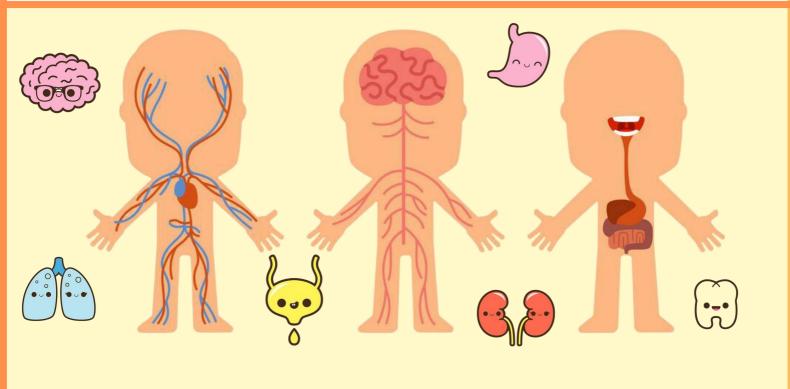
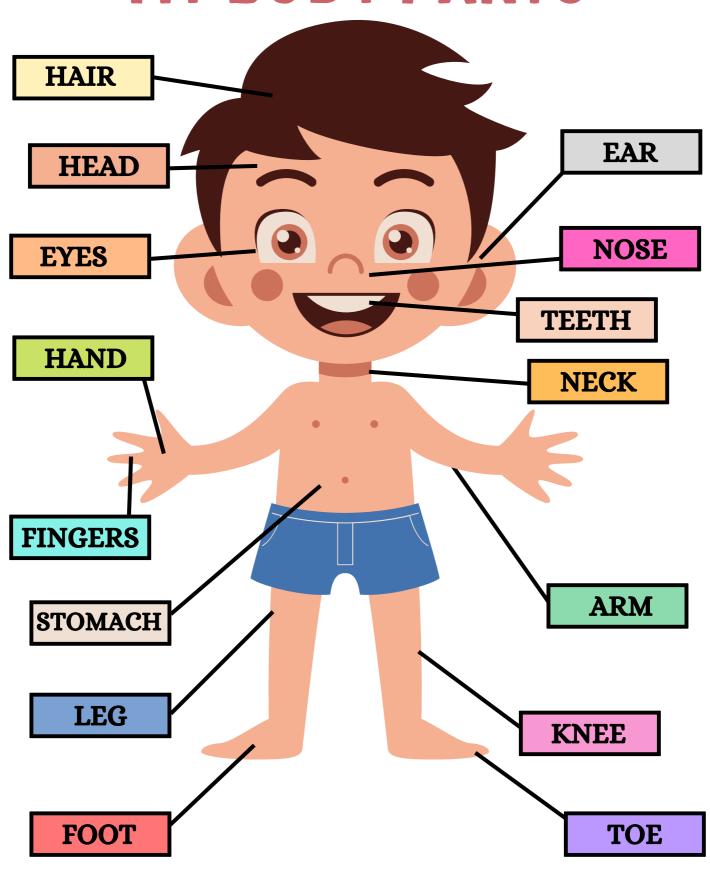


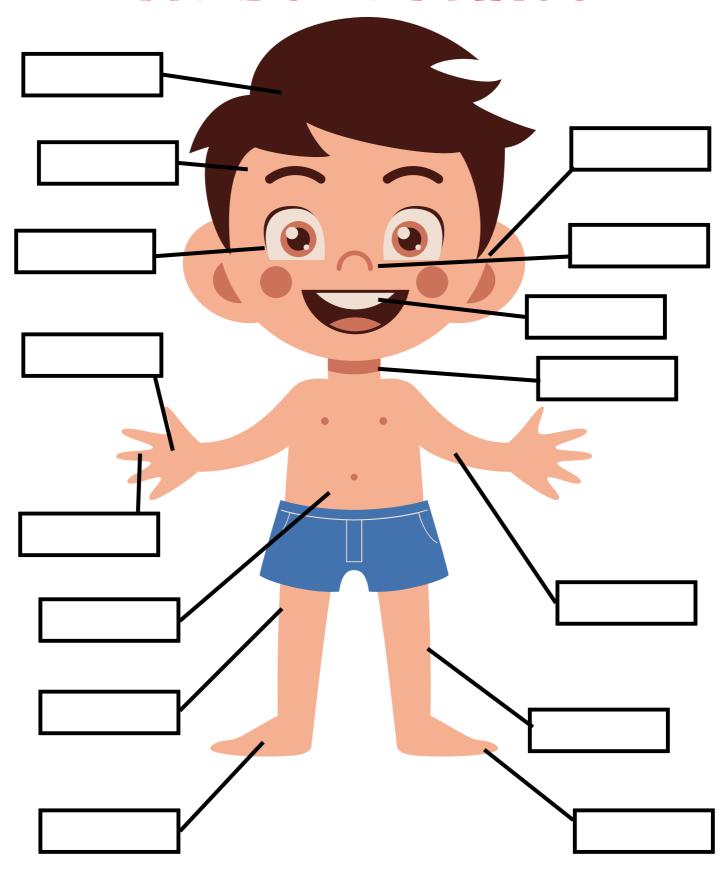
# HUMAN ANATOMY BUSY

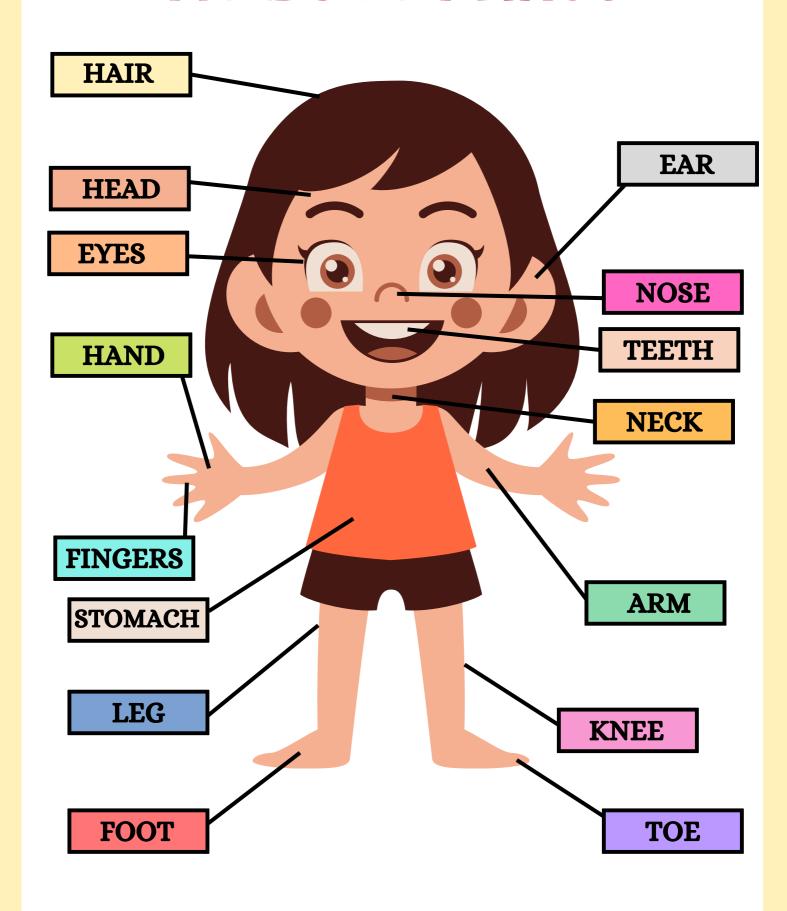
**BOOK** 

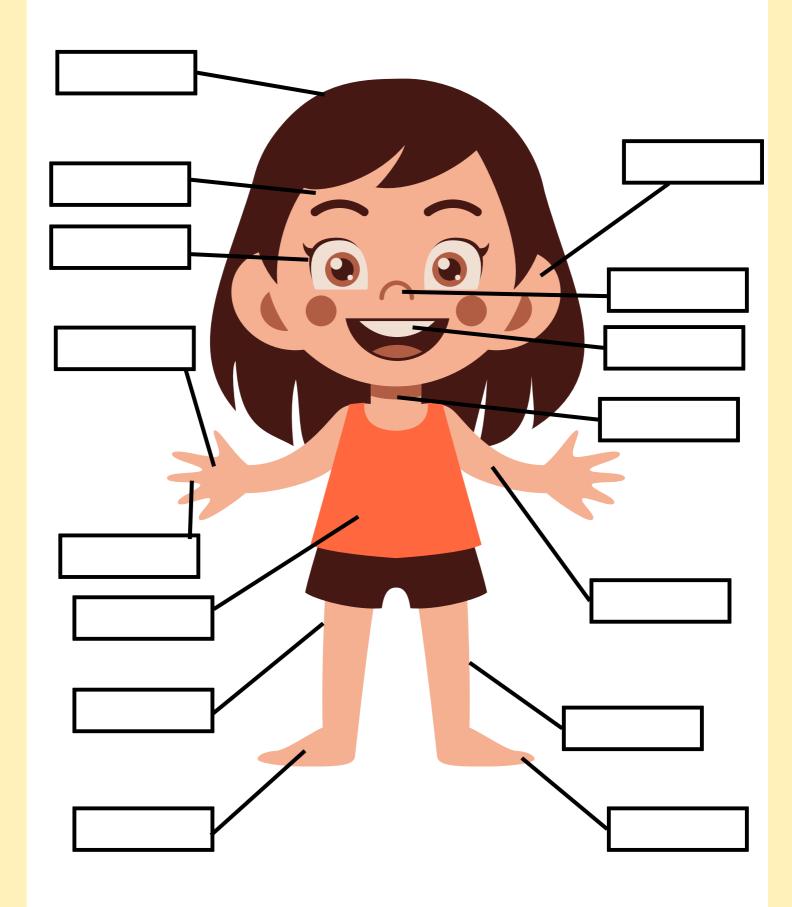
- Human Brain
- Body Organs
- Human Cells
- DENTEL HEALTH
- Human Skeleton
- Body Parts











**HAIR** 

HAIR

ARM TEETH

**HEAD** 

**HEAD** 

**NOSE** 

EAR

**EYES** 

**NECK** 

TEETH

**EYES** 

**ARM** 

**HAND** 

**FINGERS** 

**NOSE** 

**FINGERS** 

**KNEE** 

**EAR** 

**HAND** 

STOMACH

**STOMACH** 

**LEG** 

**NECK** 

LEG

TOE

TOE

**KNEE** 

**FOOT** 

**FOOT** 

**HAIR EYES EAR ELBOW STOMACH HEAD** 



**TONGUE** 





FINGER TOE





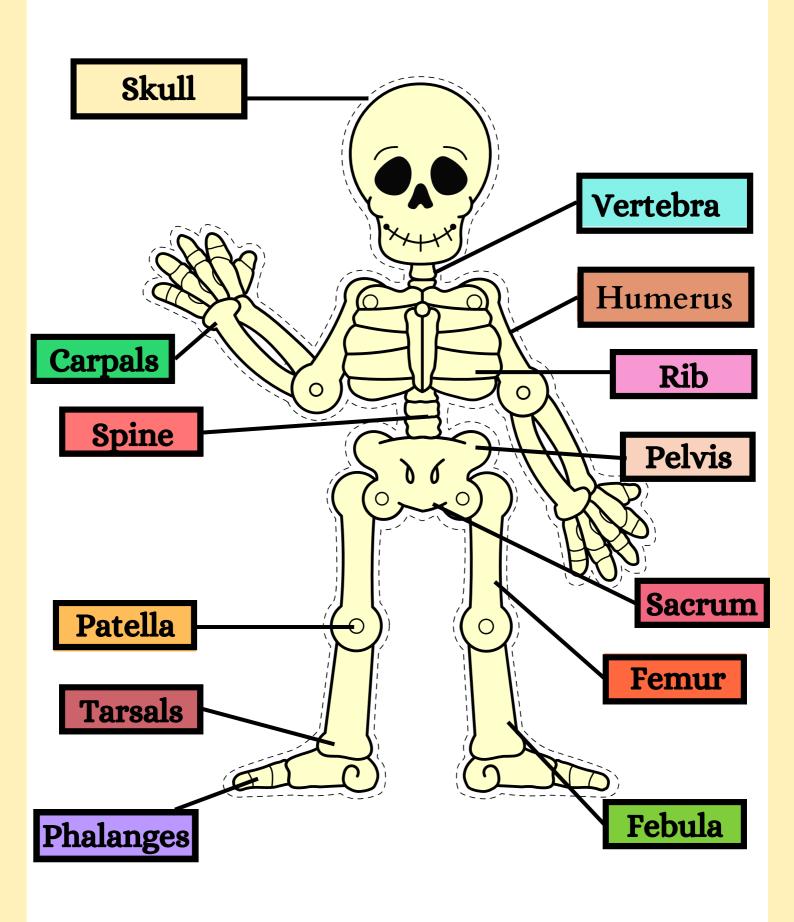


TOE

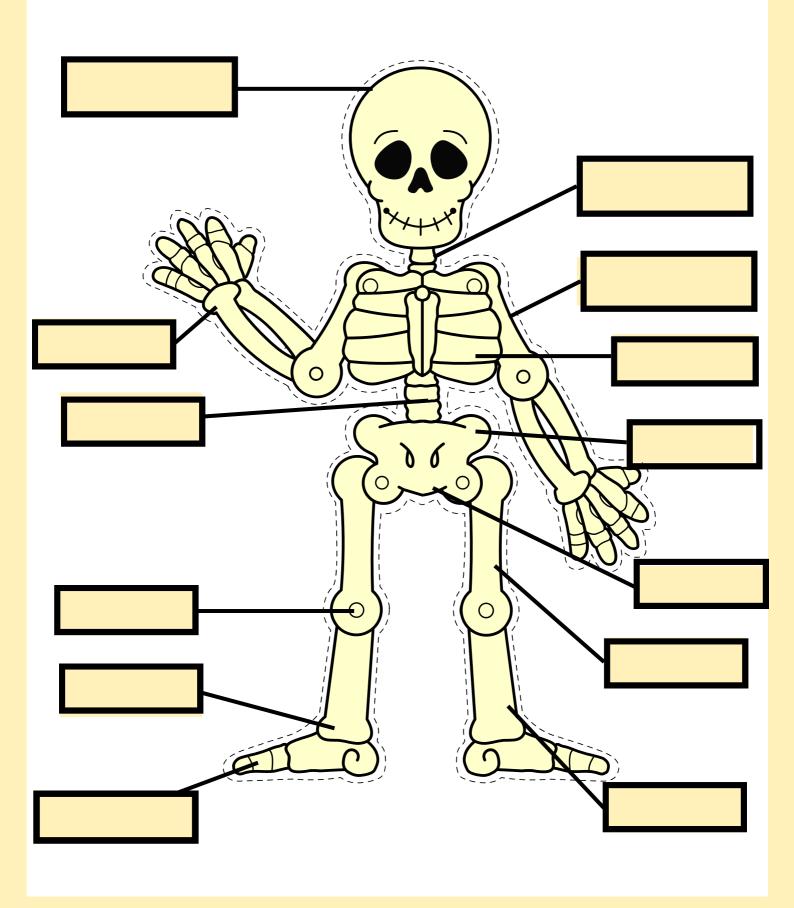
**NOSE HAND EAR FOOT NECK ARM CHEST LEG MOUTH** 

**NOSE HAND EAR FOOT NECK ARM CHEST LEG MOUTH** 

## **MY SKELETON**



## MY SKELETON



## MY SKELETON PARTS

Carpals

Spine

Patella

Tarsals

Rib

Pelvis

Sacrum

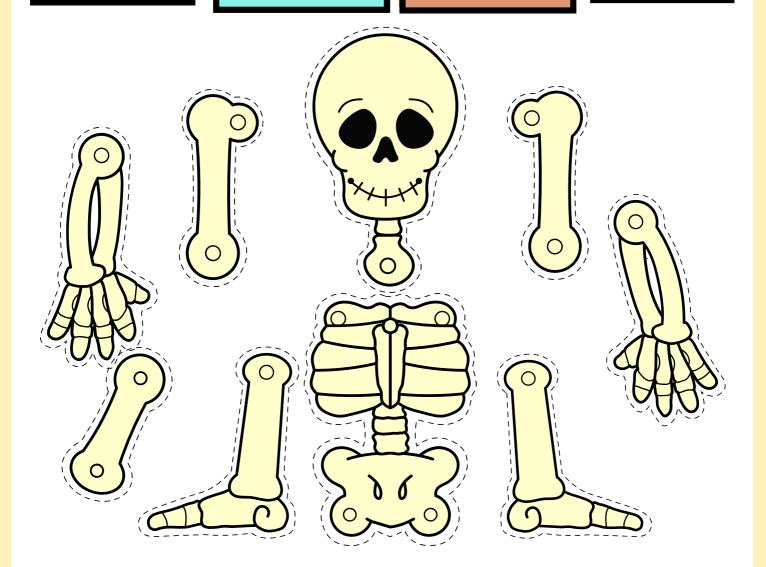
**Femur** 

Phalanges

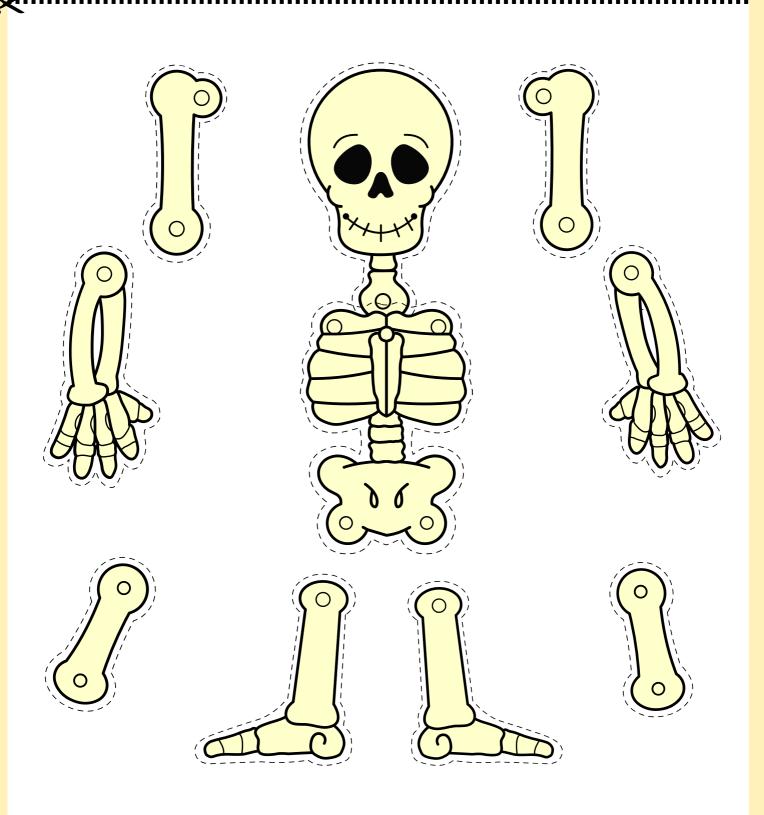
Vertebra

Humerus

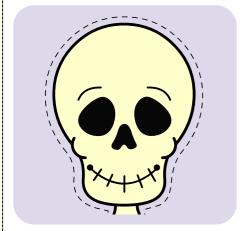
Febula



# MY SKELETON



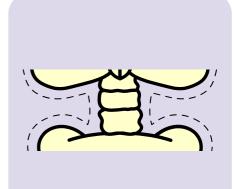
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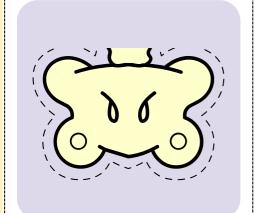
**SKULL** 



**VERTEBRA** 



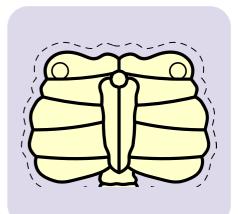
**SPINE** 



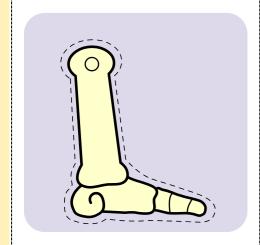
**PELVIS** 



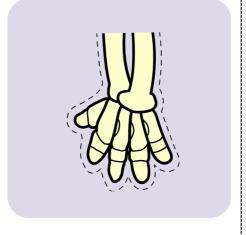
**PHALANGES** 



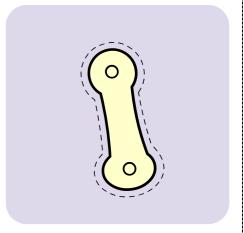
**RIBS** 



**FEBULA** 

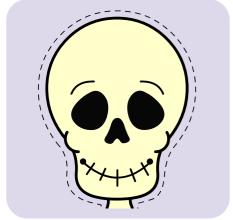


**CARPALS** 



**FEMUR** 

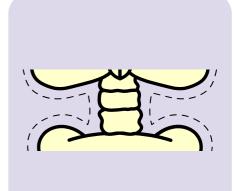
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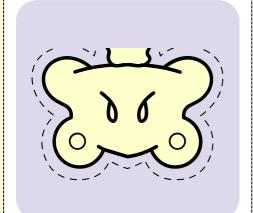
SKULL



**VERTEBRA** 



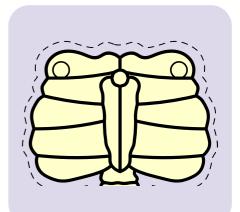
**SPINE** 



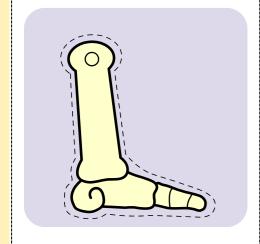
**PELVIS** 



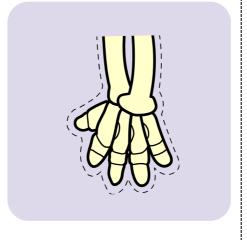
**PHALANGES** 



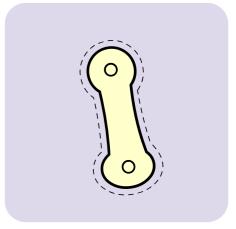
**RIBS** 



**FEBULA** 



**CARPALS** 



**FEMUR** 

### **MY SKELETON FUN FACT**

#### WHO HAS MORE BONES, KIDS OR ADULTS?

A baby's body has about 300 bones at birth. These eventually fuse (grow together) to form the 206 bones that adults have. Slowly, as you grew older, everything became a bit bigger, including your bones.

#### **WHAT ARE BONES FOR?**

Bone provides shape and support for the body, as well as protection for some organs. Bone also serves as a storage site for minerals and provides the medium for the development.

#### THE BIGGEST BONE IN HUMAN BODY?

The largest bone in the human body is the femur in the leg, "nearly 20 inches long (50 centimeters) in adults". The femur "extends from the hip down towards the knee".

#### THE SMALLEST BONE IN HUMAN BODY?

The stapes bone located in the middle ear is considered the shortest bone in the human body. It has a shape of a stirrup and is smaller than 3 millimeters long.

#### **WHAT HAPPENS IF A BONE BREAKS?**

There may be swelling, bruising or tenderness around the injured area. you may feel pain when you put weight on the injury, touch it, press it, or move it.

### YOUR TEETH

Just like trees, teeth have roots. One-third of each tooth is not visible, but you still must care for this part of the tooth.

When foods stick to the teeth, they have to be cleaned off. Sugar may taste good, but your teeth do not like it! In fact, the kids that have the best teeth are the ones who rarely eat candy and sugary foods.

Use a Toothbrush to clean your teeth

Brush your teeth twice a day

Use a good toothpaste for better cleanliness



## **HOW TO BRUSH YOUR TEETH**





Put toothpaste on your toothbrush



Apply toothbrush on your teeth

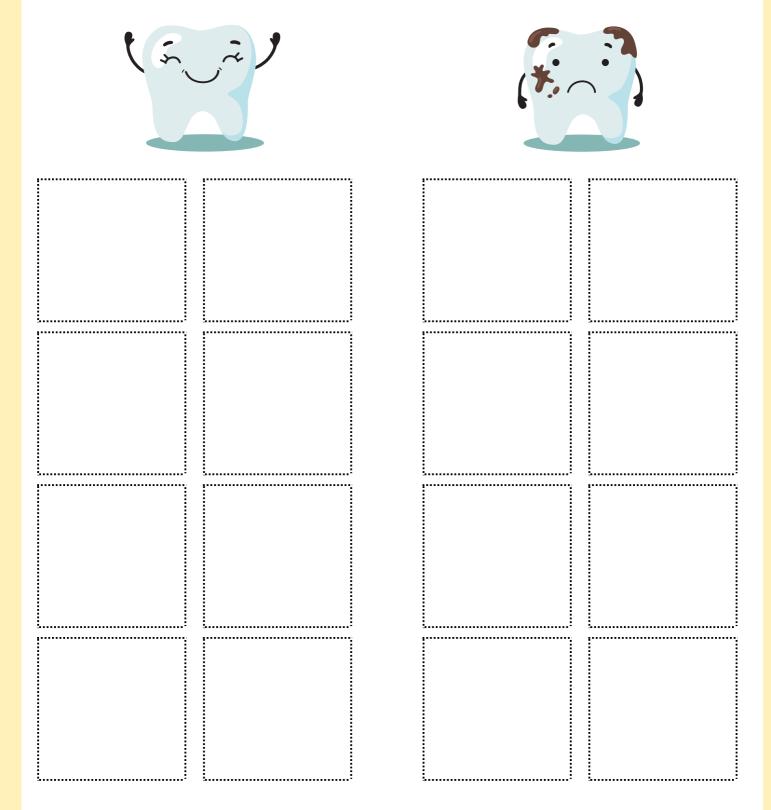


Brush your teeth in circular motion



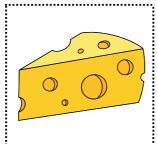
Rinse your mouth with water

# BEST FOOD FOR HEALTHY TEETH



# BEST FOOD FOR HEALTHY TEETH





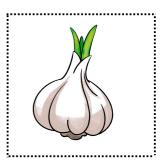


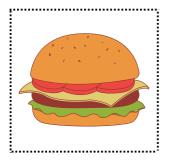










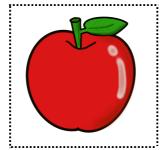


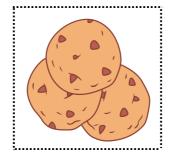




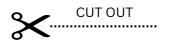




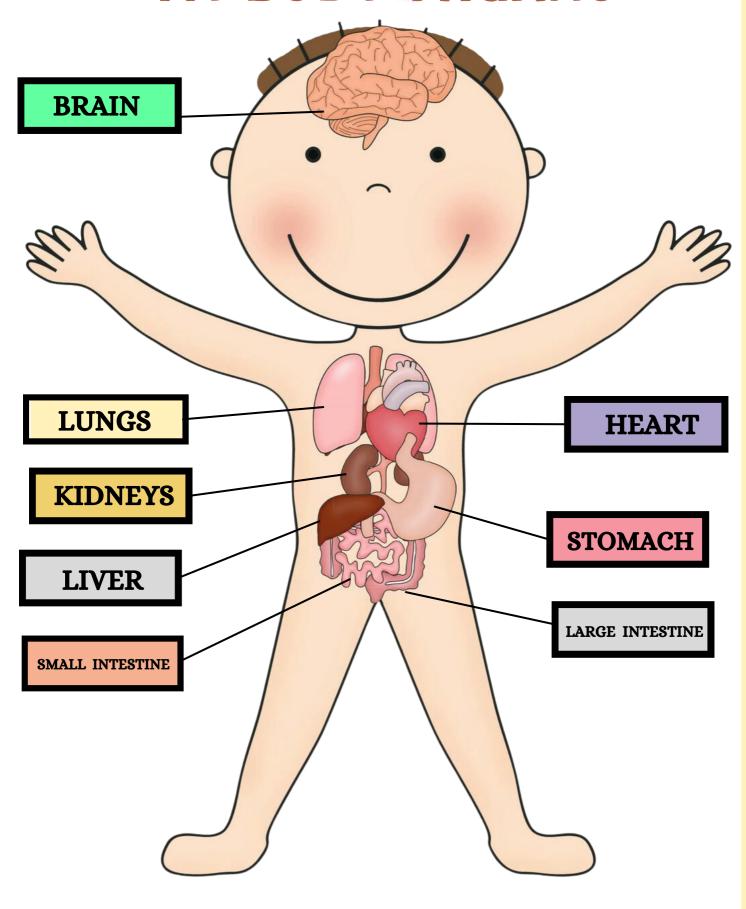




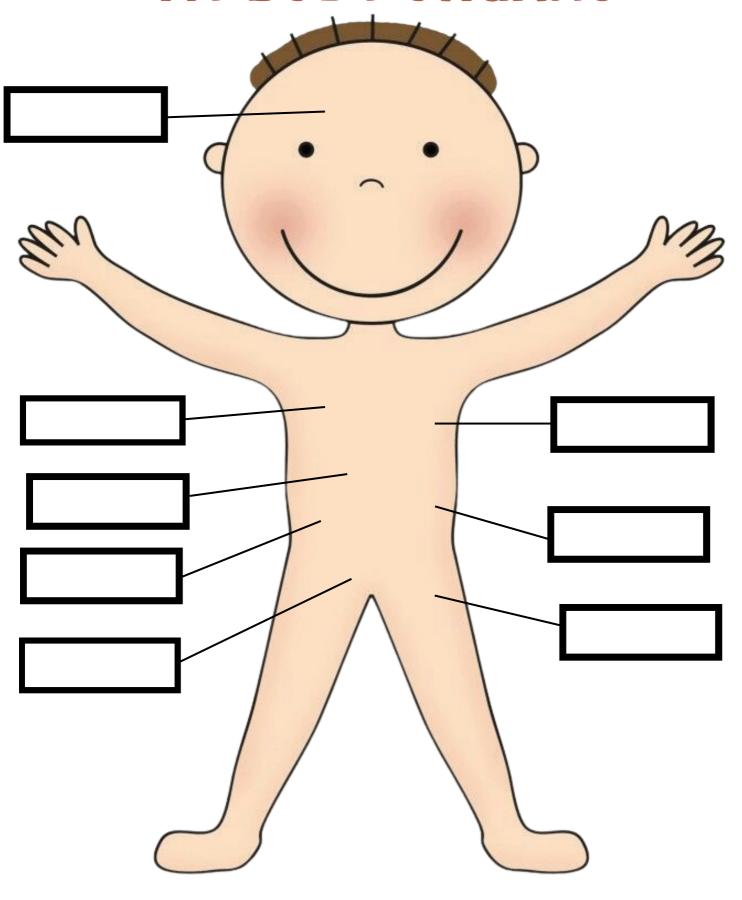




## MY BODY ORGANS



## MY BODY ORGANS



### MY BODY ORGANS

**LUNGS** 

**HEART** 

**BRAIN** 

STOMACH

**KIDNEYS** 

LARGE INTESTINE

LIVER

SMALL INTESTINE

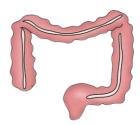
Cut out the organs and place them in the correct place on the body





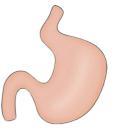


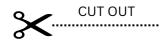


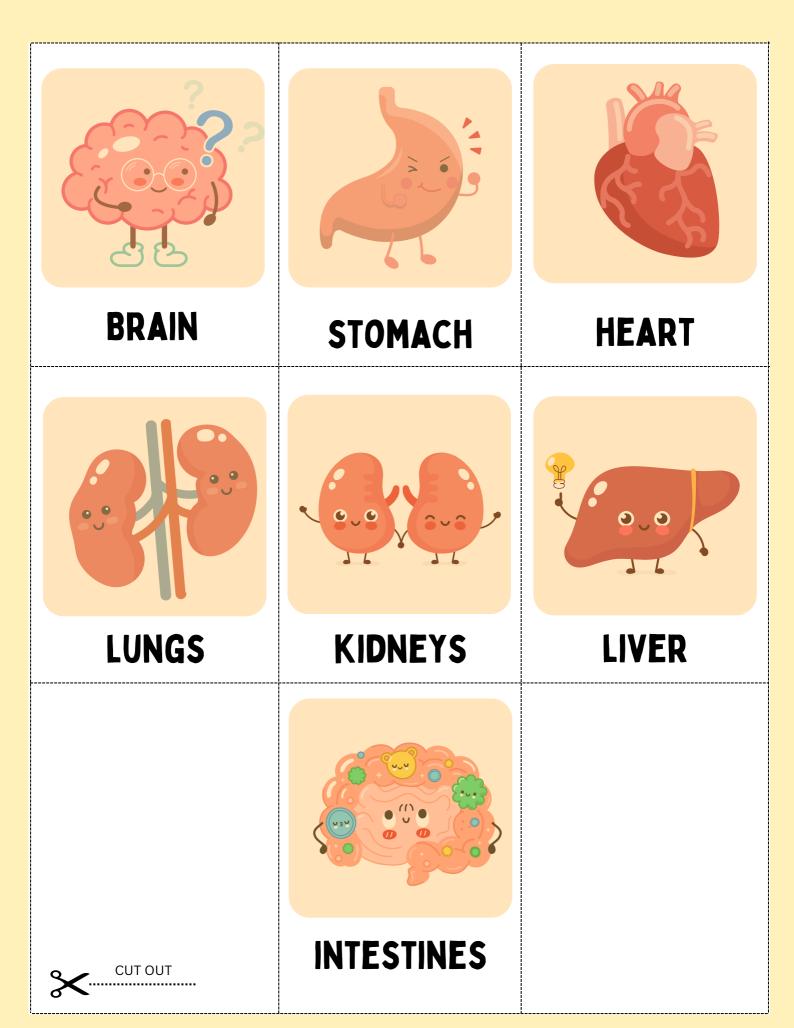


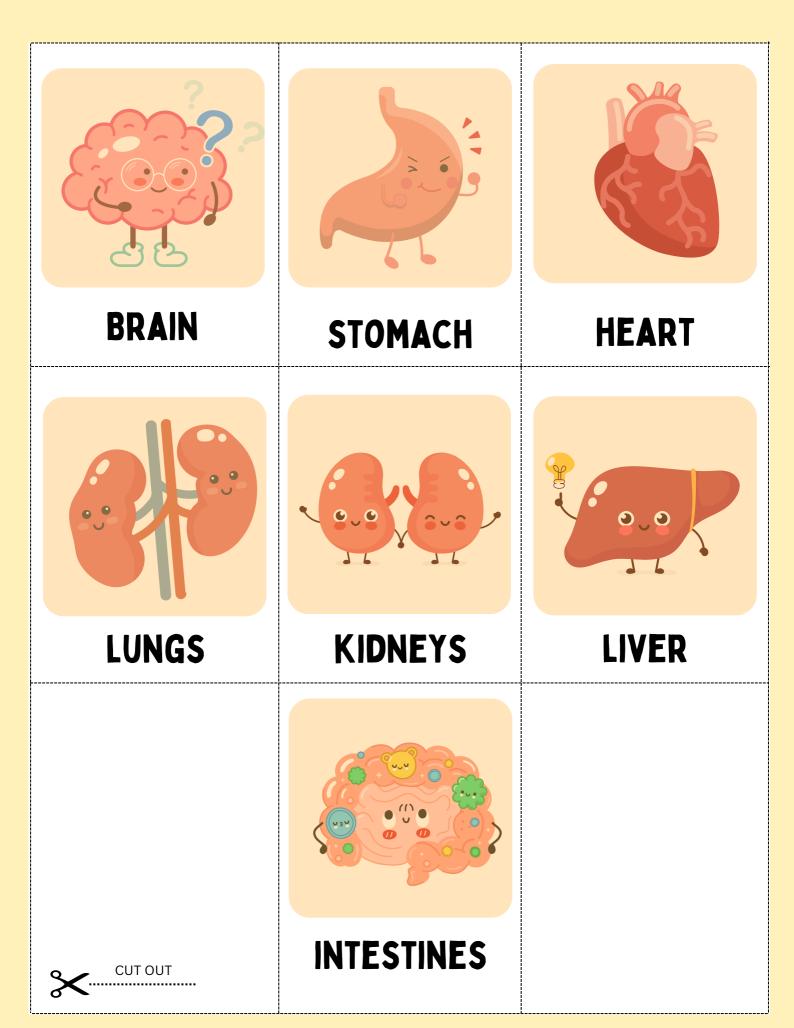












## **MY BODY FUN FACTS**

The heart consists of four chambers, four one-way valves, and a set of arteries and veins that regulate the normal flow of blood within the body. The smooth functioning of the circulatory system is maintained by a complex network of blood vessels that circulate blood throughout the .body and back to the heart



The liver is the largest solid organ in the body. It removes toxins from the body's blood supply, maintains healthy blood sugar levels, regulates blood clotting, and performs hundreds of other .vital functions. It is located beneath the rib cage in the right upper abdomen



The stomach is a J-shaped organ that digests food. It produces enzymes (substances that create chemical reactions) and acids (digestive juices). This mix of enzymes and digestive juices breaks down food so it can pass to your small intestine. Your stomach is part of the gastrointestinal (GI) tract.



Their main job is to cleanse the blood of toxins and transform the waste into urine. Each kidney weighs about 160 grams and gets rid of between one and one-and-a-half litres of urine per day. The two kidneys together filter 200 litres of fluid every 24 hours.



The lungs and respiratory system allow oxygen in the air to be taken into the body, while also letting the body get rid of carbon dioxide in the air breathed out. When you breathe in, the diaphragm moves downward toward the abdomen, and the rib muscles pull the ribs upward and outward.



- The brain stem is between the spinal cord and the rest of the brain. Basic functions like breathing and sleep are controlled here.
- The basal ganglia are a cluster of structures in the center of the brain. The basal ganglia coordinate messages between multiple other brain areas.



The intestine is a muscular tube which extends from the lower end of your stomach to .your anus, the lower opening of the digestive tract. It is also called the bowel or bowels



# BEST FOOD FOR HEALTHY BRAIN

