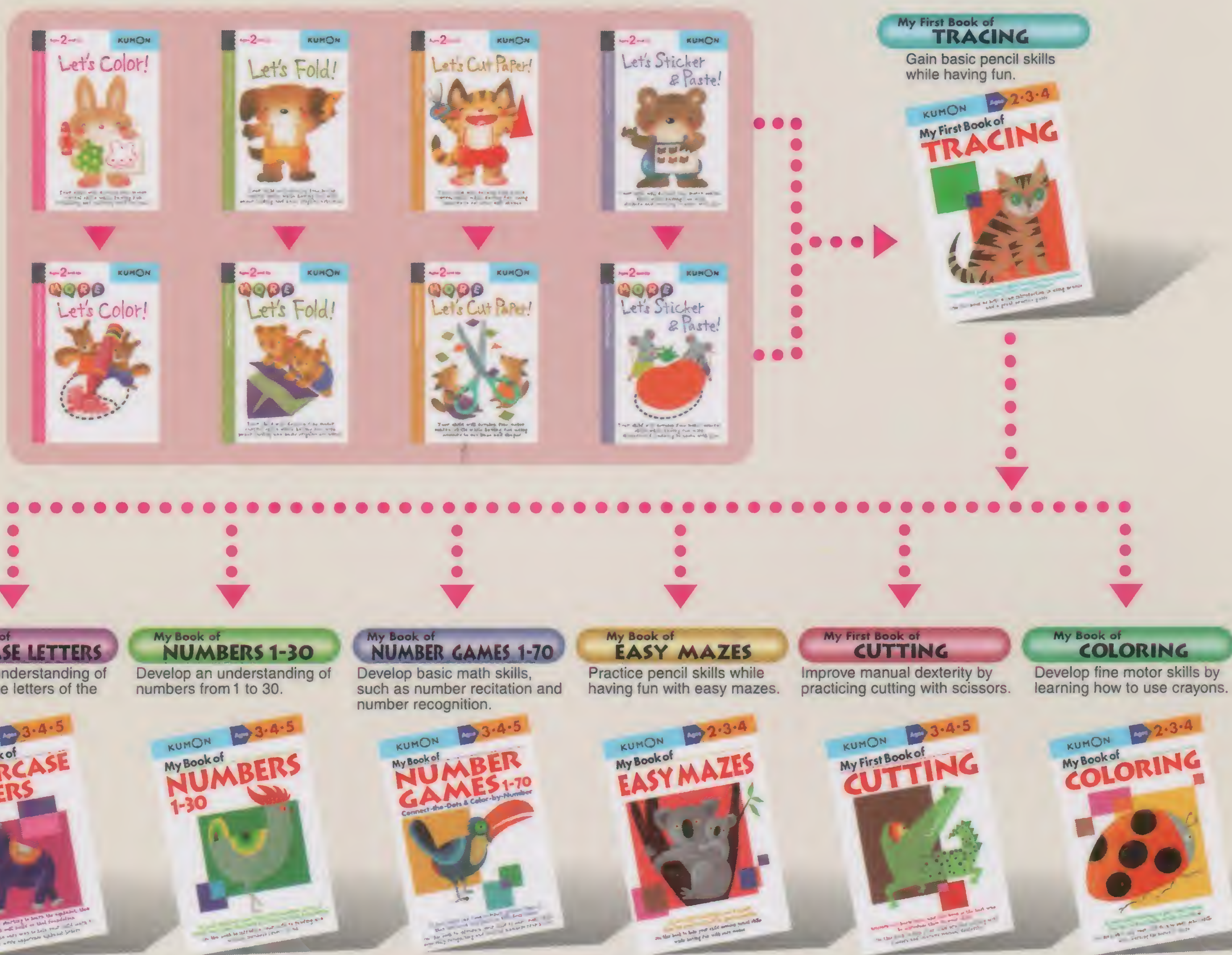


\_\_\_\_\_  
Parent or Guardian

If your child enjoyed this First Steps Workbook, consider one of our other Kumon Workbook titles. Each workbook is designed to guide your child through a particular skill or learning concept.

## First Steps Workbooks

Your child will develop fine motor control skills and pencil control through coloring, folding, pasting, and cutting paper. These skills are an important foundation for further learning. First Steps Workbooks are specially designed for children who have not yet mastered the use of a pencil.



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