# Workbook

# on

# Science

(Grade 4)



Produced by 57-75 in partnership with the Ateneo Center for Educational Development and the Department of Education Divisions of Bayombong (Nueva Vizcaya), Guimaras, Iligan City (Lanao del Norte), Iloilo City (Iloilo), Pampanga, San Isidro (Nueva Ecija), Pagbilao (Quezon) and Sual (Pangasinan)

# Workbook on Science (Grade 4)

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#### PREFACE

In April 2008 the **57-75** Movement organized a workbooks development write-shop in order to come up with an immediate and effective response to the problem of lacking textbooks and instructional materials in public schools. For two weeks, master teachers from each of the **57-75** pilot sites compiled a series of workbooks on Science, English, and Mathematics designed for their elementary and high school students.

The write-shop aimed to: (1) identify least mastered skills in a subject area; (2) produce lesson guides that will help increase the ability of classroom instructors in developing the mastery level of students particularly in problematic subject areas; and (3) help teachers be creative in developing their own instructional materials based on resources available to them in their respective schools.

Both the faculty and students of the public school system are expected to gain from this project. Teachers will not only be aided by the problem-solving and explanations given in the workbooks but will also be helped in terms of gearing their students towards a unified understanding of the subject matter. This workbook will also serve as an alternative medium of instruction in the absence of textbooks and other necessary teaching materials that the less fortunate may not be able to afford.

The workbooks development write-shop is also 57-75's contribution to enhancing the reading proficiencies in its pilot sites.

**57-75**, a private sector-led movement created to help address the many problems of Philippine education, was inspired by one of the many disturbing indicators of the state of Philippine education – the results of the National Achievement Test, in which grade school pupils scored close to 57.

The reversal of numbers in the campaign name – from 57 to 75 – symbolizes what the movement is trying to do: *turn things around*, about radically rethinking the way we look at our education system and the way we support it. We believe that this kind of rethinking will help turn around the dismal trends in Philippine education, and eventually change statistics from 57 to 75.

57-75 advocates *Focusing* on helping students stay in school, enhancing reading proficiencies, and improving achievement rates in math, science, and English; student and school *Performance*; and *Community Empowerment and Engagement*.

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57-75 would also like to especially acknowledge the master teachers from the pilot sites – without their commitment, this workbook would not have been possible. We also extend our appreciation to the reviewers, editors and encoders of ACED who accommodated this project into their existing workload.

57-75 is also very grateful to the initial pool of corporate donors who have pledged to help in the reproduction of this workbook: TeaM Energy Foundation, Petron Foundation, Pilmico Corporation, BPI Foundation, Metrobank Foundation and Insular Life Foundation. Thank you for helping to reverse the education crisis!

In behalf of the National Task Force -

**RIO A. DERIO** 

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#### Lesson 1: Identifying some bones that make up the skeletal system. The Skeletal System

#### **Exercise** A

Directions: Fill in the boxes to get the correct answer.



framework of our body. It determines the general body shape.

Directions: Study the picture of the skeletal system. Answer the questions that follow.



- A. What are the 2 divisions of our skeletal system?
  - 1. \_\_\_\_\_
  - 2. \_\_\_\_\_
- B. Name the parts of the axial skeleton.
  - 3. \_\_\_\_\_
  - 4.\_\_\_\_\_
  - 5. \_\_\_\_\_
  - 6.\_\_\_\_\_
- C. Name the parts of the appendicular skeleton.
  - 7.\_\_\_\_\_
  - 8.\_\_\_\_\_

#### Lesson 1: Identifying some bones that make up the skeletal system. The Skeletal System

#### Exercise B

Directions: Study the word puzzle. Find words about the bones that make up the skeletal system. List down the names of the bones on the blanks provided.

Α	Р	Р	Е	Ν	D	Ι	С	U	L	A	R
S	0	R	Ι	В	S	Α	L	U	Α	A	Α
Κ	R	G	L	0	V	Α	E	Т	Ι	0	D
U	Т	Ι	Μ	0	Т	Η	Y	V	Х	Q	Κ
L	R	Α	Р	Е	L	V	Ι	S	Α	Р	Μ
L	С	Ι	L	G	A	В	R	Ι	L	R	L
U	Ν	E	S	С	A	Р	U	L	Α	Х	Μ
Ι	Κ	N	E	0	L	L	E	G	Т	Ζ	Y
S	C	E	Ι	C	S	Т	E	R	Ν	U	Μ

1	6
2	7
3	8
4	9
5	10

#### Lesson 2: Demonstrating how the skeletal system enable us to move.

#### Exercise A

Directions: Fill the blanks to complete the words described in each item.

1. L \_ g a \_ e \_ s are strong, dense, flexible bands of connective tissue that join bones to one another. They allow movements in some directions and restrict movements in other directions.

2. T \_\_\_\_ d \_\_\_ ns are strong, dense, flexible bands of connective tissues at the end of the muscles.

3. Ca t la s are supportive tissues found at the end of the bones. They protect and support the bones during weight bearing activities.

Directions: Look at the pictures. Use the words in the box to match each picture.

gliding joint hinge joint ball and socket joint pivot joint fibrous joint synovial joint cartilaginous joint





5.

4. \_\_\_\_\_





7.\_\_\_\_\_



8.\_\_\_\_\_

6. \_\_\_\_\_





4

#### Lesson 2: Demonstrating how the skeletal system enable us to move.

#### **Exercise B**

Directions: Write  $\underline{T}$  if the statement is true. If the statement is false, change the underlined word or phrase to make the statement true. Write the correct word on the blank.

1. A <u>pivot joint</u> enables the bone to rotate.
2. Without <u>ligaments</u> , muscles would not be attached to the bones.
3. The <u>hinge joint</u> refers to a joint where a ball – shaped end of one bone fits into a cup – shaped socket bone.
4. Pivot joint allows <u>rotational movement</u> only.
5. Cartilages are strong dense, flexible bands of connective tissues at the end of the muscles.
Directions: Encircle the letter of the correct answer.
1. A is a point where two bones meet.
a. ligament b. tendon c. joint
<ol> <li> hold the bones close to each other, allowing little or no movements.</li> <li>a. fibrous isints the contilections isints are supervised isints.</li> </ol>
a. fibrous joints b. cartilaginous joints c. synovial joints
3. A is a connective tissue that provides cushion at the ends of bones.
a. ligament b. cartilage c. tendon

- 4. These joints permit side to side and back-and-forth movements.
  a. gliding joint b. pivot joint c. ball and socket joint
- 5. These joints allow rotational movement only.a. gliding joints b. pivot joints c. ball and socket joints

#### Lesson 3: Identifying the bones that protect the internal organ.

#### **Exercise** A

Directions: Identify the bone that protects the internal organ in each item.

- 1. The \_\_\_\_\_\_ is a solid case that protects the brain, eyes, inner ears and other delicate organs.
- \_\_\_\_\_2. The \_\_\_\_\_ protects the heart and the lungs.
- \_\_\_\_\_\_3. The \_\_\_\_\_\_helps to protect the spinal cord.

Directions: Match the bones in column A with the organ it protects in column B.

- 1. Rib cage a. brain
- 2. Spinal column b. heart and lungs
- 3. Hipbones c. bladder
- 4. Skull d. spinal cord

Directions: Answer the question correctly.

What shape of bones are found in the skull?

#### Lesson 3: Identifying the bones that protect the internal organ.

#### **Exercise B**

Directions: Study the pictures below. Name the bone in each picture.



Directions: Identify the organs being asked in each item.

Spinal column – protects the 5.

 Ribcage protects the 6.
 &
 7.
 \_\_\_\_\_.

The skull protects the 8. \_\_\_\_\_.

#### Lesson 4: Illustrate how muscles are connected to the bones.

#### **Exercise** A

Directions: Fill in the boxes with the correct words.



#### Lesson 4: Illustrate how muscles are connected to the bones.

#### **Exercise B**

Directions: Read each item. Encircle the letter of the correct answer.

- 1. Muscles are attached to bones by a tough, flexible cord of tissue called\_\_\_\_\_.
  - a. tendons b. insertion c. cartilage
- 2. Describe the heart muscle
  - a. without striation and voluntary
  - b. with striation and voluntary
  - c. with striation and involuntary.
- 3. Classify the muscles located in the face.
  - a. cardiac b. smooth c. skeletal
- 4. Choose the muscles whose function cannot be controlled.
  - a. walls of the blood vessels
  - b. leg muscles
  - c. finger muscles
- 5. In the human body, more than \_\_\_\_\_muscles move and protect the bones.
  - a. 600 b. 700 c. 800

Directions: Match column A with column B. Write the letter the blank before each number.

Α	В
1. Muscles	a. found in the arms, legs chest,
	neck and face.
2. Tendons	b. Heart muscles.
3. Smooth muscles	c. tough, flexible cord tissue that
	connect the muscles and bones.
4. Cardiac muscles	d. hold the skeleton together.
5. Skeletal muscles	e. walls of the blood vessels.

#### Lesson 5: Demonstrate how muscles cause body movement. Cite simple body activities that show the coordinated functions of the skeletal and muscular system.

#### **Exercise** A

Directions: Study the pictures of the biceps and triceps of the upper arm below. Fill in the blanks in each statement that follows.



#### Lesson 5: Demonstrate how muscles cause body movement. Cite simple body activities that show the coordinated functions of the skeletal and muscular system.

#### **Exercise B**

Directions: Read the statements below. Write T if the statement is true. Write F if the statement is false.

- 1. A muscle that is relaxed is usually shorter and thicker.
- \_\_\_\_\_2. When the arm is flexed, the triceps is relaxed.
- \_\_\_\_\_3. The biceps are tightened you if you lift a book.
- 4. A relaxed muscle is long.
- 5. Muscles produce movements by contracting and relaxing.

# Lesson 6: Identifies injuries and diseases that can harm the skeletal and muscular system

#### Exercise A

Directions: Study the pictures in column A. Use a line to match each injury with its correct name.



## Lesson 6: Identifies injuries and diseases that can harm the skeletal and muscular system

#### Exercise B

Directions: Draw three pictures that show common injuries of the muscle or bone. Label each picture properly.







### Lesson 7: Demonstrates first aid treatment for sprain, cramps, and simple fractures.

Directions: Remember these information.

- Sprain and Strain- one must remember **RICE Rest** – Do not move the injured part. You can use a blanket or a towel as splint.
  - **Ice** Apply cold compress. You can do this by placing a cold wet towel or an ice bag on the injured part.
  - **Compress** to compress the injury part wrap an elastic bondage around the sprained part to prevent swelling.
  - Elevate kept it raised or elevated for at least one day.
- 2. Muscle Cramps
  - a. Gently massage the camped muscle.
  - b. Slip half a glass of salt water.
    - -Every 15 minutes for one hour. -This is because your body has lost much salt.
- 3. Bruise put cold compress to prevent swelling. Use an ice bag or wrap a piece of ice in a towel. After 24 hours, apply warm compress to let the blood flow.
- 4. Simple Fracture Keep the injured part from moving by using a splint.

Here are rules to follow in putting a splint.

- Splint only if it not make the victim feel more pain or discomfort.
- Splint an injury in the position you feel it. Do not move the victim.
- Apply the splint so that the fracture bone and joints above and below fracture cannot be move

a. Apply a cold pack

b.Call a doctor or take the victim right away to the hospital. (Source Evelina M. Vicencio et. Al.)

### Lesson 8: Shows concern and right attitude towards physically handicapped persons.

#### **Exercise** A

Directions: Check the statements that show kind acts to handicapped persons.

- \_\_\_\_\_1. Talk to deaf-mute.
  - 2. Appreciate their work so they would feel important.
- 3. Handicapped persons cannot do good things.
- 4. Help them develop their hidden talents.
- 5. Laugh at them.
- 6. Tease a lame boy.
- 7. Treat them like normal persons.
- 8. Allow them to do things for themselves.
- 9. Be friendly to them.
- 10. Do not tell a handicapped person that you pity him or her.

### Lesson 8: Shows concern and right attitude towards physically handicapped persons.

#### **Exercise B**

Directions: Check the statements that show proper concern and treatment to the physically handicapped.

- 1. Make fun of handicapped persons.
- \_\_\_\_\_2. Tease a lame person.
- 3. Treat them like a normal person.

4. Do not allow them to participate in a civic organization.

- \_\_\_\_\_ 5. Be friendly to them.
- 6. Laugh at them.
- 7. Help them discover their hidden talents.
- 8. Talk to a deaf mute.
  - 9. Let them express themselves.
- 10. Do not tell a handicapped person that you pity him or her.

#### Lesson 9: Identifies the digestive system and its major parts.

#### **Exercise** A

Directions: Name the parts of the digestive system.





#### Lesson 9: Identifies the digestive system and its major parts.

#### Exercise B

Directions: Draw the organs of the digestive system .



# Lesson 10: Traces the path of food in the digestive system and the charges the food undergoes. Explains why food has to be digested

#### **Exercise** A

Directions: Study the word puzzle. Write the statement that is formed on the blank.



1. Write the statement that is formed.

Directions: Supply the missing word. Write the letters in the boxes.



# Lesson 10: Traces the path of food in the digestive system and the charges the food undergoes. Explains why food has to be digested

#### **Exercise B**

Directions: Correctly trace the pathway of food in the digestive track by filling in the boxes.



Directions: On the box, write the functions of the accessory organs of the digestive system.



## Lesson 11: Names ways of preventing / controlling common ailments of the digestive system.

#### **Exercise** A **Exercise B** Directions: Check the practices that will Directions: Read the statements below. make your digestive system healthy. Cross Write T if the statement is true. Write F if those which will not the statement is false. 1. Brushing your teeth will prevent 1. Eat variety of foods such as meat, tooth cavities. fish, vegetable, fruits. 2. Drink at least eight glasses of 2. Brush your teeth once a week. water everyday. A sufficient amount of liquid is needed for digestion. 3. Exercise regular habits. 3. Food poisoning cannot cause 4. Wash your hands before and after diarrhea. eating. 4. Go to your dentist every six 5. Skip breakfast so you will not be months. late for school. 5. Practice good eating habits. 6. Bowel movements should be done daily 6. Sleeping and resting are not needed by the body. 7. Drink soft drink instead of water. 7. Wash your hands before handling 8. Eat junk food and street food and eating food. everyday. 8. Chew your food well. 9. Consult a doctor when you have a stomach ache. 9. Cook food properly. 10. Wash the fruit before eating it. 10. Street foods are healthy foods.

## Lesson 12: Demonstrates ways of keeping the digestive system healthy.

Direction: As a class, demonstrate the following situations correctly.

- 1. Brushing teeth
- 2. bowel movement
- 3. Eating breakfast, lunch, and dinner
- 4. Drinking water
- 5. Washing hands

Directions: Accomplish the table honestly. Put a check on the appropriate column.

Health Habits	Never	Sometimes	Always
1. Brushing your teeth after every meal.			
2. Bowel movement			
3. Eating meals regularly			
<ol> <li>Drink six to eight glasses of water everyday.</li> </ol>			
5. Washing your hands before and after eating.			

#### Lesson 13: Identifies animals hatched from eggs

#### Exercise A

Directions: Match the animals column A with the names in column B. Write the letter on the blank before each number.





\_\_\_\_\_10.



#### Lesson 13: Identifies animals hatched from eggs

#### **Exercise B**

Directions: Match the animals in column A with their young in column B. Write the letter on the blank before each number.









\_\_\_\_\_10.

#### Lesson 14: Identifies animals that are born alive.

#### Exercise A

Directions: Match the name of the parent animal in column A with its young in column B. Write the letter on the blank before each number.

А.	В.
1. Kangaroo	a. calf
2. Goat	b. piglet
3. Cat	c. cub
4. Dog	d. foal
5. Pig	e. joey
6. Horse	f. mel
7. Cow	g. kid
8. Carabao	h. tim
9. Tiger	i. pony
10. Boar	j. kitten
	к. рирру

#### Lesson 14:

#### Identifies animals that are born alive.

#### **Exercise B**

3.

Directions: Name the following animals:









4.








8.

6.



9.







### Lesson 15: Infer that some animals develop from fertilized egg.

#### Exercise A

Directions: Circle the words that you can find in the puzzle. List down the words on the blanks below.

F	E	R	Т	Ι	L	Ι	Ζ	A	Т	Ι	0	Ν
Т	G	E	U	Ν	L	Ι	С	E	С	Α	Q	Т
Ι	G	P	Ι	F	Е	Μ	A	L	E	В	E	U
Μ	С	G	E	R	С	Т	R	U	D	E	S	Ν
0	Е	E	L	A	Μ	Y	Ο	U	Ν	G	Ν	Ι
Т	L	G	Р	A	R	Е	Ν	Т	S	B	0	Т
Η	L	0	V	E	Е	Y	G	R	Α	C	Т	E
Y	G	A	R	С	Р	Ζ	Y	G	0	Т	E	Y
A	Q	U	Ι	L	S	Ι	N	A	Μ	A	N	L
R	E	P	R	0	D	U	C	Τ	Ι	0	N	C



Directions: fill in the boxes to form the described word.

10.

appens when an egg cell and a sperm cell meet or unite.

## Lesson 15: Infer that some animals develop from fertilized egg.

#### Exercise B

Directions: Encircle the letter of the correct answer.

1.	is the proc	cess wherein the egg cell a	and a sperm cell unite.
	a. Fertilization	b. Reproduction	c. Zygote
2.	The male sex cell is call	led .	
	a. sperm cell	b. egg cell	c. blood vessel
3.	The female sex cell is ca	alled .	
	a. sperm cell	b. egg cell	c. blood vessel
4.	fertilizat	tion happens inside the fer	male body.
	a. Internal	b. External	c. both a and b
5.	The successful union of	the egg and the sperm ce	ll forms a/an
	a. egg	b. zygote	c. offspring
6.	reproductio	on does not involve sex ce	ells.
	a. Asexual	b. Bisexual	c. Sexual
7.	fertilization	n happens outside the fem	ale body.
	a. Internal	b. External	c. both a and b
8.	reproductio	on involves the production	n of a new organism through
	the union	of sex cells.	
	a. Asexual	b. Bisexual	c. Sexual
9.	Why do animals of the s	same species continue to l	ive from one generation to another?
	a. they all lay eggs	b. they reproduce	c. they only eat meat
10	. The process of bringin	g for the new life is called	1
	a. reproduction	b. fertilization	c. zygote

# Lesson 16: Describe the life cycle of a frog, a butterfly, and a mosquito.

#### Exercise A

Directions: Supply the missing stage in the life cycle of a frog, butterfly, and a mosquito.



## Life cycle of the frog

Life cycle of a butterfly



Life cycle of a mosquito



## Lesson 16: Describe the life cycle of a frog, a butterfly, and a mosquito.

#### **Exercise B**

Directions: Arrange the stages as the following animals grow.

Frog







- is a process by which animals goes through the different stages in its life cycle.

# Lesson 17: Describe the changes in animals as they developed and grow.

#### **Exercise** A

Directions: Identify the following. Write your answers on the blanks before each number.

1. The of a living thing refers to the stages in its life.
2. The larva of butterflies is called
3. A housefly produces about 150 eggs at a time. The eggs hatch and become
4. The larva of mosquitoes is called
5. The larva of frogs are called
6 is the process by which animals undergo changes in shape and form.
7. The larva of a butterfly becomes a pupa or a
8. In metamorphosis, the larva does not look like its parents.
9. Butterflies, frogs, and mosquitoes have stages in their life cycle.
10. In metamorphosis, the young looks very much like the adult.

# Lesson 17: Describe the changes in animals as they developed and grow.

#### **Exercise B**

Directions: Identify the following. Write your answers on the blanks before each number.

1.	is the process by which animals undergo
	changes is shape and form.
2.	The larva of a butterfly become pupa or
3.	Butterflies, frogs and mosquitoes have stages in their life cycle.
4.	In metamorphosis, the larva does not like its parents.
5.	The larva of frogs are called
6.	In metamorphosis, the young looks very much the adult.
7.	The larva of butterflies are called
8.	A housefly produce about 120 eggs at a time. The eggs become
9.	The larva of mosquitoes are called
10	. The of a living things refers to the stages in their life.

## Lesson 18: Identifies proper ways of handling animals.

Exercise A	Exercise B
Directions: Put a check on the statements that shows care for animals.	Directions: True or False. Write T if the statement shows care for animals, F if it is not.
	1. Allow your pets to around the
1. Giving animals their needs such	street.
as food, water, and shelter.	
	2. Shooting birds.
2. Kicking the dog when it barks at	
you.	3. Always keep the shelter of your
	pets clean.
3. Bringing your pets to the	
veterinarian for a medical check – up.	4. Combing or brushing the hair of
	animals.
4. Bathing your pets and clean them	
thoroughly.	5. Killing the animals.
5. Cleaning your pet's ears using	6. Clean your pets ears using a
cotton buds.	cotton buds.
6. Spanking an animal.	7. Bathe your pets and clean them
	thoroughly
7. Killing an animal.	
	8. Bring your pets to the
8. Always keeping the shelter of	veterinarian for a medical check – up.
your pets clean.	Ĩ
	9. Kicking the dogs when they bark
9. Shooting a bird.	at you.
10. Allowing your pets to roam	10. Give animals their needs such as
around the street without any guardian.	food, water and shelter.

### Lesson 19:

## Demonstrates proper ways of handling animals.

#### **Exercise** A

Directions: Look at the pictures. Put a check on the pictures that show concern for animals.



## Lesson 19:

## Demonstrates proper ways of handling animals.

#### Exercise B

Directions: Look at the pictures. Cross out the pictures that do not show concern for animals.

2.

4.

6.

10.













#### Lesson 20: Identifies the parts of a flower.

#### Exercise A

Directions: Identify the parts of a flower. Each number in the code stands for a letter. Use the code to write the words.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Α	В	С	D	Е	F	G	Η	Ι	J	Κ	L	М	Ν	0	Р	Q	R	S	Т

21	22	23	24	25	26
U	V	W	Х	Y	Ζ

- 1. 19 + 5 + 16 + 1 + 12 = \_\_\_\_\_
- 2. 16+9+19+20+9+12 = \_\_\_\_\_
- 3. 19 + 20 + 9 + 7 + 13 + 1 =
- 4. 15 + 22 + 1 + 18 + 25 = \_\_\_\_\_
- 5. 19 + 20 + 25 + 12 + 5 = \_\_\_\_\_
- 6. 16+5+20+1+12+19=\_\_\_\_\_
- 7. 19 + 20 + 1 + 13 + 5 + 14 = \_\_\_\_\_
- 8. 1+14+20+8+5+18=\_\_\_\_
- 9. 6+9+12+1+13+5+14+20=\_\_\_\_

10. 16 + 15 + 12 + 12 + 5 + 14 + 7 + 18 + 1 + 9 + 14 + 19 =\_\_\_\_\_

## Lesson 20: Identifies the parts of a flower.

#### **Exercise B**

Directions: Identify the parts of a flower. Label the figure below properly.



#### Lesson 21: Explains the role of pollination in sexual reproduction.

#### **Exercise** A

Directions: Supply the missing words in the following concept map.



### Lesson 21: Explains the role of pollination in sexual reproduction.

#### Exercise B

Directions: Study the illustration then fill in the blanks below.



Directions: Tell whether each one is an example of self pollination or cross pollination.



Directions: Name the agents of pollination shown in each picture.



\_\_\_\_\_







#### Lesson 22:

**Exercise A** 



Directions: Study the diagram above. Fill in the blanks.



### Lesson 22: Describes the process of fertilization in flower.

#### Exercise B

Directions: Arrange the phrases until you come up with the process of how the fruits and seeds are developed. Write the paragraph you formed on the space below.



## Lesson 23: Identifies the main parts of a seed.

#### Exercise A

Directions: Study the puzzle. Find all the words that you can find about main parts of a seed.

E	R	S	E	E	D	С	Ο	A	Т	G	E	S
Р	Р	A	R	Т	S	0	F	S	E	E	D	R
Ι	E	Ι	D	E	Μ	В	R	Y	0	G	U	A
С	U	С	Η	Ι	L	U	M	D	Ι	С	0	Τ
0	M	0	N	0	С	0	Τ	E	G	A	R	С
Τ	Ν	С	0	Т	Y	L	E	D	0	Ν	Ι	Ι
Y	Р	A	R	F	S	S	E	E	D	Μ	Ι	A
L	Y	Τ	0	С	Ο	P	Y	Η	0	Τ	Η	Y

#### Lesson 23: Identifies the main parts of a seed.

#### **Exercise B**

Directions: Each number in the code stands for a letter. Use the code to write the words below.

А	В	С	D	Е	F	G	Н	Ι	J	Κ	L	М	Ν	0	Р	Q	R	S	Т
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20

U	V	W	Х	Y	Ζ
21	22	23	24	25	26

- 1. 5 + 13 + 2 + 18 + 25 + 15 = \_\_\_\_\_
- 2. 5+16+9+3+15+20+25+12=\_\_\_\_\_
- 3. 8+25+16+15+3+15+20+25+12=\_\_\_\_
- 4. 18 + 1 + 4 + 9 + 3 + 12 + 5 = \_\_\_\_\_
- 5. 3 + 15 + 20 + 25 + 12 + 5 + 4 + 15 + 14 =
- 6. 13 + 15 + 14 + 15 + 3 + 15 + 20 = \_\_\_\_\_
- 7. 4+9+3+15+20=\_\_\_\_\_
- 8. 19 + 5 + 5 + 4 = \_\_\_\_\_
- 9. 8+9+12+21+13 = \_\_\_\_\_

10. 19 + 5 + 5 + 4 + 3 + 15 + 1 + 20 =\_\_\_\_\_

## Lesson 24: Infers the function of each part of a seed by observing a germinating seed.

#### **Exercise** A

Directions: Study the pictures below. Fill in the blanks with the correct words.



Directions: Study the picture above then identify the following:

- 1. The germination of a seed begins with the absorption of water. Water softens and breaks the \_\_\_\_\_.
- 2. The \_\_\_\_\_ begins to grow and expand, causing the seed to rupture.
- 3. The \_\_\_\_\_ comes out from the seed and grows downward into the soil.
- 4. It becomes the \_\_\_\_\_ of the plant.
- 5. Then the \_\_\_\_\_ comes out and forms a loop or hook.
- 6 7 It continues to elongate and pushes its way up through the soil. As the

hypocotyls hook or loop becomes exposed to sunlight, it straightens. Thus, the

- \_\_\_\_\_ and \_\_\_\_\_ emerge from the soil.
- 8. The \_\_\_\_\_\_ continues to elongate, thus with its pair of leaves being pushed upward.
- 9. As \_\_\_\_\_\_ takes place, the cotyledons shrivel or become wrinkled and eventually fall off.
- 10. The seedling or young plant becomes an independent \_\_\_\_\_\_.

## Lesson 24: Infers the function of each part of a seed by observing a germinating seed.

#### **Exercise B**

Directions: Identify the words that would make the statements correct. Write your answer on the blanks.

- 1. The \_\_\_\_\_\_ is a part of the stem.
- 2. The little scar on the seed is the \_\_\_\_\_.
- 3. The \_\_\_\_\_\_ is the part of the plant embryo that develops into the primary root.
- 4. The \_\_\_\_\_\_ is the part of the axis of the plant embryo below the cotyledons.
- 5. A \_\_\_\_\_\_ contains stored food for the developing plant embryo.
- 6. It is a matured ovule.
- 7. A \_\_\_\_\_\_ is a special organ of plants that helps in the protection and dispersal of seeds.
- 8. \_\_\_\_\_ is the sprouting of seeds.
- 9. \_\_\_\_\_\_ is a basic need for seed to germinate.
- \_\_\_\_\_10. As \_\_\_\_\_\_takes place, the cotyledons shrivel or become wrinkled and eventually fall off.

### Lesson 25: Perform an experiment on seed germination.

#### **Exercise** A

Directions: Perform the experiment below.

Identify the variables in the experiment.

Observe and collect data on what a seed needs in order to germinate.

Interpret the results of the experiment on seed germination.

What to do:

- 1. Label Cup A, Cup B, Cup C.
- 2. Bore holes at the bottom of the cups.
- 3. Put soil in each of the cups A, B, C.
- 4. Put 5 seeds in each cup.
- 5. Cover cup C with a transparent bowl.

You need:

\*15 mongo seeds

\*3 plastic cups

\*soil

- 6. Water cups A, B and C everyday with the same amount of water.
- 7. Place cups A, B, and C where they can receive enough sunlight.
- 8. Observe the Exercise-up for 10 days.

	Observations
Cup A.	
Cup B.	
Cup C.	

Directions: Answer the questions below:

- 1. What happened to the seeds in Cup B?
- 2. Compare the growth of the seedling in Cup A and C.
- 3. Based on your observation, what are needed in seed germination?

#### Lesson 25: Perform an experiment on seed germination.

#### **Exercise B**

Directions: Perform the experiment.

You need:

\*seeds soaked in water (Mongo, corn, peanut, bean) \*cutter \*magnifying lens

#### What to do:

- 1. Slice the corn lengthwise by using a knife (be careful). Split the bean, Mongo and peanut with your fingers. Using a magnifying lens, examine their parts carefully.
- 2. Identify the parts of each seed. Fill out the table below. Check  $(\sqrt{)}$  appropriately.

Seed	No. of One	cotyledons Two	Epicotyl	Hypocotyl	Radicle	Seed coat
Corn						
Peanut						
Mongo						
Bean						

- 3. Do all seeds have the same parts?
- 4. Which seeds have one cotyledon? two cotyledons?
- 5. *Mono* means one; *di* means two. Based on these word origins, what do you think is a monocot seed? A dicot seed? What is the difference between the two?

## Lesson 26: Observing the structure of fruits and seeds

#### **Exercise** A

Directions: Give the structures of the following fruits and seeds.

	Fruits	Seed
1. Mango		
2. Atis		
3. Chico		
4. Apple		
5. Guava		

## Lesson 26: Observing the structure of fruits and seeds

#### **Exercise B**

Directions: Give the structure of fruits and seeds.



# Lesson 27: Describing how certain structures and properties help in seed dispersal.

#### Exercise A

Directions: Name the agent of the following seed for dispersal (e.g., Wind, Water, Man, or Animals).

Seed	Agents for dispersal
1. Coconut	
2. Ipil – Ipil	
3. Bursting bean fruits	
4. Tomato	
5. Amorseco seed	
6. Corn	
7. Acacia	
8. Cogon	
9. Atis	
10. Santol	

## Lesson 27: Describing how certain structures and properties help in seed dispersal.

#### **Exercise B**

Directions: Put each seed under its proper agent for seed dispersal.

- 1. Coconut
- 2. Ipil Ipil

#### 3. Busting bean fruits

1	Tomato	Man	Water	Wind	Animals
4. 10111410					
5.	Amorseco seed				
6.	Corn				
7.	Acacia				

8. Cogon

9. Atis

10. Santol

### Describing how plants reproduce asexually.

## Lesson 28:

#### Exercise A

Directions: Using a line, match each plant in Column A to how it is planted in column B.



В

- a. Stem / Cutting
- b. Bulb
- c. Rhizomes
- d. Stolons / Runners
- e. Sucker
- f. Tuber
- g. Leaves
- h. Layering
- i. Marcotting
- j. Corn



7.





8.



9.



10.



#### Lesson 28:

#### Describing how plants reproduce asexually.

#### **Exercise B**

Directions: Fill in the crossword puzzle correctly.



#### Across:

Down:

- 2. A stem that grows horizontally above the ground.
- 4. It can grow its own roots and can be separated from the main plant.
- 6. It is a short, fleshy underground stem that also stores food.

1. Plants with short, underground stems and thick, fleshly leaves.

3. An elongated, fleshly underground stem that stores food like starch.

5. A growth, sprout or twig is a a plant.

Directions: Give 2 examples of plants for the following

- 7. Bulb \_\_\_\_\_
- 8. Tuber \_\_\_\_\_
- 9. Runner \_\_\_\_\_
- 10. Shoots -\_\_\_\_\_

## Lesson 29: Demonstrating ways of propagating plants asexually.

#### Exercise A

Directions: Write the names of the plants in the correct columns.

1.	Guava	6.	Ivy plant
2.	Tamarind	7.	Per ante orange
3.	Calamansi	8.	Rambutan
4.	Mongo	9.	Chico
5.	Million dollar plant	10.	San Francisco

Marcotting	Layering	Grafting	Budding

## Lesson 29: Demonstrating ways of propagating plants asexually.

## Exercise B

Directions: Find names of plants in the puzzle and write them on the correct column.

Y	Т	Ι	M	Ο	Т	Η	Y	Ο	U	G	Ι
Μ	A	Ν	G	Ο	Ι	W	A	Ν	Т	A	V
С	M	A	U	L	R	0	R	D	Ο	R	Y
С	A	L	A	M	A	Ν	S	Ι	Η	Ν	Р
Η	R	L	V	В	M	R	Ο	W	A	C	L
Ι	Ι	R	A	S	В	E	E	R	V	Ι	A
С	N	L	Ο	V	U	Ν	G	A	В	A	N
Ο	D	R	Y	S	Т	В	Т	Ν	A	В	Т
E	N	C	M	G	A	Т	R	Ι	A	E	L
U	Ι	E	S	A	N	Τ	0	L	Χ	R	Y
S	A	N	F	R	A	N	С	Ι	S	C	0

Marcotting	Layering	Grafting	Budding

### Lesson 30: Showing how mixtures are formed.

#### **Exercise** A

Directions: Encircle the letter of the best answer.

1.	Things that are made a. Suspensions	e up of many kinds of b. Solutions	distinct materials are called c. Mixtures
2.	Which of the follow a. Ink	ing is a mixture? b. Diamond	c. Silver
3.	Mixtures composed a. Colloids	of materials that can b b. Solutions	be seen by the naked eye. c. Suspensions
4.	Mixture that have or a. Homogenous	nly one phase. b. Heterogeneous	c. Colloids
5.	Which among these a. Halo – halo	is a suspension? b. Cloud	c. Leche plan
6.	Which pair of mater a. Homogeneous	ials can form a solutio b. Heterogeneous	n? c. Colloids
7.	Mixtures that have t a. Homogeneous	wo or more phases are b. Heterogeneous	e called c. Colloids
8.	Which is an example a. Milk	e of a colloid? b. Halo – halo	c. Alcohol
9.	Which of the follow a. Sugar dissolved i	ing is a homogeneous n water b. Salad	mixture? c. Paint

#### 10. Which statement best describes a suspension?

- a. Suspensions are mixtures composed of materials that are visible to the naked eye.
- b. Suspensions are homogeneous mixtures.
- c. A mixture of water and salt is an example of a suspension.
## Lesson 30: Showing how mixtures are formed.

#### **Exercise B**

Directions: Match Column A with Column B. You may repeat your answers and have more than one answer per number. Write the letter of your answer on the blanks.

Α	В
1. Mayonnaise	a. Heterogeneous
2. Soft drink	b. Colloids
3. Paint	c. Suspensions
4. Halo – halo	d. Solutions
5. Vinegar	e. Homogeneous
6. Soup	f. Mixtures
7. Hot coffee	g. Solid
8. Glue	i. Gas
9. Alcohol	k. Solute
10. Sand	

66

## Lesson 31: Describing ways of separating mixtures.

#### Exercise A

Directions: Write P if the mixture can be separated by picking out, E if by evaporation, F by filtration, D by decantation, and M by magnet.

\_\_\_\_\_1. Fruit Salad 2. Mixture of water and salt 3. Coconut milk 4. Seawater \_\_\_\_\_5. Water and sand 6. Sand and nail 7. Rice grain and stone 8. Water and sugar 9. Baking powder and water \_\_\_\_\_10. Pebbles, Mongo, seed, rice grains

## Lesson 31: Describing ways of separating mixtures.

### Exercise B

Directions: Give two types of mixtures that can be separated by the following ways.



## Lesson 32: Identifying solids that can be dissolved.

#### **Exercise** A

Directions: Do the following activities then answer the question that follows.

You need: sugar, salt, powdered coffee, powdered milk, and powdered juice 5 cups, water, stick or spoon

You must: Mix the following. Then answer the questions that follow.

1. water + salt =

What happened to the salt?

2. water + powdered coffee = What happened to the powdered

coffee?

3. water + powdered milk =

What happened to the powdered milk?

4. water + powdered juice = What happened to the powdered

juice? \_\_\_\_\_

5. water + sugar =

What happened to the sugar?

## Lesson 32: Identifying solids that can be dissolved.

## Exercise B

Directions: Classify the given solids into their proper heading.

1.	sugar	6. piece of wood
2.	rocks	7. chocolate powder
3.	leaves	8. sand
4.	salt	9. bread
5.	MSG	10. candy

## Lesson 33: Identifying liquids that can dissolve solid materials.

### Exercise A

Directions: Classify the liquids that can dissolve the given solids. Put a chuck under the proper heading. Answer the questions that follow.

Solid Material	Liquids				
	Water	Alcohol	Acetone	Oil	Thinner
<ol> <li>Dried Paint</li> <li>Sugar</li> <li>Dried Nail Polish</li> <li>Butter</li> <li>Salt</li> </ol>					

1. Did the liquids dissolve all the materials?

- 2. Which materials were dissolved by
  - 2.a water? \_\_\_\_\_
  - 2.b alcohol?
  - 2.c acetone?
  - 2.d oil?\_\_\_\_\_
  - 2.e thinner?
- 3. Which liquids dissolved 3.a dried paint?
  - 3.b sugar?\_\_\_\_\_
  - 3.c dried nail polish? \_\_\_\_\_
- 4. Based on the activity, what conclusion can you make?

## Lesson 33: Identifying liquids that can dissolve solid materials.

### Exercise B

Directions: Classify the liquids that can dissolve the given solids. Put a chuck under the proper heading. Answer the questions that follow.

Material	Liquids				
	Water	Alcohol	Acetone	Oil	Thinner
<ol> <li>Dried Paint</li> <li>Sugar</li> <li>Dried Nail Polish</li> <li>Butter</li> <li>Salt</li> </ol>					

1. Did the liquids dissolve all the materials?

- 2. Which materials dissolved by water?
  - a alcohol?
  - b acetone? \_\_\_\_\_
  - c oil?\_\_\_\_\_
  - d thinner?
- 3. Which liquids dissolved dried paint?
  - a sugar?
  - b dried nail polish?
- 4. Based on the activity, what conclusion can you formulate?

## Lesson 34:

Defining solvents and solutes.

## **Exercise** A

Directions: Identify the following, fill in the boxes to get the correct word.



is the substance that dissolves the solute in a solution.

is the substance that is dissolved in a solution.

Directions: Identify the solute and solvent in each solution below.

	Solvent	Solute
1. Brine		
2. Alcohol		
3. Vinegar		
4. Orange juice		

## Lesson 34: Defining solvents and solutes.

### Exercise B

Directions: Write on the opposite side of the following its solute or its solvent given 2 cups of water.

1.	<sup>1</sup> / <sub>3</sub> teaspoon of powdered	milk		
2.	3 cups of vinegar			
3.	Detergent soap			
4.	5 cups of soy sauce			
5.	Coffee granules			
Di	rections: Give 5 exampl	es of mixtures, i	dentify the solute an	d solvent.
		SOLUTE	SOLVENT	
6.		SOLUTE	SOLVENT	
6. 7.		SOLUTE	SOLVENT	
6. 7. 8.		SOLUTE	SOLVENT	
<ol> <li>6.</li> <li>7.</li> <li>8.</li> <li>9.</li> </ol>		SOLUTE	SOLVENT	

# Lesson 35: Observing that some solvents can dissolve solutes faster than others.

### **Exercise** A

Directions: Follow the procedures for the experiment below.

You need: powdered orange juice, 6 clear plastic cups, 6 teaspoons, sugar, salt, coffee granules, flour, stick, water, oil, alcohol, acetone, thinner, kerosene

#### What to do:

- 1. Label each of the 6 plastic cups with a name of a solvent.
- 2. Pour each solvent in each plastic cup until half full.
- 3. Add half teaspoon of each substance to each plastic cup. Stir each mixture well.
- 4. Observe what happens.
- 5. Record your observations in the table below.

	Substance			Fast	Slow		
Solvent	Coffee granules	Powdered juice	Flour	Salt	Sugar		
Acetone							
Alcohol							
Water							
Kerosene							
Oil							
Thinner							

- a. Did the solute dissolve in all the solvents?
- b. Which solvent dissolved most of the solute?
- c. Based on your observation, what conclusion can you formulate?

# Lesson 35: Observing that some solvents can dissolve solutes faster than others.

### **Exercise B**

Directions: Write T if the statement is true and F if it is false.

 1. Sugar dissolved faster in water than in oil.
 2. The best solvent for MSG is oil.
 3. Water and vinegar can dissolve salt at the same time / rate.
 4. Powdered chocolate dissolved faster in tap water than in hot water.
 5. Oil can dissolve salt slower than vinegar.

Directions: Do the following.

Materials:	3 cups	warm water	powdered chocolate
	tap water	hot water	stop watch

- 1. Put tap water, hot water, and warm water in separate cups.
- 2. Add the same amount of powdered chocolate in each cup.
- 3. Record the results.

How long did the chocolate powdered dissolved in :

- a. tap water? \_\_\_\_\_
- b. warm water? \_\_\_\_\_
- c. hot water?
- 4. Based on your findings, do all solvents dissolve in the solutes at the same rate / time?

# Lesson 36: Observing that some solutes spread evenly when mixed with solvents.

## Exercise A

Directions: Write SE if the given solute spreads evenly when mixed with solvents and NSE if it does not.

1.	Salt			
2.	Sugar			
3.	Ink			
4.	Oil			
5.	Sand			
6.	Powdered Milk			
7.	Powdered juice			
8.	Coffee granules			
9.	Pepper			
10.	Chalk dust			
Directions: Answer the question.				

What is a solution? \_\_\_\_\_

# Lesson 36: Observing that some solutes spread evenly when mixed with solvents.

### **Exercise B**

Directions: Tell which solutes dissolve and which ones do not dissolve in solvents

Solutes	Dissolved	Not Dissolved
1. Salt		
2. Sugar		
3. Ink		
4. Oil		
5. Sand		
6. Powdered Soap		
7. Powdered juice		
8. Coffee granules		
9. Pepper		
10. Chalk dust		

Directions: Answer the question.

What is a solution? \_\_\_\_\_

# Lesson 37: Observing that some solutes, when mixed with solvents, settle at the bottom.

## Exercise A

Directions: Determine whether the following is a suspension (  ${\rm S}$  ) or colloid (  ${\rm C}$  ) when mixed with water.

\_\_\_\_\_1. Powdered milk

\_\_\_\_\_2. Gravel

\_\_\_\_\_ 3. Syrup

\_\_\_\_\_4. Sugar

5. Wooden chips

Directions: If you want to make coffee using powdered coffee, which of the following must you do? Put a check if the following apply.

1. Heat the water

2. Sprinkle the coffee powder and leave it to rest at the bottom of the glass.

3.Stir the coffee powder into the water

4. Freeze the water

5. Crush the coffee powder into smaller particles.

# Lesson 37: Observing that some solutes, when mixed with solvents, settle at the bottom.

### **Exercise B**

Directions: Determine whether the following is a suspension (S) or colloid (C) when mixed with water.

 1. Gravel

 2. Wooden chips

 3. Syrup

 4. Powdered milk

\_\_\_\_\_ 5. Sugar

Directions: If you want to make coffee using powdered coffee, which of the following must you do? Put a check if the following apply.

1. Stir the coffee powder into the water

2. Sprinkle the coffee powder and leave it to rest at the bottom of the glass.

\_\_\_\_\_ 3. Heat the water

4. Crush the coffee powder into smaller particles.

5. Freeze the water

## Lesson 38: Describing how some chemical substances can pollute land, water, and air. Describing the effects of polluted land, water, and air on people, animals, and plants.

### **Exercise** A

Directions: Put a  $\sqrt{}$  for activities that pollute the air, a X for those that pollute water, and O for land.

1. Kaingin \_\_\_\_\_

2. Throwing trash at the wrong place \_\_\_\_\_

- 3. Dynamite Fishing \_\_\_\_\_
- 4. Smoke Belching \_\_\_\_\_
- 5. Trash along the streets \_\_\_\_\_
- 6. Throwing trash at the river\_\_\_\_\_
- 7. Illegal logging \_\_\_\_\_
- 8. Oil spillage at sea \_\_\_\_\_
- 9. Not practicing Recyling of trash \_\_\_\_\_
- 10. Mining or quarrying \_\_\_\_\_

Directions: Answer the question below.

What can you do to reduce pollution in your school?

\_\_\_\_\_

## Lesson 38: Describing how some chemical substances can pollute land, water, and air. Describing the effects of polluted land, water, and air on people, animals, and plants.

### **Exercise B**

Directions: Write the letter of the correct answer.

- 1. When soil is polluted, which of these could be the result?
  - a. plant leaves are green
  - b. plant growth is stunted
  - c. plants grow healthier
- 2. When water is polluted, which of these could be the result?
  - a. Fish are poisoned and killed.
  - b. Plants living in water get healthier because they absorb the waste materials.
  - c. Fish in the river eat garbage.
- 3. How can motor vehicles pollute air?
  - a. They emit fog.
  - b. They emit mostly black dirty smoke.
  - c. They emit loud, grating noises.
- 4. Which of these makes the soil acidic?
  - a. decayed plants and animals
  - b. continuous use of fertilizers
  - c. too much water
- 5. When plants do not grow well on polluted land, the result is:
  - a. reduced food supply
  - b. healthier animals
  - c. more vegetables for food

Directions: Some chemical substances can pollute soil, water and air. Under each column, write 5 chemicals that cause pollution to land, water, or air.

Land	Water	Air
1. 2. 3. 4. 5.		

## Lesson 39: Stating that improper handling of some household substances can cause pollution.

### **Exercise** A

Directions: Encircle the letter of the correct answer.

- 1. Which of the following should you avoid touching to prevent poisoning?
  - a. mercury
  - b. drinking water
  - c. rubbing alcohol
- 2. Where should you throw a carton box?
  - a. Biodegradable garbage bin
  - b. Non biodegradable garbage bin
  - c. Either A or B
- 3. Which of the following can cause air pollution?
  - a. Oxygen
  - b. Plastic garbage
  - c. Carbon monoxide
- 4. How can you prevent water pollution?
  - a. Plant trees
  - b. Avoid throwing garbage near the water resources
  - c. All of the above
- 5. Which is not a land pollutant?
  - a. Garbage bags
  - b. Soil
  - c. Shampoo bottles

Directions: Answer the questions with a YES or a NO.

- 1. Is global warming bad for the environment?
- 2. Are landfills enough to stop land pollution?
- \_\_\_\_\_3. Are CFC's air pollutants?
- 4. Is kerosene dangerous to be handled carelessly?
- 5. Are Aluminum cans recyclable?

# Lesson 39: Stating that improper handling of some household substances can cause pollution.

## Exercise B

Directions: There are common household materials that can cause pollution. Opposite each chemical, tell how you can prevent them from polluting land, water, or soil.

Material	Ways in preventing pollution
1. Plastics	
2. Kerosene	
3. Insecticides	
4. Pesticides	
5. Grease	
6. Soap	
7. Empty bottle	
of shampoo	
8. Empty bottle	
of medicine	
9. Paint	
10. Hair Spray	

## Lesson 40:

# Describing the position of materials that have potential energy.

3.

9.

## Exercise A

Directions: Tell which object has potential energy













7.

10.









# Lesson 40: Describing the position of materials that have potential energy.

## **Exercise B**

Directions: Name ten objects / situations that show potential energy. Ex. A fruit that hangs on a tree branch has potential energy.

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10	

# Lesson 41: Describing the condition of materials that have kinetic energy.

Exercise A	Exercise B					
Directions: Write KE on the blanks beside the objects that have kinetic energy.	Directions: Put a check on the blank if the statement shows motion.					
1. Waterfall	1. the spoon on the top of the table					
2. A running car	2. the rotating blade of the electric fan					
3. Battery	3. the wheels of a moving car					
4. Volleyball at rest	4. a stone rolling down the hill					
5. An erupting volcano	5. a bicycle ridden by a girl					
6. A swimming fish	6. notebook in the bag					
7. Fruits	7. rolling skates					
8. Spoon on the table	8. gasoline in a drum					
9. Falling leaf on the ground	9. a food in a plate					
10. A boy kicking the ball	10. the kite flying in the sky.					

## Lesson 42: Differentiating potential energy from kinetic energy.

### **Exercise** A

Directions: Write KE if the statement demonstrates kinetic energy, PE if potential energy.

1. a candle on top of the altar \_\_\_\_\_

2. children running a race \_\_\_\_\_

3. a ball on top of the bed \_\_\_\_\_

4. a diver on the diving board \_\_\_\_\_

- 5. pouring rain \_\_\_\_\_
- 6. falling Ipil Ipil pods \_\_\_\_\_
- 7. waterfalls \_\_\_\_\_
- 8. books on the table \_\_\_\_\_
- 9. trashcan in the streets\_\_\_\_\_

10. a turning diver\_\_\_\_\_

## Lesson 42: Differentiating potential energy from kinetic energy.

### **Exercise** A

Directions: Tell whether there is energy in motion or energy at rest. List down in the table where each activity belongs.

1.	an unlit candle	6.	falling Ipil – Ipil pods
2.	boys running a race	7.	waterfalls
3.	stone on the top of the hill	8.	books on the table
4.	diver on the board	9.	needle in a box

5. the rain

10. woman sewing a cloth

Energy at rest	Energy in motion

## Lesson 43: Showing that kinetic energy makes a material work or move.

### **Exercise** A

Directions: Put a Check on the blanks beside the situations which demonstrate movement.

- \_\_\_\_\_1. a bag on the floor.
- 2. a ball falling down the ground.
- \_\_\_\_\_\_3. the wheel of a parked car.
- \_\_\_\_\_4. a boy running on the street.
- 5. a marble rolling on the table.
- \_\_\_\_\_6. the rotating blade of the electric fan.
- \_\_\_\_\_7. book being pushed by a girl.
- 8. a carabao pulling the bamboo cart.

### 9. a closed door.

\_\_\_\_\_10. food stored in the refrigerator.

# Lesson 43: Showing that kinetic energy makes a material work or move.

## **Exercise B**

Directions: Put a check on the following pictures that show movement.



## Lesson 44: Demonstrating that work is a way of changing energy

### **Exercise** A

Directions: Identify the following Write your answers on the blank beside each number.

- 1.
   \_\_\_\_\_\_\_ is the capacity to do work.

   2.
   All moving objects have \_\_\_\_\_\_\_.

   3.
   Kinetic energy depends upon the \_\_\_\_\_\_ and \_\_\_\_\_

   4.
   of an object.
  - 5. The exertion of force that results in the movement of an object through a distance.

Directions: Look at the picture. Tell the ways by which work can be done to the object.







9.



## Lesson 44: Demonstrating that work is a way of changing energy

#### **Exercise B**

Directions: Fill in the blanks with the correct word or words.

- 1. The push or pull that makes things move is called \_\_\_\_\_\_.
- When you walk on the ground, your feet push down. At the same time, the ground pushes up. This is an example of \_\_\_\_\_\_ forces.
- A moving object will keep moving while a still object will remain still. This is called \_\_\_\_\_\_.
- 4. A ball is on the table. You can make it move by applying \_\_\_\_\_ on it.
- 5. A ball is rolling. You can stop it when you apply \_\_\_\_\_ on it.

Directions: How can you make each object move? Write push, pull, or push and pull on the blank.

- 6. Kicking the ball \_\_\_\_\_
- 7. Flower Vase on top of the table \_\_\_\_\_
- 8. Door \_\_\_\_\_
- 9. Yoyo \_\_\_\_\_
- 10. Top \_\_\_\_\_

## Lesson 45: Identifying conditions when friction occurs to resist motion.

## **Exercise A Exercise B.** Directions: On the blanks, draw ③ if the Directions: Fill in the box to make the statement / word resist motion and $\mathfrak{S}$ if it does statement correct. not. is what resists motion. 1. moving car on a slippery road Directions: How can you create friction? Tell and Draw two ways. 2. weight 1. 3. contact of two heavy objects 4. shoes and slippers that have spikes 5. two rough surfaces 2. 6. walking on newly cleaned floor 7. road with humps 8. brakes of the bicycle 9. smooth objects

10. sandpaper

## Lesson 46: Comparing how objects move on different surfaces.

### Exercise A

Directions: Using the given objects below, identify whether they are smooth or rough then put them under the proper box then check if they increase or decrease friction.

Smooth surface	Increase	Decrease
Ex. Wet floor		
Rough surface	Increase	Decrease
8		

Linoleum

Mirror

Sand paper

Floorwax

Shoes with spikes Stone / rocks

Rough roads

## Lesson 46: Comparing how objects move on different surfaces.

#### **Exercise B**

Directions: Write T if the statement is correct, F if it is not.

- 1. The amount of friction depends on the kind of materials in contact.
- 2. It is easy to push a box on a rough surface than on a smooth surface.
- 3. Mirror has a smooth surface.
  - 4. It is better to wear shoes or slippers with rough soles to avoid slipping.
- \_\_\_\_\_ 5. Objects move faster on smooth surfaces because smooth surfaces have less friction and less resistance to a moving object.
  - 6. Brakes help the car stop when needed.
- 7. Objects move with the same ease on a rough or smooth surface.
- 8. Applying floor wax makes a surface rough.
- 9. Rough surfaces increase friction.
- 10. It is easier to travel on a rough surface then on a cemented road.

## Lesson 47: Inferring that rough surfaces increase friction.

Exercise A	10. rubbing alcohol on the palms of the
Directions: Which situations tend to increase friction? Put a check on the blank before the number.	hands Exercise B
1. applying grease to the hinge of the	Directions: Do the following.
door	1. Get an object with a rough surface.
2. walking on a path covered with the sand and pebbles	<ol> <li>Cover <sup>1</sup>/<sub>2</sub> portion of the object with plastic sheet or wax paper.</li> </ol>
3. using shoes with spikes	3. Push 2 similar wood blocks at the same time on top of the object, one on the uncovered
4. applying floor wax on the floor	surface and the other on the covered surface.
5. rubbing sand paper on a piece of wood	Directions: Answer the following questions:
6. putting oil on pedal chains	a. Where did the wood move easily?
7. wiping the glass with tissue paper	b. What kind of surface did it move slowly?
8. put grooves to a flashlight	
9. crumpling a sheet of paper	

## Lesson 48: Describing the condition necessary for producing heat.

### Exercise A

Directions: Find the words in puzzle which are necessary for producing heat.

Т	F	E	0	Χ	Y	G	E	N	M	0	Ι	S
Ι	U	Μ	Μ	A	Ν	U	E	F	J	Ο	S	E
Η	E	Α	Τ	Ο	Μ	Ο	L	R	0	S	Η	Р
Μ	L	E	L	E	С	Τ	R	Ι	С	Ι	Т	Y
0	S	J	E	Τ	Η	E	A	C	L	Ο	V	R
Τ	E	R	Μ	A	Ζ	C	R	Τ	L	Y	G	R
Η	E	U	Ν	Ι	С	E	Ι	Ι	A	C	E	С
Y	Κ	Ι	Ν	G	D	A	V	Ο	Ι	D	E	S
G	A	R	C	Ι	A	Η	C	N	G	U	R	Ι
K	Ι	N	D	L	Ι	N	G	P	0	Ι	N	Τ

Directions: Identify the following terms.

- 1. F  $\_$  c  $\_$  o n and Ele  $\_$  tr  $\_$  ci  $\_$  produce heat.
- 2. F \_\_\_\_e\_\_\_s are materials which may be burned to produce heat.
- Continuous and enough supply of ox \_\_g \_\_, enough to raise the fuel to its ig \_\_ i \_\_ ion p\_\_\_ nt is necessary to make fuels burn and produce h \_\_ t.

## Lesson 48: Describing the condition necessary for producing heat.

### **Exercise B**

Directions: Complete the missing letters to form the correct terms.

1. F \_\_\_\_e \_\_\_ s

- 2. H\_\_\_t
- 3. El\_ct\_\_ty
- 4. F \_\_\_\_\_ ti \_\_\_ n
- 5. O \_ y \_ \_ n
- 6. K \_\_\_\_\_ dli \_\_\_\_ p \_\_\_ in \_\_\_

Directions: Define the following:

7. Fuels - \_\_\_\_\_

8. Friction -\_\_\_\_\_

9. Kindling Point -

10. Heat -\_\_\_\_\_

## Lesson 49: Observing that heat transfers from a hot to a cold body.

### Exercise A.

Directions: Do the following experiment.

You need: spoon hot water bowl

What to do:

- 1. Put some water into the bowl.
- 2. Put the metal spoon into the bowl of hot water.
- 3. Observe, answer the following questions:

a. Did the bowl's temperature change as the hot water was poured into it? \_\_\_\_\_

b. Did the metal spoon's temperature change when you dipped it in the bowl with hot water? \_\_\_\_\_

c. What caused the bowl to become hot?

- d. How about the spoon? \_\_\_\_\_
- e. So, was there a transfer of heat?

Directions: Give the three methods of heat transfer

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## Lesson 49: Observing that heat transfers from a hot to a cold body.

### **Exercise B**

Directions: Write True if the statement is true, False if it is not.

 1. Heat is caused by rapidly moving molecules.
 2. Heat can also transfer by waves through space.
 <ul> <li>3. Heat can only be transferred in solids.</li> <li>4. A stone under the sun becoming warm is an example of heat transferred from a hot to cold body.</li> </ul>
5. Complexitientics and the distribution through the model from the state of the st

5. Conduction is a method of heat being transferred from molecule to molecule

Directions: Draw an illustration showing the movement of heat from hot to cold body.


## Lesson 50: Explaining how heat is produced during the energy transformation.

### **Exercise** A

Directions: Complete the words to make the statements correct.

1. H\_\_\_\_t is produced from many kinds of fuel. It travels from an area of higher temperature to an area of lower temperature.

- 2. When stored energy is reactivated com\_\_\_\_t\_o \_\_could possibly occur.
- 3. When heat is transferred through a material, the process is called  $c_{0} d_{c} c_{0}$  on.
- 4. The energy emitted from a source in the form of rays or waves (e.g. heat, light, or sound) is called ra \_\_\_\_\_ ia \_\_\_\_ ion.
- 5. When heat is transferred because of temperature difference, the process is called c\_\_nve\_\_ t\_\_on.

Directions: Use the following devices, observe how energy changes. Ex. Oven toaster  $\longrightarrow$  electrical energy to heat.

lamp
electric fan
toy car
clock
calculator

## Lesson 50: Explaining how heat is produced during the energy transformation.

### **Exercise B**

Directions: Fill in the boxes to get the word that would make the statement correct.



is produced from many kinds of fuel. It travels from an area of higher temperature to an area of lower temperature.

2. When stored energy is reactivated,



3. The energy emitted from a source in the form of rays or waves (e.g. heat, light, or sound)



4. When heat is transferred through air space the process is called



5. When heat is transferred because of temperature difference, the process is called:



3. bicycle

Directions: Use the following devices observes how energy changes. Ex. Oven toaster electrical energy to heat.

\_\_\_\_\_

- 1. cassette recorder \_\_\_\_
- 2. refrigerator
- 4. television
- 5. jeepney

# Lesson 51: Describing the change in physical / chemical state of an object caused by heat.

Exercise A	Exercise B
Directions: Write A if it is caused by takin in heat and N if it does not.	Directions: Write P if it is a physical change and C if a chemical change.
1. Cool air in an air-conditioned	1. boiling water
room.	2. fried fish
2. Freezing water	3. burning paper
3. Boiling water	4. stretching rubber
4. Ice candy	5. cooking leche flan
5. Melting candle wax	6. burning railroad tires
6. Boiled eggs become hard.	7. bending of wire using fire.
7. Change in color of cooked shrimps.	8. burning candle
8. Cold food in refrigerator.	9. melting ice
9. Pork becomes soft after boiling.	10. boiling egg
10. Ice cream	

# Lesson 52: Showing how heat travels by conduction from hot to cool bodies.

### **Exercise** A

Directions: Rearrange the letters to form the mystery word.

### DUTCONCION: \_\_\_\_\_

Directions: Perform the following experiment:

You need: 3 glasses warm water cold water hot water spoon

What to do:



- a. Take note of the different temperatures in each glass.
- b. Pour the water in glass B to glass C. What happened to glass C?
- c. Dip a spoon into a cup of hot water? What happened to the spoon, is the spoon hot or cold?
- d. How does the heat travel in solids?

# Lesson 52: Showing how heat travels by conduction from hot to cool bodies.

### **Exercise B**

Directions: Observe as the teacher will perform the following experiment.

You need: candle spoon

What to do:

- 1. Light the candle.
- 2. Hold a spoon over the flame for two to three minutes.

Answer the following:

a. What do you think happened to the temperature of the spoon?

b. What caused the temperature change of the spoon?

c. When you leave a spoon in a bowl of hot soup, the spoon will become hot.How does the heat travel in the spoon? \_\_\_\_\_\_

Directions: Rearrange the letters to from the mystery word.

DUTCIONCON:\_\_\_\_\_

### Lesson 53: Showing that heat travels by radiation through space.

### **Exercise** A

Directions: Rearrange the letters to form the mystery words:

- a. TIONVECCON-\_\_\_\_
- b. RIONAIDTA-\_\_\_\_

Directions: Write C if heat transfer through Convection R if through radiation.

- 1. Clothes in the clothesline.
- \_\_\_\_\_2. Microwaving chocolate doughnuts.
- \_\_\_\_\_3. Ironing clothes.
  - 4. Broiling of barbecue over charcoal.
- \_\_\_\_\_5. Feeling warm under the sun.
- 6. A fireplace making a room warm.
- \_\_\_\_\_7. Roasting lechon.
- 8. A room becomes warm when you turn off the electric fan.

### Lesson 53: Showing that heat travels by radiation through space.

### Exercise B

Directions: Perform the following experiments.

Α.

You need:	spoon metal wire wood, water, beaker or drinking glass, tripod(if available) paper, mongo seed wire gauzes
What to do:	
	1. Place each object in the sunlight for one hour.
	2. After an hour, feel the objects. Are they warm?
	3. What caused the increase in the temperature of each object?
	4. Based on your activity, In what way does heat travel?
	5. Why do all things under the sun feel warm?

B. You need: alcohol lamp, tripod, wire gauze, beaker

- 1. Fill <sup>3</sup>/<sub>4</sub> of the beaker with water.
- 2. Put mongo seeds into the beaker with water.
- 3. Exercise up the alcohol lamp, tripod and wire gauzes.
- 4. Allow the water to boil. Observe what happen.

\* if these materials are not available, you can ask an adult to use a pan, fill it with some water, put the mongo seeds in the pan then allow the water to boil. Observe what will happen.

Directions: Answer the following questions:

- 1. Describe the movement of the mongo seeds?
- 2. Why did the mongo seed move that way?

Directions: Rearrange the following letter to form the mystery words:

- 1. VECCONTION-\_\_\_\_
- 2. NAIDRIOT-\_\_\_\_

## Lesson 54: Describe Ways of Preventing Fire

### **Exercise** A

Directions: Put a check mark on the blank before the number if the practice will prevent fire.

- 1. Keep flammable materials, such as paper, curtain and clothes away from a stove or lighted candle.
  - 2. Turn on television or other appliances for long hours.
  - 3. Avoid overloading an electrical outlet.
  - 4. Put out flame from the candle before going to bed.
  - 5. Allow children to play with matchsticks.
    - 6. Examine LPG tanks regularly for leaks.
  - 7. Repair faulty electrical wires.
  - 8. Use safe and non-flammable cleaning fluids at home.
  - 9. Be sure to turn the LPG tank off before you leave it.
    - 10. Worn out electric wires and outlets should be repaired or replaced immediately.

#### **Describe Ways of Preventing Fire** Lesson 54:

### **Exercise B**

Directions: Look at the pictures below. Put a check mark on the picture if the following practices will prevent fire.







Fire station: 639-6688

8.

Hospital: 541-6413





### Lesson 55: Describes condition necessary in putting out fire. Follow safety rules / emergency measures in case of fire.

### **Exercise** A

Directions: Interview a fireman nearest to your town / Barangay ( You could also ask your parents if there is no fireman available). Accomplish the lists below.

A. List 5 ways in putting out fire.

#### **Exercise B**

Directions: Answer the following questions correctly.

1. What are the ways you can do to prevent fire?

2.	What are the safety rules you can do in case
	of fire?
	2.

## Lesson 56: Demonstrating how excessive land manipulation causes soil erosion

#### **Exercise** A

Directions: Perform the experiment correctly.

You need: Shallow dish or pan Soil Block of wood Sprinkle Water Rubber Gloves Catch basin

- 1. Wear gloves. Make a mud mound on shallow or pan.
- 2. Moisten and mold the mound and make a small hill.
- 3. Place a block of wood under the pan. This will make the mound's slope steeper.
- 4. Use a sprinkle to water the mound. Describe the appearance of the mound?
- 5. What happens to the soil and rock particles when carried away or eroded by flowing water?
- Looking at the mountains that have no more trees due to illegal logging, how could rain/water worsen soil erosion?

## Lesson 56: Demonstrating how excessive land manipulation causes soil erosion

### **Exercise B**

Directions: Perform the experiment.

- You need: An Electric fan Old newspaper Dry sand Cover of biscuit box
- 1. Place the dry sand in the cover of a biscuit box.
- 2. Turn on the electric fan over the soil.
- 3. Observe what happens.
  - a. What happens to the soil when the electric fan was turned on?

- b. Where does the soil particle go?
- c. How is soil carried away?

How does wind worsen soil erosion?

d. How does strength of wind affect soil erosion?

### Lesson 57: Describing how people and animals cause soil erosion.

#### **Exercise** A

Directions: Elaborate more on how the following human activities could cause weathering of rocks and soil erosion.

- a. Road construction =
- b. Cutting of tree =
- c. Mining =
- d. Painting =
- e. Quarrying =

**Exercise B** 

Directions: Describe how the following activities can cause erosion.

- 1. Farming
- 2. Mining
- 3. Cutting trees
- 4. Using dynamite
- 5. Construction of roads
- 6. Kaingin
- 7. Illegal logging
- 8. Quarrying

## Lesson 58: Explaining how erosion affects the condition of the soil

### Exercise A

Directions: Study the picture below. Identify the following then write the descriptions/functions of each layer below the picture.

1.     2.     3.
Top soil
Sub soil -
Bedrock -
Directions: Answer the following correctly.
1. How does erosion affect the condition of the soil?
2. Give 5 examples through which erosion affects the condition of the soil.
a b.
C.
d
e

## Lesson 58: Explaining how erosion affects the condition of the soil

### Exercise B

Directions: Study the picture below. Identify the following then write the descriptions/functions of each layer below the picture.



Directions: Explain the function and description of the answers to Part I.

What does the erosion do to the soil?

Directions: Give 5 effects of erosion to humans.

a. \_\_\_\_\_

- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

## Lesson 59: Identifies the different ways of preventing soil erosion.

### Exercise A

Directions: Using a line, Match the descriptions in column A to the word/s being described in column B.

	Column A		В
1.	trees and other plants are	a.	planting Trees
	planted to deflect air currents		
2.	ridges on the	b.	ripraps
	hillside that slow downs the flow		
	of water and prevent soil erosion		
3.	plant and crops are planted	c.	crop rotation
	across the slope of the land to slow		
	down the flow of water and prevent		
	soil erosion		
4.	allows vegetation such as grass to	d.	contour farming
	continue growing in certain parts of the		
	grazing field		
5.	Planting of different crops on a particular	e.	terracing
	area at different times.		
6.	Plants are planted in bare areas.	f.	strip cropping
7.	Allows water to be absorbed by their roots.	g.	cover cropping
	Absence of this can cause landslide		
	and floods.		
8.	Two types of crops are planted in	h.	ponds
	alternating rows.		
9.	Stones cemented in steep slopes	i.	keeping grazing
	of land laid together to prevent landslides.	an	imals far apart
10.	An enclosure that collects water.	j.	wind beakers

## Lesson 59: Identifies the different ways of preventing soil erosion.

### **Exercise B**

Directions: Identify and describe the following.

- 1. strip cropping
- 2. contouring
- 3. terracing
- 4. field and gully planting
- 5. wind beaker
- 6. crop rotation
- 7. crop cover
- 8. ponds
- 9. ripraps
- 10. planting trees

### Lesson 60: Describing how forests prevent soil erosion.

#### **Exercise** A

Directions: Perform the experiment.

You need: rectangular trays soil samples sprinkle with water grasses or plants

What to do:

- 1. Fill the 2 rectangular trays with the same amount and kind of soil.
- 2. Put grass or plants on one tray.
- 3. The other with no grass or plants.
- 4. Sprinkle the same amount of water to both trays.
- 5. Which tray has more soil left?

Directions: Give evidences that forests can prevent soil erosion.

- 8.
- 9.
- 10. \_\_\_\_\_

## Lesson 60: Describing how forests prevent soil erosion.

#### **Exercise B**

Directions: Answer the questions correctly.

1. What is the reason why we need to plant trees, not only in the forest, but even in our own school and yard?

2. How do forests prevent soil erosion?

### Lesson 61: Demonstrate how to prevent soil erosion

Directions: Perform the experiment and answer the questions that follow.

You need: 3 plastic cups Mongo seed Grass Soil

What to do:

- 1. Put about the same amount of soil in the 3 plastic cups.
- 2. Plant the grass in one cup and the Mongo seed in another.
- 3. Water all 3 cups for a week.
- 4. Remove the soil from the cups and place on an area where it is visibly elevated (pulling the plants out / cutting or tearing the cups).
- 5. Continue watering the mounds of soil for a week while observing the height of the 3 mounds.
- 1. Which of the three mounds lost the most amount of height? The least?
- 2. Relate this to forest and the effects if deforestation.

# Lesson 62: Inferring that weather elements affects daily weather condition.

### **Exercise** A

Directions: Rearrange the letters to form the mystery words. Write them on the boxes.



Directions: Answer the question correctly.

How do the weather elements affect daily weather condition?

# Lesson 62: Inferring that weather elements affects daily weather condition.

### **Exercise B**

Directions: Rearrange the letters to form the mystery words. Write them on the boxes.



### Lesson 63:

## Observing how clouds are formed.

### **Exercise** A

Directions: Study the illustration below then answer the questions.



1. Describe how clouds are formed.

2. Explain why cloud formation is important?

Directions: Give the 4 types of clouds.

- 1. \_\_\_\_\_
- 2.\_\_\_\_\_
- 3. \_\_\_\_\_

## Lesson 63: Observing how clouds are formed.

### Exercise **B**

Directions: Study the illustration below then answer the questions.



Show in general how clouds are formed:

What is the importance of having clouds, what will happen if they don't exist?

Directions: Give the 4 types of clouds.

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4.

## Lesson 64: Demonstrate how air temperature is measured using a thermometer.

### **Exercise** A

Directions: Perform the experiment then answer the questions that follow.

You need:

matchsticks	candle	thermometer
shoe box	cardboard	
cutting materials	ice cubes	

Procedure:

- 1. Cut a line that runs through the middle of the shoebox cover and insert a piece of cardboard in the hole to divide the inside of the box into two sections.
- 2. Punch a hole on opposite sides of the shoebox cover
- 3. Place ice cubes on one side of the inside of the shoebox and a cup with hot water on the other side.

Ο

Ο

4. Place a thermometer on one hole and record the temperature. Do the same for the other.

5. At what side is the temperature higher?

6. Create a diagram showing that cold air sinks and warm air rises, place arrowheads in the diagram to show the path of air.

# Lesson 64: Demonstrate how air temperature is measured using a thermometer.

#### **Exercise B**

Directions: Perform the experiment.

You need: 2 thermometers (you can work in pairs, each one will bring a thermometer)

What to do:

- 1. Place one thermometer inside the shoebox and the other outside the shoebox.
- 2. Record the thermometer readings every 30 minutes.
- 3. Complete the chart below based on your findings.

Time	Inside the shoebox	Outside the shoebox
8:30 a.m.		
9:00 a.m.		
9:30 a.m.		
10:00 a.m.		
10:30 a.m.		

Directions: Answer the following.

- 1. The hotness or coldness of an object is called .
- 2. An instrument used to measure temperature is called \_\_\_\_\_\_.
- 3. Does the temperature change during the day? \_\_\_\_\_.
- 4. How did the temperature inside the shoebox change throughout the day?
- 5. At what time of the day is the air warmest inside the shoebox?
- 6. How about outside the shoebox, what time of the day is the air warmest?
- 7. Which has a cooler temperature, the inside of the shoebox or the outside of the shoebox?

### Lesson 65: Recording air temperature reading in chart form.

#### **Exercise** A

Directions: Perform the experiment.

#### You need:

Laboratory thermometer or a simple thermometer when this will be done at home

What to do:

- 1. Observe and record the daily temperature for one week.
- 2. Complete the chart below.

#### The Air Temperature Chart

Date/Day	Ti	me	Temperatur	e for the Day
Ex. Dec. 1/ Mon	A.M.	P.M.	A.M.	P.M.
	7:00	3:00	28°C	29.5°C
1.				
2.				
3.				
4.				
5.				
6.				
7.				

Directions: Answer the following questions.

- 1. What day has the lowest air temperature? \_\_\_\_\_\_.
- 2. What is the lowest temperature reading? \_\_\_\_\_\_.
- 3. What day has the highest air temperature? \_\_\_\_\_\_.
- 4. What is the highest temperature reading? \_\_\_\_\_\_.
- 5. Is air temperature the same at all times?

## Lesson 65: Recording air temperature reading in chart form.

### **Exercise B**

Directions: Perform the experiment.

You need: Laboratory thermometer, or a simple thermometer when this will be done at home

- 1. Observe and record the daily temperature for a week.
- 2. Complete the table below:

Date/Day	Time	Temperatur	e for the Day
1.			
2.			
3.			
4.			
5.			
6.			
7.			

Directions: Answer the following questions.

1. What day has the highest air temperature?

2. What is the highest temperature reading?

3. What day has the lowest air temperature?

4. What is the lowest temperature reading?

5. Is air temperature the same at all times?

# Lesson 66: Comparing air temperature readings in different weather conditions.

### **Exercise** A

Directions: Using the bar graph below, answer the following questions:



- 1. Which day has the highest temperature?
- 2. Which day has the lowest temperature?

.

- 3. What is the difference between the lowest and the highest temperature?
- 4. During which day is the temperature 20°C?
- 5. What is the difference between the temperature on Monday and Thursday?

## Lesson 66: Comparing air temperature readings in different weather conditions.

### **Exercise B**

Directions: Using the line graph below, answer the following questions:



- 1. Which day has the lowest temperature?
- 2. Which day has the highest temperature?
- 3. What is the difference between the lowest and the highest temperature?
- 4. During which day is the temperature 20°C?
- 5. What is the differenc between the temperature on Thursday and Saturday?

# Lesson 67: Interpreting the weather condition from air temperature reading.

### **Exercise** A

Directions: Study the table below

### The Air Temperature

Day	Temperature		
	8:00 a.m.	2:00 p. m.	
1. Monday	26.5°c	31.5°c	
2. Tuesday	28.5°c	32.1°c	
3. Wednesday	24° c	24°c	
4. Thursday	27°c	30°c	
5. Friday	30°c	32°c	
6. Saturday	22°c	28°c	
7. Sunday	31°c	33°c	

Directions: Write T if the statement is true and F if the statement is false.

1. Sunday morning at 8:00 a.m. is a sunny day.

- 2. The highest temperature recorded is 32.1°c.
- 3. It is best to wear a jacket on Monday afternoon.
- \_\_\_\_\_4. Wednesday has the lowest temperature during the week.

# Lesson 67: Interpreting the weather condition from air temperature reading.

### **Exercise B**

Directions: Study the table below and answer the questions that follow.

Day	Temperature		
1. Monday	<b>8:00 a.m.</b> 25.5°c	<b>2:00 p. m.</b> 29.5°c	
2. Tuesday	28.5°c	31.5°c	
3. Wednesday	26.5° c	32°c	
4. Thursday	28°c	31.5°c	
5. Friday	27°c	30°c	
6. Saturday	25°c	31°c	
7. Sunday	24.5°c	33.5°c	

#### The Air Temperature

Directions: Write T if the statement is true and F if the statement if it is false.

1. Sunday morning is a sunny day.

- 2. The highest temperature recorded was 32°c.
- 3. The temperature on Thursday at 8:00 a.m. was 28°c.
- 4. When should you wear a jacket, in the morning on Thursday?
- 5. The lowest temperature was recorded on Friday afternoon.
- Directions: In general what do you notice about the temperature everyday? (Comparing 8:00 a.m. with 2:00 p.m.)

### Lesson 68: Observing changes in wind speed and direction

### Exercise A

Directions: Study the chart.

Date	Time	Wind Speed	Wind Direction
May 22	9:00 a.m.	Gentle	Northwest
	4:00 p.m.	Moderate	Northwest
May 23	9:00 a.m.	Moderate	East
	4:00 p.m.	Strong	East
May 24	9:00 a.m.	Moderate	West
	4:00 p.m.	Light	Southwest

Direction: Draw a smiling face (  $\bigcirc$  ) if the sentence is true and a frowning face (  $\bigcirc$  ) if the sentence is false.

1. The weather in one place may differ from the weather in another place.

- 2. The temperature of air can change suddenly.
- 3. A wind vane tells the speed of the wind.
- 4. The wind speed on May 22 at 9:00 a.m. is gentle.
- \_\_\_\_\_ 5. May 24 is the best day for kite flying.

### Lesson 68: Observing changes in wind speed and direction.

### Exercise B

Directions: Study the chart.

Date	Time	Wind Speed	Wind Direction
May 25	8:00 a.m.	Moderate	Southwest
	3:00 p.m.	Light	West
May 26	8:00 a.m.	Moderate	East
	3:00 p.m.	Strong	Northwest
May 27	8:00 a.m.	Moderate	East
	3:00 p.m.	Gentle	Northwest

Directions: Answer the following questions.

- 1. Does the wind speed remain the same throughout the day?
- 2. Does wind direction remain the same throughout the day?

Directions: Write T if the sentence is true and F if the sentence is not.

- 1. The temperature of air can change suddenly.
- 2. The weather in one place may differ from the weather in another place.
- 3. The wind speed on May 27 at 8:00 a.m. is gentle.
- \_\_\_\_\_4. May is the good month for swimming.
- 5. The wind vane tells direction of the wind.

### Lesson 69: Constructing instruments to measure wind speed and direction.

#### **Exercise** A

Directions: Perform the following activities.

You need:

4 small ice cream cups (one cup with a different color) 2 wooden rods of the same size Wooden support

#### I. Anemometer

- 1. Nail the cups to the ends of the two rods or sticks.
- 2. Drill a hole on top of the wooden support and on the center of the rods. The holes should be bigger than the nails to be used to put them together.



Insert a nail in the holes to put the rods and the wooden support together. Using candle drippings, wax the inside of the holes and the nail to reduce friction.



- 3. Set up your improvised instrument outside the classroom.
- 4. Count the number of revolutions the instrument makes.
  - a. How many spins did it make for 2 minutes?
  - b. How many spins did it make for 3 minutes?
  - c. How many spins did it make for 4 minutes?
  - d. How many spins did it make for 5 minutes?
  - e. How many spins did it make for 10 minutes?

### Lesson 69: Constructing instruments to measure wind speed and direction.

#### **Exercise B**

Directions: Perform the experiment.

You need: 1 arrow – shaped pointer made of thick board 2 straws 1 rod or stick thumb tacks

Do the following:

1. Attach a short straw to the arrow-pointer. Then attach the straw on the stick using thumb tacks. Be sure that the straw is bigger than the rod / stick to allow free movement.



- 2. Plant the instrument firmly on high ground. Mark the four general direction: North, East, South and West. Use a compass to align the north side.
- 3. Observe how the arrow moves.

Time	Wind Direction	
9:00 a.m.		
12:00 noon		
2:00 p.m.		
2:30 p.m.		
3:00 p.m.		
## Lesson 70: Measuring and recording wind speed and direction.

Directions: Using the improvised wind vane and anemometer, observe the wind speed and wind direction for one week. Record your observation on the chart below.

Day	Wind Speed	Wind Direction
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

#### Wind Speed and Wind Direction Chart

Directions: Answer the following questions.

- a. When did the cups move slowly?
- b. When did the cups move fast?
- c. Does wind speed always change?
- d. Where did the wind vane point on Thursday?
- e. Does wind direction always change?

# Lesson 71: Inferring that weather elements may vary at different locations at the same time.

## **Exercise** A

Directions: Refer to the weather chart below in answering the questions that follow.

Variables	Monday	Tuesday	Wednesda	y Thursday	Friday
1. Time	10 a.m.	10 a.m.	10 a.m.	10 a.m.	10 a.m.
2. Wind Speed	Moderate	Light	Light	Moderate	Strong
3. Temperature	30°c	33°c	32°c	28°c	22°c
4. Wind Direction	East	East	North	Northeast	East
5. Sky	Clear	Clear	Cloudy	Cloudy	Dark
6. Rain	None	None	None	Shower	Strong

Weather Report in Northern Luzon

#### Weather Report in Eastern Visayas

Variables	Mon.	Tues.	Wed.	Thurs.	Fri
1. Time	10 a.m.	10 a.m.	10 a.m.	10 a.m.	10 a.m.
2. Wind Speed	Slow	Moderate	Moderate	Light	Fast
3. Temperature	27°c	28°c	20°c	21°c	22°c
4. Wind Direction	North	East	East	East	North East
5. Sky	Partly cloudy	Partly cloudy	Cloudy	Cloudy	Clear
6. Rain	None	None	Shower	Shower	None

Directions: Answer the following questions.

- 1. What was the temperature reading last Monday in Northern Luzon?
- 2. Was the temperature last Monday in Northern Luzon the same with that in eastern Visayas?

- 3. What was the wind direction in Northern Luzon last Friday?\_\_\_\_\_
- 4. What was the wind direction in Eastern Visayas last Tuesday?\_\_\_\_\_
- 5. What was the temperature reading last Friday in Eastern Visayas?
- 6. Was the temperature last Friday in Northern Luzon the same with that in Eastern

Visayas?\_\_\_\_\_

- Was the sky clear or cloudy in Eastern Visayas Last Wednesday? How about in Northern Luzon?\_\_\_\_\_
- 8-10 What can you infer about the weather elements observed in two

different places at the same time?\_\_\_\_\_

# Lesson 71: Inferring that weather elements may vary at different locations at the same time.

## **Exercise B**

Directions: Refer to the weather chart below in answering question that follow.

			Variables			
Date	Time	Wind Speed	Temperature	Wind Direction	Sky F Clear	Rain
Mon.	9:00 a.m.	Strong	24°c	Southeast	Cloudy	Rain Shower
Tues.	9:00 a.m.	Light	30°c	North	Clear	None
Wed.	9:00 a.m.	Moderate	28°c	East	Clear	None
Thurs.	9:00 a.m.	Light	31°c	East	Cloudy	None
Fri.	9:00 a.m.	Strong	26°c	Northwest	Cloudy	Strong Rain

## Weather Report in Central Luzon

## Weather Report in Central Visayas

			Variables			
Date	Time	Wind Speed	Temperature	Wind Directior	Sky Clear	Rain
Mon.	9:00 a.m.	Moderate	28.5°c	North	Partly cloudy	Rain shower
Tues.	9:00 a.m.	Slow	26°c	East	Cloudy	Rain
Wed.	9:00 a.m.	Strong	23°c	East	Cloudy	Strong rain
Thurs.	9:00 a.m.	Moderate	30°c	Northeast	Clear	None
Fri.	9:00 a.m.	Light	32°c	East	Clear	None

Directions: Answer the following questions.

- 1. What was the temperature reading last Friday in Central Visayas?
- Was the temperature last Wednesday in Central Visayas the same with that in Central Luzon?\_\_\_\_\_

3. What was the wind direction of central Visayas last Monday?\_\_\_\_\_

4. What was the wind direction of Central Luzon last Thursday?\_\_\_\_\_

- 5. What was the temperature reading last Thursday in Central Visayas?\_\_\_\_\_
- Was the temperature last Tuesday in Central Luzon the same with that in Eastern Visayas?\_\_\_\_\_
- 7. Was the sky clear or cloudy in Central Luzon last Tuesday?

How about in Central Luzon?\_\_\_\_\_

8-10 What can you infer about the weather elements observed in two

different places at the same time?

## Lesson 72: Using a model to show how the earth rotates on its axis.

### **Exercise** A

Directions: Perform the experiment then answer the questions that follow.

What you need:

globe flashlight pin

What to do:

- 1. Place the globe on the table. Mark the Philippines on it by sticking a pin on it or just putting any mark on it of you are not allowed to punch the globe.
- 2. Turn the globe slowly and let the flashlight shine on one side of the globe. The flashlight represents the sun.
- 3. Observe and describe the earth's rotation.
- a. What does the globe represent?
- b. How did the globe move?
- c. Where did it move?
- d. Did it move away from its place?\_\_\_\_\_
- e. Did it turn around in its place?
- f. What do you call the turning around in its place?

# Lesson 72: Using a model to show how the earth rotates on its axis.

### **Exercise B**

Directions: Draw how the earth rotates in its axis.



# Lesson 73: Earth's rotation

Exercise A	Exercise B
Directions: Write T to those statements that are true and F to those that are false.	Directions: Write T if the statement is true and F if it is false.
1. The earth rotates on its axis.	1. The earth makes 26 rotations in a month.
2. The earth stops rotating after 6 hours.	2. The earth rotates on its axis.
3. One complete rotation of the earth is done in 24 hours or one day.	13. The earth stops rotating after 6 hours.
4. The earth makes 26 rotations in a month.	4. One complete rotation of the earth is done in 24 hours or one day.
5. The earth does not stop rotating.	5. The earth does not stop rotating.

# Lesson 74: Show that the Earth's rotation on its axis causes day and night.

#### **Exercise A**

Directions: Write the letter of the correct answer.

1. During daytime we can see the

a. sun b. moon c. stars

2. The movement of a body about its axis..

a. revolution b. rotation c. equinox.

3. A day is made up of

a. 12 hours b. 30 days c. 24 hours

4. Earth rotate on its \_\_\_\_\_\_ a. axis b. equator c. orbit

5. The places on earth that is at the opposite side of the light source experiences

a. night b. day c. sun exercise

Directions: Write T if the statement is true write F if the statement if false.

1. Earth's rotation causes day and night.

2. Earth rotates on its orbit.

3. When a place faces the sun, it experience daytime.

4. When a place does not face the sun, it experience nighttime.

5. The number of hours for Friday is not the same as that for Sunday.

#### **Exercise B**

Directions: Write the letter of the correct answer.

 1. A day is made up of

 a. 12 hours
 b. 30 days
 c. 24 hours

2. The movement of a body about on axis within itself.

a. revolution b. rotation c. equinox.

3. During daytime we can see the

a. sun b. moon c. stars

4. The places on earth that are at opposite side of the light source experiences

a. night b. day c. sun

5. Earth rotates on itsa. axisb. equatorc. orbit

Directions: Write T if the statement is true write F if the statement if false.

\_\_\_\_\_1. Earth rotates on its orbit.

2. Earth's rotation causes day and night.

3. The number of hours for Friday is not the same as that for Sunday.

4. When a place does not face the sun, it experiences nighttime.

5. When a place faces the sun, it experience daytime.

# Lesson 75: Earth's rotation

#### **Exercise A**

Directions: Identify the following words to make the statements correct. Write your answer on the blanks provided.

 1. The earth rotates on its axi	s. The two opposite ends o	of the axis
 _2. are	_and	<u>.</u> .
 3. The represent	s the earth.	
 _4. The earth rotates from	to 5	direction.
 6. As seen from the North Po	ole, the earth rotates in	direction.

Directions: Draw the rotation of the earth on its axis. Use arrows to illustrate the direction of its movement.

# Lesson 75: Earth's rotation

8-10. How does the earth rotate on its axis?

## **Exercise B**

Directions: Identify the following words to make the statements correct. Write your answer on the blanks provided.

1.	As seen from the North Pole, the earth rotates in direction.
2.	The represents the earth.
3	. The earth rotates on its axis. The two opposite ends of
4.	Axis are and
5.	The earth's rotation from the South Pole the direction will be
6.	The earth rotate from to
7.	Direction.
Directions: An	swer the question correctly.

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## Lesson 76: Describes the movement of the earth around the sun.

#### **Exercise** A

Directions: Identify the following words to make the statements correct. Write your answer on the blanks provided.

1.	The motion of earth around the sun is called
2.	There are days in one year.
3.	The earth travels around the sun, it follows a path called
4.	The time it takes for earth to revolve around the sun is called a
5.	The year with a 29 <sup>th</sup> day of February is called a

Directions: Draw an illustration of how the earth travels around the sun.



## Lesson 76: Describes the movement of the earth around the sun.

#### **Exercise B**

Directions: Identify the following words to make the statements correct. Write your answer on the blanks provided.

 1. The time it takes for earth to revolve around the sun is called a
 2. The year with a 29 <sup>th</sup> day of February is called a
 3. The earth travels around the sun, it follows a path called
 4. The motion of earth around the sun is called.
 5. There are days in one year.

Directions: Draw an illustration of how the earth travels around the sun.



## Lesson 77: Earth's Revolution I

#### **Exercise** A

Directions: Write the letter of the best answer on the blank provided.

- 1. What is an earth year?
  - a. one complete rotation of the earth
  - b. one complete revolution of the earth
  - c. a year that has 366 days.

 3. Earth's orbit is described as

 a. elliptical
 b. flat
 c. circle

4. How many days in a leap year? a. 366 b. 365 c. 367

5. Every four years, we \_\_\_\_\_ a day to the month of February. a. add b. subtract c. multiply

- 6. So, what does the earth's revolution mean?
  - a. turning of the earth on its axis
  - b. the sun's travel around the earth
  - c. the earth's movement around the sun

\_\_\_\_7. Earth revolves around the \_\_\_\_\_\_

a. sun b. moon c. solar system.

- 8. As the earth revolves, it follows a path called
  - a. axis b. orbit c. comet

## Lesson 77: Earth's Revolution I

#### **Exercise B**

Directions: Write the letter of the best answer on the blank provided.

 1. Earth takes
 days to revolve around the sun.

 a. 360
 b. 365¼
 c 366¼

2. Every four years, we \_\_\_\_\_ a day to the month of February. a. add b. subtract c. multiply

 3. As the earth revolves, it follows a path called \_\_\_\_\_\_
 \_\_\_\_\_\_\_

 a. axis
 b. orbit
 c. comet

4. Earth' s orbit is described as \_\_\_\_\_\_ a. elliptical b. flat c. circle

\_ 5. What is an earth year?

- a. one complete rotation of the earth
- b. one complete revolution of the earth
- c. a year that has 366 days

6. How many days in a leap year?

a. 366 b. 365 c. 367

7. What does the earth's revolution mean?

- a. turning of the earth on its axis.
- b. the sun's travel around the earth.
- c. the earth's movement around the sun.
- 8. So, the earth revolves around the \_\_\_\_\_
  - a. sun b. moon c. solar system

## Lesson 78: Earth's revolution II

#### **Exercise** A

Directions: Study the illustration



Directions: Write True or False if the statement is true, False if it is not.

- 1. The moon moves around the earth in 30 days.
- 2. When the moon is at its nearest distance to our planet it is at its perigee.
- 3. The full moon always appears once a month only.
- 4. The moon remains at the same position while earth revolves around it.
- 5. The moon moves around earth and together with earth around the sun.
- 6. The moon is the satellite of the earth.
- 7. When the moon is at its farthest distance to our planet it is at its apogee.
- 8. The time between one full moon and next is approx. 27 days.
- 9. Earth does not move as the moon revolves around the sun.
  - 10. It takes  $27\frac{1}{2}$  days for the moon to complete one rotation on its axis.

# Lesson 78: Earth's revolution II

#### **Exercise B**

Directions: Put a check if the statement is true and X if it is false.

1. 7	The moon moves around earth and together with earth around the
2. 7	The moon is the satellite of the earth.
3. V	When the moon is at its farthest distance to our planet, it is at its apogee.
4. 7	The moon remains at the same position while earth revolves around it.
5. 7	The full moon always appears once a month only.
6. 7	The moon moves around the earth in 30 days.
7. v	When the moon is at its nearest distance to our planet, it is at its perigee.
8. 1	It takes 30 days for the moon to complete one rotation on its axis.
9. 1	Earth does not move as the moon revolves around the sun.
10.7	The time between one full moon and next is 29 ½ days

# Lesson 79: Phases of the moon

## **Exercise** A

Directions: Identify the phases of the moon.



# Lesson 79: Phases of the moon

## Exercise B

Directions: Illustrate the phases of the moon.



Directions: Identify the phases of the moon as sun in different position from night to night.



# Lesson 80: Explain why there are seasons.

## **Exercise** A

Directions: Identify the following.

- 1. Two factors that account for the changes in seasons:
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_

2. The part of the year that is titled toward the sun is \_\_\_\_\_.

3. When it is summer in the northern hemisphere, it is the opposite in the

4. The two seasons in the Philippines

\_\_\_\_\_.

- a. \_\_\_\_\_
- b. \_\_\_\_\_

# Lesson 80: Explain why there are seasons.

## Exercise B

Directions: Study the illustration below then answer the question that follows.

What can you infer about earth revolution around the sun?
Directions: Identify the following.
1 – 2. Seasons in the Philippines:,
3 – 4 Two factors that account for the changes in seasons.
5-8 Four seasons experience most in the other countries.

## Lesson 81: Explains how solar and lunar eclipse occur.

#### **Exercise** A

Directions: Study the picture below and answer the following questions briefly.



a. Does the moon cover the light from the sun?

b. What happens when the moon casts a shadow on earth?

- c. What phenomenon occurs on the place where the moon casts a shadow on earth?\_\_\_\_\_
- d. What is a solar eclipse?

## Lesson 80: Explain why there are seasons.

### **Exercise B**

Directions: Study the picture below and answer the following questions briefly.



Directions: Study the picture above and answer the following questions briefly.

a. Which is in the middle position?

b. Does the earth cover the light from the sun?

c. What happens when the earth is in the middle between the moon and sun?

d. What is a lunar eclipse?

Lesson 1.: Exercise A I. A. 1. Axial 2. Appendicular B. 1. Skull 2. Vertebral column 3. Ribs 4. Sternum C. 1. Arm 2. Leg Exercise B.

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1. Skull 2. Ribs 3. Pelvis 4. Leg 5. Arm 6. Scapula 7. Sternum 8. Appendicular 9. Axial 10. Skeletal Lesson 2 Exercise A. I. 1. Ligaments 2. Tendons 3. Cartilage II. 1. Pivotal Joint 2. Ball and Socket 3. Gliding Joint 4. Hinge Joint 5. Ball and Socket 6. Hinge Joint **Exercise B.** I. 1. T 2. F 3. F 4. T 5. F II. 1. C 2. A 3. B 4. A 5. B Lesson 3 Exercise A. I. 1. Skull 2. rib cage 3. spinal column II. 1. B 2. D 3. C 4. A 5. Flat Exercise B. 1. Hip bones 2. Spinal column 3. Rib cage 4. Skull 5. Spinal cord 6. Lungs and 7. Heart 8. Brain Lesson 4. Exercise A. Skeletal muscles, Tendons, Smooth muscles, and Cardiac muscles Exercise B. I. 1. a 2. C 3. C 4. A 5. A II. 1. D 2. C 3. E 4. B 5. A Lesson 5. Exercise A. I. 1. Biceps 2. Triceps 3. Contracts 4. Relaxed 5. Hard II. (Answers May vary) Exercise B. I. 1. F 2.T 3. T 4. T 5. T Lesson 6. **Exercise A.** I. 1. C 2. D 3. E 4. B 5. A II. 1. C 2. D 3. E 4. B 5. A Exercise B. (Answers may vary) Lesson 7. ( Discussion) Lesson 8. **Exercise A.** I. 1. ✓ 2. ✓ 3. X 4. ✓ 5. X 6. X 7. ✓ 8. ✓ 9. ✓ 10. ✓ Exercise B. 1. X 2. X 3. ✓ 4. X 5. ✓ 6. X 7. ✓ 8. X 9. ✓ 10. ✓ Lesson 9. Exercise A. I. 1. Mouth 2. Salivary glands 3. Esophagus 4. Stomach 5. Liver 6. Gall bladder 7. Pancreas 8. Large intestines 9. Small intestines 10. Rectum Exercise B. (Answer May Vary) Lesson 10. Exercise A. I. 1. Digestion is the process of breaking down food. 2. Mouth 3. Teeth 4. Saliva 5. Esophagus 6. Stomach 7. small intestine 8. Gastric 9. large intestine 10. Anus Exercise B. I. 1. Mouth 2. Esophagus 3. Stomach 4. small intestines 5. large intestines II. 1. secretes bile 2. secretes pancreatic juice 3.

Temporarily stores bile and empties it into the small intestines Lesson 11. Exercise A. I. 1. T 2. T 3. F 4. T 5. T 6. F 7. T 8. T 9. T 10. F Exercise B. 1. X 2. X 3.  $\checkmark$  4.  $\checkmark$  5. X 6.  $\checkmark$  7. X 8. X 9.  $\checkmark$  10.  $\checkmark$  Lesson 12. (Role Playing) Lesson 13. Exercise A. I. 1. F 2. E 3. B 4. A 5. C 6. K 7. J 8. H 9. G 10. I Exercise B. 1. D 2. J 3. A 4. B 5. G 6. F 7. C 8. H 9. E 10. I Lesson 14. Exercise A. I. 1. E 2. G 3. J 4. K 5. B 6. D 7. A 8. A 9. C 10. B Exercise B. 1. Cat 2. Fish 3. Horse 4. Dog 5. Rat 6. Cow 7. Goat 8. Rabbit 9. Pig 10. Carabao Lesson 15. Exercise A.

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10. Fertilization Exercise B. I. 1. A 2. A 3. B 4. A 5. B 6. A 7. B 8. C 9. B 10. A Lesson 16. Exercise A. I. 1. tadpole 2. Tadpole with 2 legs 3. adult Frog 4. Egg 5. larva/caterpillar 6. butterfly 7. larva or wriggler 8. Pupa 9. adult mosquito Exercise B. I. A. 1. Tadpole 2. young adult 3. Adult B. 1. larva/caterpillar 2. Pupa 3. Adult C. 1. Wriggler 2. Pupa 3. Adult Lesson 17. Exercise A. I. 1. life cycle 2. Caterpillar 3. Maggots 4. Wrigglers 5. Tadpole 6 Metamorphosis 7. Chrysalis 8. Complete 9. Different 10. Incomplete Exercise B. I. 1. Metamorphosis 2. Chrysalis 3. Different 4. Complete 5. Tadpole 6. Incomplete 7. Caterpillar 8. Maggots 9. Different 10. life cycle **Lesson 18. Exercise A.** I. 1. ✓ 2. X 3. ✓ 4. ✓ 5. ✓ 6. X 7. X 8. ✓ 9. X 10. X Exercise B. I. 1. F 2. F 3. T 4. T 5. F 6. T 7. T 8. T 9. F 10. T Lesson 19. Exercise A. I.1. ✓ 2. 3. 4. ✓ 5. ✓ 6. 7. ✓ 8. 9. ✓ 10. ✓ Exercise B. I. 1. 2. X 3. X 4. 5. 6. X 7. 8. 9. 10. Lesson 20. Exercise A. I.1. sepal 2. Pistil 3. Stigma 4. Ovary 5. Style 6. Petals 7. Stamen 8. anther 9. Filament 10. pollen grains Exercise B. I. 1. Petals 2. Sepals 3. Stigma 4. Ovule with sac 5. Ovary 6. receptacle 7. Peduncle Lesson 21. Exercise A. I. 1. self – pollination 2. cross – pollination 3. pollen grains 4. Anther 5. Stigma 6. Pollination 7. self pollination 8. cross - pollination 9. Man, Wind

10. insects **Exercise B.** I. 1. self – pollination 2. cross – pollination 3. pollen grains 4. Anther 5. Stigma 6. self – pollination 7. cross – pollination 8. cross – pollination 9. insects / bee 10. bird / **Lesson 22. Exercise A.** I. 1. Fertilization 2. Pollen 3. Stigma 4. pollen tube 5. Style 6. Ovary 7. Ovules 8. Egg 9. Embryo 10.seed **Exercise B.** I. When the pollen lands on the stigma of a flower, a pollen tube will form. This grows through the style down into the ovary. Inside are the ovules . one of the males sex cells may unite with the egg to form the embryo plant. This produces seed **Lesson 23. Exercise A.** 

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1. seed 2. seed coat 3. Hilum 4. Embryo 5. Epicotyl 6. Hypocotyl 7. Radicle 8. Cotyledon 9. monocot 10. Dicot **Exercise B.** I. 1. Embryo 2. Epicotyl 3. Hypocotyl 4. Radicle 5. Cotyledon 6. Monocot 7. Dicot 8. Seed 9. Hilum 10. seed coat **Lesson 24. Exercise A.** I. 1. seed coat 2. Embryo 3. Radicle 4. Root 5. Hypocotyl 6. Cotyledons 7. Epicotyl 8. Epicotyl 9. Photosynthesis 10. Plant **Exercise B.** I. 1. Epicotyl 2. Hilum 3. Radicle 4. Hypocotyl 5. Cotyledons 6. Seed 7. Fruit 8. Germination 9. water/soil 10. Photosynthesis **Lesson 25. Exercise A.** 

Man	Water	Wind	Animals
Atis Santol	Coconut	Bursting bearfruit Parachute seed	Corn Atis
Iomato		Amorseco seed	
		lpil - Ipil Acacia Cogon	

May Based on the experiment) **Exercise B.** (Answer May be based on the experiment) **Lesson 26. Exercise A.** (Answer May Vary) **Exercise B.** (Answer May Vary) **Lesson 27. Exercise A.** I. 1. Water 2. Wind 3. Wind 4. Man 5. Wind 6. Animal 7. Wind 8. Wind 9. Man 10. Man **Exercise B.**  **Lesson 28.** Exercise A. 1. G 2. B 3. D 4. F 5. C 6. A 7. J 8. E 9. I 10. B Exercise B. Cross word Puzzle: Across:2. Runners 4. Shoots 6. Tuber Down: 1. Bulb 3. Rhizomes 5. Stem 7 - 10 (Answer May Vary) Lesson 29. Exercise A.

Marcotting	Layering	Grafting	Budding
Guava Tamarind Mango Chico	lvy plant Million dollar plant	Mango Tamarind Chico Perante orange	Rambutan calamansi Perante orange

Exercise B.

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Marcotting: > Tamarind >Mango >Chico > Santol Layering: > Ivy plant Grafting > Mango > Tamarind > Chico > Orangec Budding: > Calamansi > Orange Lesson 30. Exercise A. I. 1. C 2. A 3. C 4. A 5. A 6. C 7. B 8. A 9. A 10. A Exercise B. I. 1. B 2. e / d 3. B 4. C 5. e / d 6. A 7. e / d 8. B 9. e / d 10. C Lesson 31. Exercise A. I. 1. P 2. E 3. F 4. E 5. D 6. M 7. P 8. E 9. D 10. P Exercise B. (Answers May Vary) Lesson 32. Exercise A. (Answer May Vary) Exercise B.

Solids that can be dissolved	Solids that cannot be dissolved
Choco powder	Rock
Salt	Sand
Sugar	Piece of wood
Candy	Leaves
Bread	
Veitshin	

Lesson 33. Exercise A. (Answers are exact, be done first by author) Exercise B. (Answer May Vary) Lesson 34. Exercise A. I. 1. Solvent 2. Solute

Solvent	Solute
water	Salt

Water	Isopropyl/ethyl alcohol
Water	Acetic acid
water	Powdered Juice

**Exercise B.** I. 1. Solute 2. Solvent 3. Solute 4. Solvent 5. Solute II. (Answer May Vary) Lesson **35. Exercise A.** (Answer May be based on the student activities, but author should have definite answers) **Exercise B.** I. 1. T 2. F 3. T 4. F 5. T II. (Answer May be based on the student activities) Lesson 36.

**Exercise A.** I. 1. SE 2. SE 3. SE 4. NSE 5. NSE 6. SE 7. SE 8. SE 9. NSE 10. NSE (Answer May Vary) **Exercise B.** 

Solutes		
1. Salt 2. Sugar 3. Ink 4. Oil	Dissolved Dissolved Dissolved	Not Dissolved
5. Sand		Not Dissolved
6. Veitshin	Dissolved	
7. Powdered juice	Dissolved	
8. Coffee granule		
9. Pepper	Dissolved	Not Dissolved
10. Chalk dust		Not Dissolved

(Answer May Vary)

Lesson 37. Exercise A. I. 1. C 2. S 3. C 4. S 5. S II. 1.  $\checkmark$  2. X 3.  $\checkmark$  4. X 5. X Exercise B. I. 1. S 2. S 3. C 4. C 5. S Lesson 38. Exercise A. I. 1. O 2. O 3. X 4.  $\checkmark$  5. O 6. X 7. O 8. X 9. O 10. O Exercise B. I. 1. B 2. A 3. B 4. B 5. A II. (Answer May Vary) Lesson 39. Exercise A. I. 1. A 2. A 3. C 4. C 5. B 6. II. 1 Yes 2. No 3. Yes 4. Yes 5. Yes Exercise B. (Answer May Vary) Lesson 40.

**Exercise A.** I. 1. Man 2. Coconut fruit 3. Food 4. Battery 5. Stones 6. Monkey 7. Diver 8. Jackfruit 9. Sling shot 10. Bow and arrow **Exercise B.** (Answer May Vary) **Lesson 41. Exercise A.** I. 1. KE 2. KE 3. 4. 5. KE 6. KE 7. 8. 9. KE 10. KE **Exercise B.** I. 1. 2.  $\checkmark$  3. 4.  $\checkmark$ 5.  $\checkmark$  6. 7.  $\checkmark$  8. 9. 10.  $\checkmark$  **Lesson 42. Exercise A.** I. 1. PE 2. KE 3. PE 4. KE 5. KE 6. KE 7. KE 8. PE 9 – 10. (Answer May Vary) **Exercise B.** 

Energy at Rest	Energy in Motion
1	2
3	5
4	6
8	7
9	10

9 – 10 (Answer May Vary) Lesson 43. Exercise A. I. 1.X 2.  $\checkmark$  3. X 4.  $\checkmark$  5.  $\checkmark$  6.  $\checkmark$  7.  $\checkmark$  8.  $\checkmark$  9. X 10. X Exercise B. I. 1.  $\checkmark$  2.  $\checkmark$  3. X 4.  $\checkmark$  5.  $\checkmark$  6.  $\checkmark$  7.  $\checkmark$  8.  $\checkmark$  9. X 10.  $\checkmark$  Lesson 44. Exercise A. I. 1. Energy 2. kinetic energy 3. Mass 4. Velocity 5. Work 6. Pulling 7. Pushing 8. Pushing 9. Pulling 10. Lifting Exercise B. I. 1. Work 2. Balanced 3. Inertia 4. Force 5. Force 6. Push 7. Push 8. push and pull 9. push and pull 10. push and pull Lesson 45. Exercise A.I. Friction 1 - 2 (Answer May Vary) Exercise B. I.  $1. \otimes 2. \otimes 3. \otimes 4. \otimes 5. \otimes 6. \otimes 7. \otimes 8. \otimes 9. \otimes$ 10. <sup>(C)</sup> Lesson 46. Exercise A.I. (Answer May Vary) Exercise B. I. 1. T 2. F 3. T 4. T 5. T 6. T 7. F 8. F 9. T 10. F Lesson 47. Exercise A. I. 1. X 2. ✓ 3. ✓ 4. X 5. ✓ 6. X 7. X 8. X 9. ✓ 10. X Exercise B. (Answer will be based on the student activity. Let the teacher perform the activity so that he/she will know the EXACT result of the activity, since the activity requires EXACT answers.) Lesson 48. Exercise A. I.

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1. Fuels 2. Heat 3. Electricity 4. Friction 5. Oxygen 6. Kindling point II. 1. Friction, Electricity 2. Fuels 3. Oxygen 4. Kindling point 5. Heat Exercise B. I. 1. Fuels 2. Heat 3. Electricity 4. Friction 5. Oxygen 6. Kindling point II. \*Fuels-substances that can be burned to produce heat or power \*Friction-resistance to motion between bodies in contact \*Kindling point-the point which an object will start to burn or be on fire \*Heat-a form of energy that causes a body to rise in temperature. Lesson 49. Exercise A. I.(answers will be based on student's activity) II. 1. 1. conduction 2. Convention 3. Radiation Exercise B. I. 1. True 2.true 3.false 4. False 5.true II. (answers may vary) Lesson 50. Exercise A. I. 1. Heat 2. Combustion 3. Conduction 4. Radiation 5. convection. II. 1. Electrical to light/heat 2. 2. Electrical to mechanical 3. Potential to mechanical 4. Electrical to mechanical 5. Electrical to mechanical Exercise B. I. 1. heat 2. Combustion 3. Conduction 4. Radiation 5. Convection II. 1. Electrical to mechanical 2. Electrical to heat 3. Potential to mechanical 4. Electrical to mechanical 5. Electrical to mechanical Lesson 51. Exercise A. I. 1. N 2. N 3. A 4. N 5. A 6. A 7. A 8. N 9. A 10. N

Exercise B. I. 1.P 2. C 3. C 4. P 5. C 6. M 7. M 8. M 9. M 10. M Lesson 52. Exercise A. I. Conduction II. (Answer will be based on the student activity) Exercise B. I. (Answer will be based on the student activity) Lesson 53. Exercise A. I. A. Convection B. Radiation II.1. C 2. R 3. R 4. R 5. R 6. C 7. R 8. C Exercise B. I.A&B.(There are exact answers.) II. 1.convection- heat transferred through a change in temperature 2. radiation- heat transferred throughout space Lesson 54. Exercise A. I. 1. ✓ 2. X 3. ✓ 4. ✓ 5. X 6. ✓ 7. ✓ 8. ✓ 9. ✓ 10. ✓ **Exercise B.** I. 1. X 2. X 3. X 4. ✓ 5. X 6. X 7. ✓ 8. ✓ 9. X 10. ✓ Lesson 55. Exercise A. I. (Answer May Vary) Exercise B.(Answer May Vary) Lesson 56. Exercise A. (Answer will be based on the student activity) Exercise B. (Answer will be based on the student activity) Lesson 57. Exercise A. (Answer May Vary) Exercise B. (Answer May Vary) Lesson **58.Exercise A.** I. \*Top Soil-the rich upper layer of soil in which plants have most of their roots \*Subsoil-the layer lying under the top soi \*Bedrock-the solid rock found under surface maeterials such as soil II. (answers may vary) Exercise B. (answers may vary) Lesson 59. Exercise A. I. 1. J 2. E 3. D 4. I 5. C 6. G 7. A 8. F 9. B 10. H Exercise B. 1. strip cropping – planting diff. crops in alternate plots. 2.contouring-making of furrows along the natural contour lines so as to avoid erosion 3.terracing- planting by creating a series of flat platforms of earth with sloping sides 4 field and gully planting-planting using channels or hollows worn by running water. 5.wind beakerplanting "barricades" for wind 6.crop rotationplanting diff. drops in alternate seasons 7.crop cover- planting barricades on top 8.pondsartificially enclosed body of water 9.riprapsfoundations or walls made of broken stones thrown together irregularly or loosely, as in water or a soft bottom 10.planting trees-provides barricades and soil protection Lesson 60. Exercise A. (Answer will be based on the student activity) Exercise B. 1.Becausse soil protection should be everywhere 2.Roots go deep and hold the soil firmly Lesson 61. Exercise A. (Answer will be based on the student activity) Lesson 62. Exercise A. I. 1. Weather elements 2. Temperature 3. Humidity 4. Pressure 5. Wind 6. Precipitation 7. cloud cover

8 – 10 (Answer May Vary) Explain: (Answer May Vary) Exercise B. I. 1. cloud cover 2. Precipitation 3. Humidity 4. Pressure 5. Wind 6. Temperature 7. Weather elements Lesson 63. **Exercise A.** I.(Answer will be based on the student activity) II. 1. Cirrus 2. Cumulus 3. Nimbus 4. Stratus Exercise B. (same with exercise A) Lesson 64. Exercise A. (Answer will be based on the student activity) **Exercise B.** (Answer will be based on the student activity) Lesson 65. Exercise A. (Answer will be based on the student activity) Exercise. B. (Answer will be based on the student activity) Lesson 66. Exercise A. I. 1. Sunday 2. Wednesday 3. 10°c 4. Friday 5. 40 °c Exercise B. I. 1. Wednesday 2. Sunday 3. 10° 4. Tuesday & Saturday 5. 2 °c Lesson 67. Exercise A. A. 1.T 2. F 3. T 4. F 5. F B. (Answer May Vary) Exercise B. I. 1. F 2. F 3. F 4. F II. (Answer May Vary) Lesson 68. **Exercise A.** I. 1. <sup>©</sup> 2. <sup>©</sup> 3. <sup>⊗</sup> 4. <sup>©</sup> 5. <sup>©</sup> II. 1. No 2. Yes 3. No 4. Yes 5. (Answer May Vary) Exercise B. I. 1. No 2. No II. 1. True 2. True 3. False 4. False 5. True Lesson 69. Exercise A. (Answer will be based on the student activity) Exercise B. (Answer will be based on the student activity) Lesson 70. Exercise A. (Answer will be based on the student activity) Lesson 71.Exercise A. I. 1. 30°c 2. No 3. East 4. North east 5. 22°c 6. No 7. Yes, The same in the Northern Luzon 8 - 10 (Answer May Vary) Exercise B. I. 1. 32°c 2. No 3. North 4. East 5.  $30^{\circ}$  6. No 7. Yes , No 8 – 10 (Answer May Vary) Lesson 72. Exercise A. a.earth b. clockwise c.axis d. no e. yes f. rotation Exercise B. (Answer May Vary) Lesson 73. Exercise A. I. 1. T 2. F 3. T 4. F 5. T Exercise B. I. 1. F 2. T 3. F 4. T 5. T Lesson 74. Exercise A. I. 1. A 2. B 3. C 4. A 5. A II. 1. T 2. F 3. T 4. T 5. F **Exercise B.** I. 1. C 2. B 3. A 4. A 5. A II. 1. T 2. T 3. T 4. T 5. F Lesson 75. Exercise A. I. 1. North poles 2. South poles 3. Globe 4. West 5. East 6. Counter clockwise 7. Clockwise 8 – 10 (Answer May Vary) Exercise B. I. 1. Counter clockwise 2. Globe 3. South poles 4. North poles 5. Clockwise 6. West 7. East 8 – 10 (Answer May Vary) Lesson 76. Exercise A. I. 1. Revolution 2.365 <sup>1</sup>/<sub>4</sub> 3. Orbit 4. Leap Year 5. Year II. (Answer May Vary) Exercise B. I. 1. Leap year 2. Year 3. Orbit 4. Revolution 5. 365<sup>1</sup>/<sub>4</sub> II. (Answer May Vary) Lesson 77. Exercise A. I. 1. B 2. B 3. A 4. A 5. A 6. C 7. A

8. B Exercise B. I. 1. B 2. A 3. B 4. A 5. B 6. A 7. C 8. A Lesson 78. Exercise A. I. 1. F 2. T 3. F 4. F 5. T 6. T 7. T 8. T 9. F 10. T Exercise B. I. 1. • 2. • 3. • 4. X 5. X 6. X 7. • 8. X 9. X 10. ✓ Lesson 79. Exercise A. I. 1. first quarter 2.new moon 3.last quarter 4.full moon Exercise B. I. (Answer May Vary) II. 1. Waning crescent 2. Full moon 3. New moon 4. Waning gibbous 5. Waxing crescent 6. First quarter 7. Waxing gibbous 8. Last quarter Lesson 80. Exercise A. I. 1. A. Tilting of the earth's axis at  $23\frac{1}{2}$ degrees. B. Revolution of the earth around the sun. 2. Summer 3. southern hemisphere 4. Dry and Wet Seasons II. (Answer may Vary) Exercise B. I. (Answer may vary) II. 1. Dry seasons 2. Wet Seasons 3. Tilting of the earth's axis at  $23\frac{1}{2}$  degrees 4. Revolution of the earth around the sun. 5. Winter 6. Spring 7. Summer 8. Fall Lesson 81. I. a. Yes b. a portion of the Earth that experiences daytime becomes dark c. solar d. The moon is between sun and earth Exercise B a.earth b.yes c. the moon does not receive any light from the sun and is not visible in the sky d.the earth is between sun and moon

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